# PINEWOOD NEWS THE GOOD LIFE, COMMUNITY & MOUNTAIN LIVING SINCE '93

VOL. 31 NO. 9 JUNE 19, 2024



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# **PINEWOOD NEWS**

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# **COLDWELL BANKER** NORTHLAND



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1 BED on the main floor & 3 BED on the 2nd floor. 3 COVERED DECKS. A PAVED DRIVEWAY & 2-car GARAGE. \*\*\*SELLER OFFERING \$25,000 FLOORING CREDIT\*\*\*



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\$375,000 259 E FOXBORO ROAD, 7 Nestled in Coconino National Forest, this 2.24acre lot in Foxboro Ranch Estates offers luxury





\$1,249,000 1110 E LAKE MEADOW CIR Luxury cabin on a quarter-acre near Lake O'Dell,

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\$350,000 307 E Foxboro Road, 4 Experience luxury at Foxboro Ranch Estates! 1.99 acre lot in Northern AZ with access to catch-and-

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Remodeled, metal roof, paver driveway, and 2 sheds. Split floor plan: primary bedroom suite, new kitchen, family room, laundry, and 2 beds. New bathrooms, flooring, windows, & paint.



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\$349,900 18005 S DIXIE LANE, 48

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Nestled among ponderosa pines, this renovated home offers a fireplace, forest views, and access to Pinewood Country Club and O'Dell Lake. Ideal for outdoor enthusiasts.



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#### AA MEETINGS - FEEL BETTER!

Munds Park Community Church Every Monday, 6 pm 17670 S Munds Ranch Rd

#### MUNDS PARK COMMUNITY CHURCH SERVICES

Services Sunday, 9 am & 10:45 am 17670 S Munds Ranch Rd

#### PINEWOOD FIRE DEPARTMENT AUXILIARY MEETING

The Community is Welcome! Tuesday, July 2 6:30 pm • 475 E Pinewood Blvd

#### PINEWOOD FIRE DISTRICT BOARD MEETING

Public Welcome Tuesday, July 16 3 pm • 475 E Pinewood Blvd

#### PINEWOOD SANITARY DISTRICT BOARD MEETING

Public Welcome Thursday, July 11 3 pm • 18075 Fairway Dr

#### SPREAD THE BREAD

FREE bread from Wildflower. Get some for your neighbors too!

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#### MUNDS PARK TOWN HALL

All residents are encouraged to attend. Stay informed about what's happening in our community—your presence and participation are essential!

> Thursday, July 18, 6:30 pm 475 E Pinewood Blvd

#### THINGS TO DO!

For events in Munds Park and surrounding areas visit the Pinewood News 'Things to Do Page' at www.ThePinewoodNews.com LOCAL HIGHLIGHTS

#### UNEXPLAINED FIRES PROMPT VIGILANCE AND EARLY RESTRICTIONS IN FLAGSTAFF

Flagstaff is on high alert due to a recent string of small, unexplained fires, leading to increased scrutiny and preemptive fire restrictions. Over the last month, numerous small blazes, all contained under a few acres, have occurred predominantly around the Flagstaff Pulliam Airport and within areas recently thinned by forestry operations. Matt McGrath, the District Ranger, reports these incidents as "very suspicious," particularly because they occurred in the absence of dry lightning, suggesting they were human-caused.

The specifics of these fires, which were quickly suppressed by fire crews, include several instances where large slash piles were found burning without nearby campfires or obvious ignition sources. This has led to an ongoing investigation involving the U.S. Forest Service and local law enforcement. The abnormal number of fires relative to the area's usual visitor traffic further fuels the suspicion of deliberate activities.

In response, Stage 1 fire restrictions were implemented on June 6 across the Coconino National Forest, Coconino County, and the City of Flagstaff, prohibiting most fire activities. These restrictions aim to curb the risk of further incidents, especially given the limited firefighting resources relative to the potential threat to the community.

The situation remains tense as authorities work to determine the causes of these fires, with the hope that increased community awareness and the upcoming monsoon season will alleviate the current fire dangers. Meanwhile, local police have made arrests connected to other recent fires, highlighting the ongoing challenges in managing fire risks in the region.

Originally reported by Adrian Skabelund for the Arizona Daily Sun.

#### OUTBREAK OF ILLNESS STRIKES HIKERS AT HAVASUPAI WATERFALLS NEAR GRAND CANYON"

Dozens of visitors to the Havasupai waterfalls, located near the Grand Canyon, reported suffering from gastrointestinal illnesses following their trips. The incidents prompted an investigation by the Indian Health Service, which has dispatched environmental health officers to assess and manage the situation. The health complications arose despite hikers, including Madelyn Melchiors, a veterinarian, taking preventive measures such as using water filters and hand sanitizers. Melchiors, who experienced severe symptoms including vomiting and fever, managed to hike out with assistance. Local health officials are urging future visitors to be vigilant, especially regarding water purification and hygiene practices to prevent norovirus, which is known to spread quickly under such conditions. The area is a crucial tourism hub for the Havasupai Tribe, offering spectacular waterfall views but limited infrastructure, which challenges maintaining cleanliness and safety.

#### SPOTTING OTTERS ON THE VERDE RIVER

The Otter Spotter initiative, a joint project with The River Otter Ecology Project, is calling on community members to help track river otter populations along the Verde River and its tributaries. This initiative aims to gather data on river otters, which are a key indicator of environmental health,

signaling robust ecosystems with plentiful prey and vibrant vegetation. River otters, reintroduced in Arizona during the 1980s after local extinction, remain somewhat of a mystery concerning their current distribution and numbers. By achieving a target of 50 otter sightings by the upcoming State of the Verde Watershed Conference in September, participants will contribute valuable insights towards watershed conservation. Engaging in this project is straightforward: spot an otter, note the details, and submit the data, including any photos or videos, to the FieldScope project. Your participation is crucial and highly valued in supporting the thriving future of these playful water residents.

To participate, submit sightings here: https://arizonariverotter.fieldscope.org.

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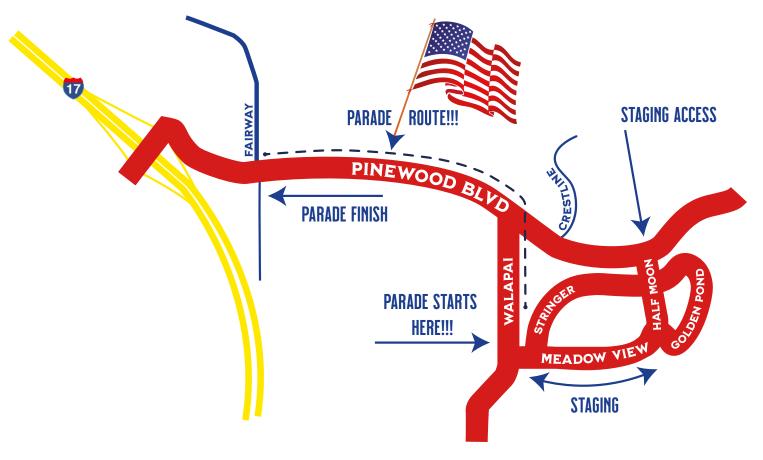
# MUNDS PARK 4<sup>TH</sup> OF JULY PARADE

## Sponsored by the Pinewood Property Owners Association

The parade kicks off at 10 AM, but roads close at 9:45 am. Arrive early to sidestep roadblocks and secure a prime spot to enjoy the festivities!

A detour is set from Pinewood Blvd at Fairway Dr, routing via Oak Dr and Crestline Rd, and looping back to Pinewood Blvd.

This year, Sara and Steve Bowyer take the honor as Grand Marshals. Expect a spectacular display from an Army Color Guard and a convoy of Army vehicles! The best viewing spot is on Walapai Rd, where parking is available in nearby residential areas.



#### PARTICIPANT INFORMATION

Participant staging starts on Meadow View Rd at Walapai Rd and lines up on Meadow View Rd, Blue Heron Pl, Golden Pond, and Stringer Rd beginning at 8 am. The staging area is accessed from Pinewood Blvd at Half Moon Rd, and participants should follow the directions from event staff who will be directing the vehicles to ensure driveways and streets are not blocked. Walkers and bicyclists will stage in the last condo driveway south on Walapai Rd. Pinewood Blvd and Walapai Rd will close to traffic at 9:45 am, and participants should be in the staging area and in line before 10 am.

#### Parade Rules:

- Observe the rules or be subject to suspension the following year.
- Any participation in the parade is strictly at your own risk.
- No alcohol.
- Vehicles must be in the staging area before 10:00 am.
- Licensed drivers only.
- Maintain a safe pace.
- Tossing candy or other items from vehicles is prohibited.
- Spraying water on parade spectators is prohibited.
- Vehicles must not stop on the parade route, or on Fairway to unload participants after the parade is over.
- Registration forms must be completed before the parade.
- License plates must be visible.
- We want everyone to have a great time. Political banners are discouraged, but not banned.

# PINE WOOD NEWS

#### THERE'S STILL TIME TO REGISTER!

Come and join us for the Munds Park 4<sup>th</sup> of July Parade! Sign up now and be a part of this special event!

There is a 150 vehicle limit, so please pre-register!

Name:

Vehicle License:\_

Munds Park Address:\_\_\_\_

Phone Number:

Type of Entry: (check one)

 $\Box$  ATV  $\Box$  Truck  $\Box$  Truck w/trailer  $\Box$  Other:\_

Approximate number of persons on vehicle/trailer:

**RETURN FORM** to Pinewood Fire Station at any time or Munds Park Post Office during open hours. You may also mail to Friedlund PO Box 17011 here in the park or use the electronic form on www.ThePinewoodNews.com under the 'Things To Do' tab.

For Information Call: Len Friedlund at (928) 600-3896

#### PINEWOOD NEWS 4<sup>TH</sup> OF JULY PARADE FLOAT CONTEST!

The winners of our 2<sup>nd</sup> Annual Pinewood News 4<sup>th</sup> of July Parade Float Contest will be showcased on the cover of Pinewood News and will enjoy a special feature story celebrating their creative masterpiece! Get ready to see your patriotic talent highlighted in our community's favorite publication!



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# FREE SPEECH TRIUMPHS OVER CANCEL CULTURE AT MUNDS PARK 4TH OF JULY PARADE

#### By Sandee Caviness

Let's pause for a moment and savor the irony. On the day we celebrate our independence, the birth of a nation forged in the fires of free expression, there are those among us who wish to silence others and restrict 4th of July float entries from waving banners supporting their political party. Because, heaven forbid, someone might be offended.

This isn't just a local spat; it's a microcosm of a troubling trend sweeping across America. The "cancel culture" crusade has become the new witch hunt, with free speech as the latest casualty. The land of the free and the home of the brave is becoming the land of the censored and the home of the easily offended.

But let's not lose our heads. Free speech isn't about protecting the comfortable and the agreeable. It's about safeguarding the provocative, the challenging, and yes, the uncomfortable. Our Founding Fathers didn't risk life and limb for a sanitized, controversy-free zone. They fought for a robust, messy democracy where all voices could be heard.

The 4th of July should be our rallying point, a time when we put aside our differences and come together as Americans. Those political signs in the parade? They're not the enemy. They're a testament to the freedoms we enjoy. Instead of seeing them as divisive, we should recognize them for what they are: a celebration of our right to express our views, no matter how divergent.



In Munds Park, we pride ourselves on embodying true American values. This means embracing free speech, even when it makes us squirm. If the sight of a political sign is too much to handle, perhaps the problem isn't with the sign, but with our own tolerance.

Suppressing free speech at our parade, as some suggest, is a dangerous precedent. Today it's political banners; tomorrow it could be any form of expression that irks the vocal few. We must remember that our strength lies in our ability to tolerate, and even celebrate, differences of opinion.

As this 4th of July approaches, let's take a moment to reflect on the true meaning of Independence Day. Let's honor the sacrifices made by those who fought for our freedoms by upholding the right to free speech. Instead of silencing others, let's engage in dialogue, demonstrate respect, and showcase the resilience of our democratic values.

Munds Park will show the rest of the country that true freedom includes the freedom to express diverse viewpoints, and the parade organizers will not censor parade float entries. So, to all our fellow citizens of Munds Park, as you prepare to celebrate this 4th of July, remember what we're really celebrating. If the sight of political signs challenges your comfort, we encourage you to embrace the spirit of free expression and join in. Because here, in Munds Park, we still believe in the true spirit of Independence Day.



Nancy Shelton Associate Broker

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## 1320 E. Quail Drive \$545,000

It's not often that you find a THREE bedroom single-level cabin on ANIMAL HILL at this price. Open floor-plan, recently remodeled kitchen, new flooring, bathroom upgrades, two large decks and as a plus, it comes fully furnished and move-in ready!







Scan to see property details and photos.







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#### 1255 E. BIG BEAR

Welcome to Chalet Garsol, featuring 3 large bedrooms, a primary suite on the main level with en suite, and a loft that doubles as an office or sleeping area. This chalet includes expansive decks, an Isokern fireplace with a French antique mantel, engineered wood flooring, and a gourmet kitchen equipped with Quartz countertops, a GE Cafe range, and a built-in beverage refrigerator. Additional amenities include a dog run, central A/C and heat, and a large backyard shed.

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#### **17955 GOLDEN LAKE TRAIL**

Charming log-sided cabin near National Forest features an open floor plan, 5 bedrooms, 4 baths, and proximity to Lake O'dell. Highlights include two large decks, central propane heat, two fireplaces (woodburning and propane), distressed wood flooring, and a fenced backyard. The primary suite on the main level boasts a fireplace, access to the covered deck, double sinks, and a walk-in closet. Includes a spacious loft, furnished interiors, and is ready for viewing.

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#### 17810 S WALAPAI ROAD, 62

Explore this updated townhome with easy paved access, ideally located near the Country Club, park, and tennis courts. Enjoy a south-facing covered deck with views of the golf course and stunning sunsets. Features include a primary suite on the main level, updated kitchen and baths, newer carpet, and convenient main level washer and dryer. Upstairs, find another large bedroom and an extralarge loft with a skylight and walk-in closet. Sold mostly furnished; see exclusions list.

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#### access to outdoor activities. A perfect turnkey paradise! CALL ELIZABETH HAUSMAN



#### \$259,500

#### 405 E OAK DRIVE

This is a two bedroom, 1.5 bath with brand new carpet, newer dishwasher and garbage disposal. Also a newer roof. All electric split floor plan, open kitchen. Property is ready for your occupancy. Covered and exposed front deck for those cool summer days. Carport with an entrance right into the utility room. A couple of sheds off the backside.

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# RAISE YOUR VOICE SAY NO TO COCONINO COUNTY'S PROPOSED HIKES!

#### By Sandee Caviness

It's been a minute since a handful of radical patriots in Boston, incensed over a modest levy on tea, transformed the harbor into a giant teapot. Tragically, today, the once fiery American spirit that fiercely protected their hard-earned cash has simmered down to a tepid acceptance of taxes upon taxes.

How did we go from dumping tea to drowning in taxation? From that iconic act of defiance over a mere 2% tax, we've evolved—or regressed—to a society where the government dips its fingers into our wallets at every conceivable opportunity.

Today's American is taxed from cradle to grave: When we earn it, spend it, save it, invest it, and even when we bequeath it. Consider your daily grind: You wake up in a home taxed annually, drive a taxed car on taxed fuel, over roads or bridges supposedly maintained by already allocated taxpayer dollars—yet, ironically, many are in disrepair.

Arriving at work, your place of business is taxed for the privilege of existing, the corporation pays taxes to operate, and on top of your salary, your employer matches payroll taxes—a double hit on the same dollar. This cycle spins relentlessly, a carousel of taxation, spinning faster than your earnings increase.

And yet, the American reaction has been uncharacteristically subdued. No tea parties, no protests, and astonishingly, voters keep saying yes to more taxes — just a collective shrug as we nod along like bobbleheads to whatever's put in front of us.

But what if, just for a moment, we turned off the TVs, silenced the phones, and faced the staggering weight of our tax burden? Would it ignite a modern-day revolt, compelling citizens to demand transparency, pressure the government to halt new taxation, and insist they finally live within their means?

It's time for Americans to reconnect with their revolutionary roots and question, challenge, and demand a system where tax dollars are used

judiciously and visibly benefiting the community. After all, when the very roads we fund are crumbling beneath us, shouldn't we question where all that money is going? We owe it to the spirited rebels of 1773 to not just accept but actively engage with the legacy they left us.

So, as you sip your morning coffee—also taxed, by the way consider what actions you can take. Perhaps it's time to set down the cup and pick up the cause.

#### NOW IS THE TIME TO SHOW OFF YOUR REVOLUTIONARY ROOTS - COCONINO COUNTY IS PROPOSING HIGHER PROPERTY TAXES

Coconino County's insatiable appetite for tax dollars wants to reach further into the pockets of residents with a series of proposed tax hikes. The County is eyeing an increase in primary property taxes by \$217,699, or 2.0%, from the previous year. This would adjust the tax on a \$100,000 home to \$49.44, up slightly from \$48.47. Meanwhile, the Flood Control District isn't far behind, proposing a \$418,985, or 4.25% hike, which would raise its levy to \$50.00 from \$47.96 on the same value home.

The increases don't stop there. The Library District, with perhaps the most ambitious leap, is set to enhance its take by \$648,609, or 10.84%, bringing the tax on a \$100,000 property to \$29.56 from \$26.67. Even the Public Health Services District is joining in, with a proposed increase of 181,790, or 3.35%, pushing their tax to \$25.00 from \$24.19.

These incremental climbs might seem trivial, but they become an overwhelming burden over time. They're emblematic of a broader, more troubling trend—a government steadily expanding its fiscal footprint on our daily lives, indifferent to how hard we toil to earn a dollar.

Continued on page 24





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# SHAKEN & STIRRED IN PINEWOOD THE COCKTAIL CONNOISSEUR'S CORNER

## JEROME'S LEAP FROM GHOSTS TO GRAPES

#### By Dick Trudeau

In the high, wild terrains of Arizona, a land better known for its rugged deserts and cactus-studded horizons, there lies an unexpected chapter in the story of American wine. In the historically raucous town of Jerome—once a copper-rich boomtown known as the "Wickedest Town in the West"—you'll find the Original Jerome Winery. It's not just a winery; it's a testament to the courage of one man's dream and Arizona's under-the-radar potential as a wine-producing powerhouse.

John McLoughlin, a native son of Arizona, ditched a promising career in insurance and event management to chase a dream that took root during his earlier stints as an apprentice winemaker in Europe and California. These formative years were not about earning big but learning everything; he worked for knowledge, not cash, absorbing the vine-to-wine process. The seeds for his winemaking future were sown, rooted in the belief that Arizona's soil and climate held secrets ripe for vinicultural success.

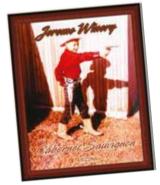
Fast forward to 2001, and McLoughlin is planting the first vines at Dragoon Mountain Vineyard, meticulously placing each vine into the Arizona earth himself. His approach to winemaking is hands-on, to say the least. This guy walks his vineyard like a general tours the battlefield, inspecting, planning, and waiting for the exact moment when the grapes sing the right tune for harvest.

Back in Jerome, the winery itself is steeped in local lore. Occupying what was once the town's telegraph office, its stone walls and hardwood floors now echo with the clink of wine glasses rather than Morse code. The tasting room—a cozy setup with a long wooden bar and high-top tables—invites visitors to linger over flights of John's creations.

And oh, the wines! From dry, sophisticated reds that speak with accents of the surrounding terrain to sweet, fruit-

WELLNESS CENTER







Wine labels designed with family photos celebrate the tradition of a family-owned venture, honoring their collective labor and love

forward numbers that could woo the staunchest dry-wine devotee, these bottles encapsulate the essence of Arizona's distinct character. It's here, on this unlikely wine frontier, that McLoughlin's wines challenge the palates and preconceptions of connoisseurs and casual drinkers alike.

Jerome itself, perched precariously on Cleopatra Hill at 5,200 feet, offers more than just great wine. This town, once nearly a ghost town after the mining bust, has been reborn as an artistic enclave. Wander through its steep, winding streets, and you'll encounter vibrant galleries, studios, and remnants of its wild past. It's a place where history and creativity intersect, offering a stark contrast to the curated experiences of more polished tourist destinations.

John McLoughlin's journey from busboy to winery founder might sound like a radical career shift, but it's more a return to roots. His family helped plant those initial vines, embodying the spirit of the independent, family-owned venture. This tradition is visible even on the wine labels, which are adorned with family photos, honoring their collective labor and love.

In Jerome, at the Original Jerome Winery, every sip tells a story of rebirth, resilience, and the rewarding challenge of turning the unlikely into the unforgettable. Whether you're a wine novice or a seasoned sipper, a visit here offers not just a glass of wine, but a taste of Arizona's pioneering spirit. And under McLoughlin's watchful eye, each bottle is a celebration of where the past meets the present, transforming rugged potential into refined reality.

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# LESSONS FROM FATHERHOOD EMBRACING LIFE'S JOYS AND CHALLENGES

FEATURED PROPERTIES

I often reflect on the lessons my father taught me about hard work and seizing opportunities. These lessons have profoundly shaped my approach to business and mentoring in real estate. It has impacted the approach I had to fatherhood. Which is much harder than it seems! As many of you know, I have boys. Two completely different yet completely compatible sons to challenge my school of thought, my ideology, my patience, and most importantly, what I always thought a rewarding life would be. It just does not get any better than laughter, hugs, and "hi Dad."

Wende and I decided to make the most of their childhood and make as many fun memories as we could with the boys. Food fights, water wars (sometimes inside the house!), trips, fireside chats, family bike rides, and catching every Fast & Furious movie the night it was released. Most recently, we have been enjoying drift car racing. Isn't it funny the difference a track vs a parking lot makes?.. legally. Ha!

Munds has been a memory destination for us for many years. We bring the boys and as many of their friends as we can fit in the bunk room for some fresh air, bonding, and long talks on the deck. My favorite memories are teaching them how to drive on the dirt trails and watching their confidences grow behind the wheel and listening to them share and laugh on the golf course.

I asked the boys about their best Munds moments. Aside from 4th of July water blasters and learning how to drive on the back roads up here, laughing and chatting about everything and nothing on the golf course has been what they hold dear.

"Golfing in the rain and water wars... if you're not soaked through and sopping wet... did you even hang out with Steve Valentine?"

To those of us who have lost our fathers, those of us who are fathers, and those of us who have someone who has taken up the reins of fatherhood on behalf of or in lieu of the fathers who are not available, Happy Father's Day to all.



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# TRAVEL

# BE DOWN FOR NEW TRAVEL REQUIREMENTS FOR EUROPE IN MID-2025

EES

#### By "Unstoppable Stacey" Wittig

"This is the last moment to enrich your passport stamp collections," announced Maciej Zglinicki, EU border expert, at the TBEX conference held in San Sebastian, Spain, last month. "The new EES entry/exit system will replace the old way of stamping passports," he explained about the new travel requirements for Europe.

"Yikes!" I thought during the travel blogger's convention. "I love getting new stamps in my US passport." But this is why I attend these writers' conferences—so I can meet the experts, learn what's new and pass it on to you, dear reader!

#### That new-fangled EES—or Entry/Exit

System—is one of two new travel requirements for Europe. We'll discuss the second of the new European travel requirements a bit later. But first, let's concentrate on the EES.

#### WHICH COUNTRIES WILL REQUIRE EES?

29 European countries will register all non-EU travelers—including US passport holders—with the EES system and will no longer stamp your passport.

The system is set to start in the fall of 2024, so passport stamp collectors like me have the summer to gather some last-minute stamps.

"This is the last moment to enrich your collection," smiled Maciej Zglinicki of Frontex, the Europe Border and Coast Guard Agency.

The 29 countries that will use EES are: Austria, Belgium, Bulgaria, Croatia, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, Switzerland



Maciej Zglinicki of Frontex, the Europe Border and Coast Guard Agency, presents at TBEX UNSTOPPABLE Stacey photo

In Cyprus and Ireland, despite being countries of the European Union, passports will still be stamped manually.

I used checkboxes as bullet points so you could save this page to mark the countries where you already have passport stamps. Then you'll be better prepared to plan your trips to the countries you haven't visited yet.

#### What data will the EES collect?

Starting in autumn 2024, your biometrics will be collected, registered and verified each time you cross the external borders of European countries using the EES system.

These new European travel requirements

speed up border checks and make it easier to identify travelers who have no right to enter, have overstayed in European countries using the EES, or are using fake identities or passports. The EES also collects and stores personal data to aid in the prevention, detection and investigation of terrorist offenses and other serious crimes.

#### The EES collects and records:

- Data listed in your travel document (e.g., full name, date of birth, etc.)
- Date and place of entry into and exit from a European country using the EES
- Facial image and fingerprints (called 'biometric data')
- Refusal of entry, where relevant

I'm letting you know about this now because the EU website tells me that if you refuse to have your fingerprints scanned or a photo of your face taken, you will be denied entry into European countries using EES.

#### Continued on page 20



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# SUDOKU

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**f O** 

Sudoku, though popular in Japan, was actually invented in the United States in 1979 by an architect named Howard Garns. It was originally called "Number Place" before gaining fame in Japan, where it got its current name, meaning "single number."

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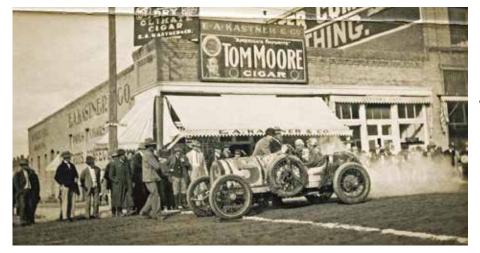


# LOCAL LORE

# THUNDER IN THE DESERT

#### By Teddy Johnson

Strap in for a ride back to the early 20th century when men were as tough as the steel-framed beasts they drove. The Cactus Derby, a grueling 517-mile gauntlet from Los Angeles to Phoenix, was not just a race; it was an epic saga of man versus the Wild West of American terrain. This legendary event carved its place in history, transforming the growing curiosity of automobiles into an enduring testament to endurance and adventure. Today, the primal thrill of mastering rugged terrains continues to grip enthusiasts, a direct lineage from the dusty, relentless challenges of those early road warriors.



A competitor races through Prescott during a running of the Cactus Derby. Photo courtesy of Nancy Burgess

his racing career. They couldn't have been more wrong. Barney wasn't just racing for the \$2,500 prize; he was there to shut down the doubters with the roar of his engine.

The lineup was formidable: twenty racers, thundering engines at the ready, from the revolutionary Chevrolets to the robust Fords, each tweaked for battle against the merciless desert. The route was a monster—mountains, deserts, rivers nature's own obstacle course set against man's mechanical ingenuity.

The 1914 derby was less a race and more a battle against the elements. Starting from Los Angeles, they

#### THE 1908 CACTUS DERBY

In 1908, it must have been exciting to witness the handful of automobiles at the starting line, their engines a loud mix of hisses and roars under the expansive California sky. These were not just vehicles but mechanized pioneers on a frontier yet unconquered by man. Colonel FC Fehner and his steamer charged through the desert, chugging along at a hair-raising 17.6 miles per hour to win the first-ever Cactus Derby. It was a spectacle of smoke and steam, a testament to human daring and engineering marvel. Meanwhile, not all tales ended at the finish line; two competitors missed a crucial turn and, incredibly, found themselves mistakenly en route to Colorado—an early lesson in the importance of navigation over raw speed.

#### BARNEY OLDFIELD'S 1914 CROWNING GLORY

On November 10, 1914, the stage was set again, but this time the cast included the grand master of guts and gears, Barney Oldfield. At 36, critics were betting against him, whispering he was old and on the downslope of surged over the El Cajon Pass, where early morning frost dared to slow their pace. As they hit Victorville, they were met with a wall of dust so thick it could sand paint off a bumper. Barney's Stutz, a beast with wire wheels, battled through these conditions at speeds pushing up to 29 miles per hour—a blistering pace given the rocky, unpaved paths they traveled.

Oldfield's strategy was a cocktail of caution and cannonballs. He drove with a calculated fury, each mile a mix of precision and peril. The desert tested them with its arsenal—snaking turns, sand traps, and sudden storms. Barney faced these head-on, his eyes on the muddy, makeshift finish line in Phoenix.

When Barney Oldfield crossed the finish line, mud-splattered and triumphant, he didn't just win a race—he became a legend. With the fastest time of all, he proved to be not only the first to finish but also the most dominant. His victory earned him the title "Master Driver of the World," a true testament to his skill, affirmed by every challenging mile of desert he had mastered.

Continued on page 22





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# **CROSSWORD PUZZLE**

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67. Pressure meas. 69. Order's partner 72. "Yes, \_\_\_!" 73. Italian political philosopher, author of "The Prince" 76. Flip over 79. As compensation 80. Words to an old chap 82. Intact 83. Fountain order 84. "\_\_\_\_ Got a Secret" 85. Navigator's need 86. Back talk 87. Couples 88. "Waking \_\_\_\_ Devine" (1998 film) DOWN 1. Shipping hazard 2. Double-curved molding 3. Reviewing 4. Most sugary 5. "We've been 6. Grape seeds 7. Pay tribute to 8. Impoverished 9. "Murder on the \_\_\_ Express" 10. Chip dip 11. Create a cryptogram 13. Writer of sardonic humor 14. Fragrant shrubs (Pink) 18. Word on all U.S. coins 20. Weeper of mythology 24. Sherpa's home 29. Guinness and others 30. Water barrier 31. Weasels' cousins

37. "Get outta here!" 38. Slip away 39. Hot dog topping 44. Clearasil target 47. Dash lengths 49. Pine extract 50. Chianti, e.g. 51. Adjusts, as a clock 53. Breaks 55. Barbecue need 56. Musical pauses 58. Insurance payment 59. "Jesus Christ Superstar" song 60. Rocks projecting from ground 62. Bellyache 64. Things in a French library 68. Spa feature 70. Crème de la crème 71. Bereaved wife 74. With it, once 75. Brings to a close 77. Church section 78. Like Easter eggs 81. "Much \_\_\_\_ About Nothing"

# **GARDENING IN THE PARK**

# CONTAINER GARDENING – BIG REWARDS IN SMALL SPACES

#### By Misti Warner-Andersen

Container gardening opens up a world of possibilities for people who dream of beautiful blooms or delicious vegetables but don't have space, terrain, or soil that's conducive to a traditional garden.

In addition to providing people with limited space with the joys of gardening, planting in containers is highly portable, so you can move your garden to sunnier areas to help it thrive, or bring it inside when hail storms threaten during monsoon season.

Plus, container gardening gives you one more aesthetic tool when creating your garden – the container itself. Warner's Nursery has a diverse collection of beautiful pots, hanging planters, and windowsill brackets to suit your personal taste and your plants' needs.

Here are some tips for those of you starting a new container garden:

Good Drainage - Make sure the container you choose has a hole or holes big enough for excess water to escape. And if it is a pot that you plan on placing on a flat surface, you might want to elevate it so the water isn't blocked.

Good soil – You will be creating your plants' environment and key to that is good, healthy soil and a slow-release fertilizer so your plants don't starve. We have an excellent array of soil and fertilizers at Warner's and we'll be happy to discuss what will work best for your container garden.

Careful transplanting nursery container, packs, you can When you are removing your plant from the please be gentle. If it's in one of our multisqueeze the flexible plastic to ease the



plant out. If in a nursery pot, try pushing it out from the bottom. Try to avoid pulling the plant out. Also, if the plant is root bound, you might need to remove the excess root coming out of the bottom holes – and remember to gently spread out the roots before placing the plant in its new container home.

Air Pocket Perils – Beware of air pockets. If you have several plants in one container, make sure there's enough soil between the plants to avoid air pockets. They are killers, causing the plant roots to dry out.

Maintenance and watering – As we all know, gardening is almost as much art as it is science. Make sure you know the conditions your flowers, herbs, and vegetables prefer and water accordingly. Typically "moist, not wet" is a good rule of thumb. Be particularly careful with your hanging plants.

Speaking of hanging plants - Because they are suspended in the air, hanging plants are more susceptible to drying out, so you really want to make sure to replenish the moisture as soon as they get dry. Place your fingertips about an inch below the surface. If the soil feels dry, you need to water. And because you'll be watering them more frequently, you'll need to replenish your hanging plants nutrients with fertilizer more often.

Following these steps, you should be able to enjoy lovely blooms and fabulous veggies in your stylish and convenient containers all

season long! Remember, you can always ask our experts at Warner's for tips and hints on container gardening or any of your gardening needs. We'd love to see you.

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Beautiful new landscape

## TRAVEL

Continued from page 15

#### THE SECOND OF THE NEW EUROPE TRAVEL REQUIREMENTS

ETIAS—or European Travel Information and Authorization System—is slated for mid-2025. You'll have to apply for this travel authorization before you leave the US.

The good news is that the application for the new ETIAS will be done online once the system is rolled out. (The ETIAS is currently not in operation.) All you will need to apply are:

- A passport valid for more than three months
- An email address
- To fill out an online form, and
- A bank card to pay a 7€ fee.

The ETIAS is not a visa, so it is not part of the Europe visa requirements. (US and Canadian passport holders are visa-free for short-term travel to Europe.) However, as of mid-2025, we will have to apply for an ETIAS travel authorization to travel to 30 European countries.

#### Which countries will require ETIAS?

The following 30 countries will require ETIAS in mid-2025: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, Switzerland.

The other thing I was happy to learn at the conference was that the ETIAS travel authorization is valid for three years or until the passport you use in the application expires.

#### OBTAIN THE ETIAS BEFORE STARTING YOUR TRIP

We must obtain the ETIAS before starting our European trips. At the TBEX conference, it sounded as if you might need it to book a flight. I was told that the system will automatically check the length of your stay, which is already limited to 90 days within any 180-day period for those without extended-stay visas.

These changes will affect over 1.4 billion people, so please help me get the word out by sharing this story with the blue and red share buttons below.

The European Union also warns against scammers. There is only one official ETIAS website: https://travel-europe.europa.eu/etias\_en.

Finally, remember ETIAS is currently not in operation, and no applications are collected at this point.

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# WILD WONDERS

# THE TINY ARCHITECTS OF FOREST CHANGE UNDERSTANDING BARK BEETLES & WHEN TO MAKE THEM GO!

#### By Kennith Paul

In the vast network of the forest, tiny creatures orchestrate significant changes. Bark beetles, small insects from the Scolytidae family, play a critical role in forest ecosystems, acting as both destructors and catalysts for regeneration.



Despite their minute size—ranging from 1 to 8 millimeters—bark beetles have a profound impact. They burrow into the phloem layer, the nutrient-rich

Western cedar bark beetle (Phloeosinus punctatus)

area between a tree's bark and wood. This activity can be deadly to trees, especially during large-scale infestations.

The life cycle of bark beetles begins when a female selects a host tree to lay her eggs. She releases pheromones to attract male beetles, leading to a mass invasion that overpowers the tree's natural defenses. The hatching larvae then feed on the inner bark, creating complex tunnel systems that disrupt the tree's ability to transport nutrients and water, ultimately causing its death.

The mountain pine beetle is notably destructive, having devastated vast areas of North American forests. Climate change exacerbates these outbreaks by enabling beetles to complete their life cycles more quickly and survive through winter.

While often viewed negatively, bark beetles are essential ecological players. By breaking down dying trees, they help recycle nutrients back into the soil and clear space for new growth, which can increase forest biodiversity.



#### BARK BEETLE MITIGATION COST SHARE PROGRAM

Effective management of bark beetle populations is crucial for maintaining healthy forests and minimizing their economic and ecological impacts. Strategies include:

- Monitoring beetle populations.
- Removing infested trees to prevent spread.
- Using pheromones to disrupt mating behaviors.

When beetle populations reach critical levels, they can attack even healthy trees. Recognizing this threat, the Bark Beetle Reduction Cost Share Program provides financial assistance to landowners for the removal of infested trees, aiming to protect forests and reduce the spread of beetles. This program is part of broader efforts to support community resilience, reduce wildfire risk, and mitigate the impacts of prolonged drought.

Engaging with this program is straightforward:

- Contact the forestry department if you suspect an infestation; call or email to let us know you're interested in the Cost Share Program. (602) 771-1400 or foresthealth@dffm.az.gov
- 2. A professional will assess your property and mark infested trees.
- 3. Obtain and submit quotes for tree removal.
- 4. Once removal is complete, the department covers half the cost.

Funding for the Bark Beetle Reduction Cost Share Program is provided by the AZ Dept. of Forestry and Fire Management and USDA Forest Service.

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#### LOCAL LORE

Continued from page 17



A young Oldfield on the skeletal Peerless Green Dragon from 1905. Legend says his trademark cigar was used as a cushion to protect his teeth in the event of an accident. *Getty Images* 

Though the sounds of the Cactus Derby have long faded, the spirit of that wild race endures. Every modern off-roader who challenges the unforgiving terrains of today's deserts is walking—driving, rather—in the tire tracks of giants like Oldfield. The technology has evolved, but the heart of the race—the raw, exhilarating pulse of off-road adventure—beats just as fiercely as it did over a century ago.

Barney Oldfield's legacy is not just in the races he won but in the indomitable spirit he embodied; a spirit that whispers through every rev of an engine along the backroads and byways of the wild, wild wilderness.

Today, the echo of Oldfield's engine is a call to all who thrill at the challenge: the desert awaits, the dust beckons, the adventure continues. And just like in 1914, it's not just about the speed—it's about the spirit of conquest and the joy of pushing the limits. Barney Oldfield's driving was more than just a race; it was a display of courage, innovation, and relentless pursuit of victory against daunting odds. This spirit inspires every generation that takes to the desert trails, where the challenge of the terrain and the roar of the engines create a symphony of adventure and history. Each turn in the dirt, every burst of speed over the sands, continues the legacy of the Cactus Derby, proving that the passion for off-road racing is timeless.



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- 50' utility room
- Tape and textured walls T/O
- Drywall close off
- 8" tall flat ceilings

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Get Fresh Produce! Saturday, May 18, and will be held every Saturday through October!



#### EVERY MONDAY, 6PM PPOA BINGO!

BINGO is held every Monday through June at the Pinewood Country Club! No need to be a

Country Club member to play, but you do have to be 18 years of age!

Join your friends here: 395 E Pinewood Blvd, Munds Park

#### Do you have an event you would like to advertise?

Contact the Pinewood News at Hello@ThePinewoodNews.com

## MUNDS PARK JULY 4TH ELECTRIC LIGHT PARADE!

Please join us for the 4th annual Electric Light Parade, July 3, 2024. Group assembles at 7 pm in the parking lot next to the Chevron and the parade begins at 8:pm.

All lighted motor vehicles are invited to attend. All vehicles must be street legal with licensed drivers. Parade route will be printed in the Pinewood News June 21 & July 3rd issue. Be sure and check the Munds Park Facebook groups and the Pinewood News for any late breaking updates



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## **RAISE YOUR VOICE**

Continued from page 11

The crucial dialogue on these tax hikes will play out in a series of virtual public hearings. You don't have to sit on the sidelines; you can actively participate and help stop overtaxation.

Ask yourself, why does the County need more money anyway? Our property values are remarkably high in Northern Arizona; they're already raking in extra cash. So, what's the deal?

Whether by Zoom call or toll-free numbers, the invitation is clear. Participate, question, and perhaps most critically—demand no more taxation. In the digital age, engagement from the comfort of one's home is easier than ever. It's time to use these tools not just for passive consumption but for active governance. After all, if not us, then who? If not now, then when?

You don't have to be a registered voter to join the meetings. You only need to be a property owner. I'll be online with you!

#### SPEAK UP AT COCONINO COUNTY'S VIRTUAL TAX HIKE HEARINGS

#### 1st Proposed Propery Tax Hike

Coconino County plans to raise its primary property taxes by \$217,699 or 2.0% over last year's level.

Public Hearing Date: Tuesday, June 25, 2024 Time: 6 pm Location: Online via Zoom Join Zoom: https://uso6web.zoom.us/j/83080988145 or call 877-853-5247 (Toll-Free) Webinar ID: 830 8098 8145

#### 2nd Proposed Propery Tax Hike

The Flood Control District plans to raise its secondary property taxes by \$418,985 or 4.25% over last year's level.

Public Hearing

Date: Tuesday, June 25, 2024 Time: 6 pm Location: Online via Zoom Join Zoom: https://uso6web.zoom.us/j/83080988145 or call 877 853 5247 (Toll Free), Webinar ID: 830 8098 8145

#### 3rd Proposed Propery Tax Hike

The Library District plans to raise its secondary property taxes by \$648,609 or 10.84% over last year's level.

Public Hearing Date: Tuesday, June 25, 2024 Time: 6 pm Location: Online via Zoom Join Zoom: https://uso6web.zoom.us/j/83080988145 or call 877 853 5247 (Toll Free) Webinar ID: 830 8098 8145

#### 4th Proposed Propery Tax Hike

The Public Health Services District plans to raise its secondary property taxes by \$181,790 or 3.35% over last year's level.

Public Hearing Date: Tuesday, June 25, 2024 Time: 6 pm Location: Online via Zoom Join Zoom: https://uso6web.zoom.us/j/83080988145 or call 877 853 5247 (Toll Free) Webinar ID: 830 8098 8145

# **RETRO READ** JOURNEY BACK TO WHERE OUR STORY BEGAN

# THE QUICK COOK USES WHAT'S THERE - ONCE IT'S FOUND

This article was originally published in the Pinewood News on June 23, 2015.



#### By Sharon Arthur Moore

I was helping my mother organize her food pantry and food storage areas. Ay yi yi yi yi! She had five boxes of cocoa and that was just the beginning. I asked her why she had so many of so many different products. And you know the answer. She couldn't find cocoa powder so she bought more. There was fish in the freezer that was more than five years old. And so out it went.

I took everything out of her cupboards, refrigerators, and freezers and tossed old or duplicate products. Then I arranged foods in categories. She had a hard time with "like goes with like". But it makes such sense to me to put spices only with spices and ingredients you use for baking together. Soups should all be together. Beans and other veggies together. Fruits together.

I do not think I am anal retentive but for The Quick Cook to put a meal on the table fast, it means I cannot spend time hunting for foods. Grab and Go! Pick and Pour! Match and Mix!

Your Quick Cook Tip #7 is:

#### Organize your pantry

The pantry principle also applies to your closet. Who hasn't taken out everything and laid it around the room discarding or repairing the torn, giving away the unworn, and keeping the clothes you know you wear. They say (Have you ever wondered who "they" are?) that we wear 10% of our clothes 90% of the time. That is probably true, as I look at my daily clothes choices. I'll bet the same is true, or close to it, for our foods. There's that lovely pumpkin pie spice sitting there (that I have other uses for earlier this year) and used rarely. It sits next to pepper—used daily.

Like your clothes reorganization—you discover the shirt you ALWAYS wore with one pair of pants can be used with that skirt or those shorts—it is productive to see where else you can use some of those food products.

Now that you've got your kitchen all organized, let's try mixing it up a little. Perhaps you are nervous about putting ingredients together that you never tried before. That's natural. No one wants to waste food. So, an easy place to try your experimentation is with appetizers.

Generally we make smaller portions of a few dishes to serve as appetizers. If you don't like something, just don't make it again. But remember, someone else tasting your creation may think it is spectacular.

Here are six suggestions to start:

Pop a batch of microwave popcorn and toss the hot popcorn with chocolate chips and that package of leftover nuts. Or melt the chocolate chips and drizzle over the popcorn and nuts.

Soften cream cheese and mix with that half-jar of leftover pepper jelly and use as a spread for crackers. Or spread the mixture on a flour tortilla and layer on cheese slices and baby spinach leaves. Roll up tightly and slice into 6 pinwheels.

Mash up the leftover black beans and add in the dab of corn you have left. Blend in salsa and fill tortilla chip cups with the blend for bite-size appetizers. Or crumble corn chips and put in bottom of shot glasses. Layer black beans, corn, diced tomato, and diced green onion topped with more crumbled corn chips. Serve these salsa shots with a tiny spoon to eat.

Your turn. What's in your refrigerator and pantry? Be adventuresome!

Sharon Arther Moore, a former food writer for Pinewood News, has authored many books. Visit her website to explore more of her work. www.sharonarthurmoore.com



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# **BIRDS OF MUNDS PARK**





**Red Crossbill Male** Photo by Margaret Dyekman

Lesser Goldfinch Photo by Vijayalakshmi

# THREE FINCH SPECIES

#### By Margaret Dyekman

People have been asking me: "Where are the finches?" And then I ask, "Which ones"? There are three prominent finch species in Northern Arizona, so let's start with the easily-identified yellow one.

The Lesser Goldfinch was one of the birds I wrote about in my very first article published in The Pinewood News- the July 16, 2009 edition. I think we love Lesser Goldfinches because they readily come to our feeders, they are easy to find because of the male's bright yellow coloring, and they don't cause us any problems. They don't wake us up in the morning with loud cawing as do the American Crows or by knocking on our homes as they try to drill holes for nut storage the way Acorn Woodpeckers do. The little Lesser Goldfinches simply quietly chirp away while they gather in groups at your niger seed feeder or sip out of your birdbath. They are migratory, so watch for Lesser Goldfinch during the winter in the Phoenix and southern Arizona areas.

The House Finch is medium sized and larger than Lesser Goldfinches. The male's head, throat, and rump are pink-red with the rest of the body brown-streaked. The females are all brown and also have chest streaking. Sometimes the males have orange coloring in place of the pink-red. House Finches are fabulous singers, almost canary-like. They will visit your feeder and are a common bird throughout all of Arizona year-round.

The third species of finch is harder to spot but definitely a resident of our northern forests. In fact, it was not until this year, after having our home up north for 25 years, that I finally had Red Crossbills in the yard. This species is stocky and large-headed, and in some ways its coloring is very similar to a House Finch. But the special feature is its bill: it has a unique crossed bill that is used to pry seeds out of conifer cones. These birds are nomadic and follow the food source, often in small flocks. Imagine my surprise when my Merlin phone app told me it was hearing Red Crossbills. Then I saw them come to our dripping bird bath, and I even got some good photos through my office window. This species rarely visits feeders, unlike the Lesser Goldfinch and House Finch, so you really have to keep your eyes and ears open to find it.

All three species are unique to the western half of the continent, though House Finches were introduced by humans to the East Coast as an "exotic species" in 1939. These resilient birds can now be found east of the Mississippi to the Atlantic Ocean, even though that was not their native territory.

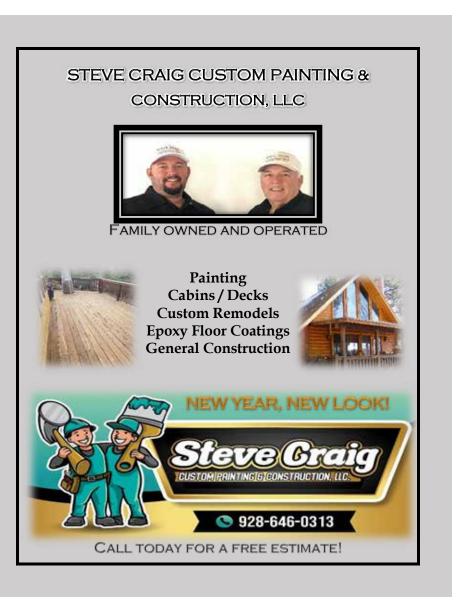
You can reach me at margaretdyekman@cox.net or by phone or text at 602-620-3210. You can read all about Backyard Birding in Northern Arizona at www.backyardbirdingaz.com and order the book online or get one directly from me. I welcome your questions, reports of sightings, and your suggestions for future articles.



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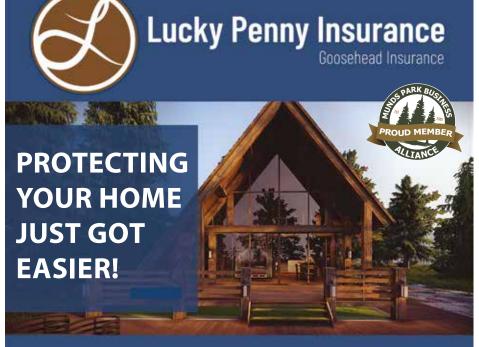
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# ESSENTIAL GUIDE: CREATE A GO BAG FOR YOUR PETS



In the unpredictable chaos that life sometimes throws our way, it's not just humans who must be ready to flee at a moment's notice. Wildfires, floods, and other disasters don't spare our furry friends. Pets, with their unblinking trust in us, require just as much foresight and preparation. Let's go through how you can make a Go Bag for your pets so they stay safe and happy when things get wild.

#### WHY PREPARE A GO BAG FOR PETS?

When calamity strikes, there's little time to think, let alone pack. While we humans can grab essentials on the fly, our pets depend on us for everything. A pre-packed Go Bag for your pet (and humans) isn't just a practical step; it's an obligation. In the middle of an evacuation, the last thing you want is to scramble for pet food or medication. Here are some tips to consider when packing your pet's go-bag.

#### ESSENTIAL ITEMS FOR A PET GO BAG

#### Food & Water

- Food: Pack at least a three-day supply of your pet's favorite food. Keep it in waterproof, airtight containers to keep it fresh. If your pet has special dietary needs, pack a bit extra. You don't want a hungry pet in an emergency!
- Water: Bring enough bottled water to last at least three days. A good rule is one gallon of water per pet per day. Hydration is key!

#### Medications & Medical Records

- Medications: If your pet takes regular medication, make sure there's a two-week supply in the kit. Keep a list of instructions and dosages handy.
- Medical Records: Include copies of vaccination records and medical history. This is crucial if your pet needs to stay at a shelter or vet clinic during an evacuation.

#### First Aid Kit

A pet-specific first aid kit should include:

- Bandages and gauze: For those unexpected injuries.
- Antiseptic wipes and solutions: To clean wounds.
- Tweezers: For removing splinters or ticks.
- Scissors: For cutting bandages or other needs.
- Gloves: For safe handling of injuries.
- Pet first aid book: A quick guide for treating common injuries (because you're not a vet, after all).

#### Comfort & Identification

- Collar with ID tags: Make sure your pet is always wearing a collar with an up-to-date ID tag. A microchip with current information is a great backup. Midtown Animal Clinic recommends, in addition to or instead of a microchip, a QR code tag (see bestiespets.com for an example). Many companies now make these tags, and they can hold much more information than a standard name tag. They tend to speed up the process of reuniting critters with their family, especially since microchip scanners are usually only found at vet clinics or shelters.
- Leash and Harness: Pack a sturdy leash and harness to keep your pet secure during transport. The last thing you need is your pet running off in all the excitement.
- Blanket or Bed: Familiar items can help reduce your pet's stress during an emergency. A blanket that smells like home can be incredibly comforting.

• Toys: A couple of your pet's favorite toys can provide comfort and a sense of normalcy.

#### Sanitation

- Waste Bags: For dogs, include waste bags to clean up after them.
- Litter and Pan: For cats, pack a small, portable litter pan and enough litter to last at least three days.
- Cleaning Supplies: Include disinfectants and paper towels to clean up any accidents.

#### **Important Information**

- Photo of Your Pet: Include a recent photo of your pet in case you get separated. This can be crucial for creating lost pet flyers or verifying ownership.
- Contact Information: Have a list of emergency contacts, including your vet and local animal shelters.

#### **Tips for Ensuring Preparedness**

- Regularly Update: Check your pet's emergency kit every six months to replace expired food, water, and medications.
- Practice Evacuation: Get your pet used to the process of being crated and transported to reduce anxiety during a real emergency.
- Stay Informed: Keep an eye on local news and weather updates, especially during high-risk seasons like wildfire season.

Every minute counts in emergencies, and being prepared can make a world difference. A Go Bag for your pet isn't just a precaution; it's a promise that you'll look after your entire family, even in the worst of times. So, take the time now to ensure you're ready. Your pet will thank you!

For any additional guidance and veterinary care, consider visiting Midtown Animal Clinic, where our furry companions receive top-notch care and attention from dedicated professionals.

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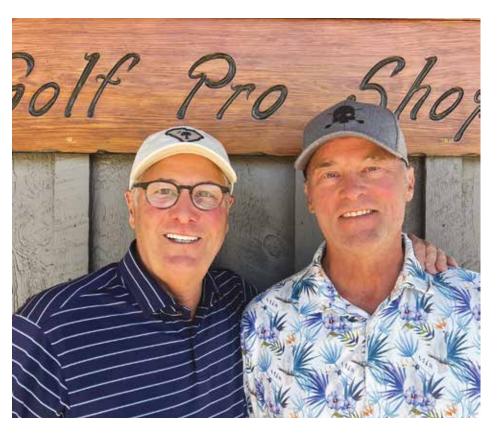


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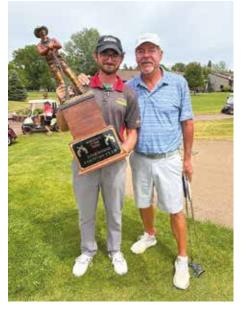
To learn more about a Pinewood Country Club membership, contact Daniella Zamora, Membership Coordinator at (928) 233-8271





The winners of the Two Man Match Play wall of fame event held on June 1st were Brian Palumbo and Mike Bonar.

The big winners of the Shootout in the Pines Event held on June 7th through June 9th were:



Hogan Division Lowell Peterson & Jaren Dodson



Palmer Division John & Matt Prescott



#### By Bobby Jones

Congratulations to the 2024 Pinewood Country Club volleyball campers. Coaches Hannah Uhlenhop and Ransom Jones were very proud of the hard work and great attitudes of each of the campers this year! There was a significant amount of growth and learning taking place. The campers included Libby Johnson, Winnie Johnson, Deonna Kaminski, Micah Kaminski, Sierra Kaminski, Zion Lambertson, Adalyn Mclliece, Callie Newman, Jaycie Newman, Ashley Stevens, Brice Stevens, Taylor Tabaj.



#### By Bobby Jones

Congratulations on an amazing Science Spectacular this year! The activities like rocket building and launching, bird beak lab, bubble fun, marble run, ping pong ball launcher, and dry ice fun. The campers were extremely engaged and a pleasure to teach. The campers included Paige Chavez, Madison Dearchs, Caleb Johnson, Winnie Johnson, Braden Lucas, Raelee Lucas, Blayke Palmer, Brylie Palmer, Lucy Plonski, Carson Rogers, Stella Rogers, Maxwell Stauffer, Andrson Stinnett, Cece Stineett, Jefrson Stinnett, Logan Tabaj, Taylor Tabaj.



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# **HEALTH & WELLNESS**

## PADDLE UP! ENJOY PICKLEBALL & PREVENT INJURIES

#### By Christy Shaft

Pickleball has become one of the fastest growing sports in the USA. Keeping fit to enjoy the sport is paramount.

#### Let's First Celebrate the Benefits

- Promotes social and community engagement for emotional well -being and a feeling of inclusion.
- Boosts mood and mental health and keeps us active to reduce stress.
- Promotes agility, balance, and hand/eye coordination.
- Improves heart and lung health.
- Improves bone health with a low impact weightbearing activity.

While playing Pickleball has many benefits, we

also see many injuries, especially those related to overuse, quick and sudden movements or falls. As the sport grows in popularity, so is the rise in serious injuries.

#### How to Prevent Injuries

- Overuse injuries are rising including tendonitis in the elbow, knees, or shoulders. Avoid playing too many days in a row, or too many hours in a day. Rest is important! Recharging your body like you do your cell phone helps it perform longer and faster!
- Avoid being a "couch potato" and thinking you can jump on a court and play a simple sport. It is a serious sport. Train your body and gradually build up your physical activity to avoid a sprain or tendon tear.
- Stretch before and after to warm up your muscles. Achilles ruptures, hamstring tears and Rotator Cuff injuries are common. Stretch your muscles gently, in dynamic positions that prepare you to move quickly. Join our Yoga class and cross the train!
- Practice balance and agility off the courts. Broken bones are on the rise due to trips and falls.
- Practice good nutrition. Eat prior and monitor sugar levels. Sugar levels can drop quickly on the court and can cause lightheadedness, increasing the risk of falls or poor performance. Drink lots of fluids and replenish your electrolytes. It's dry in the pines so drink more than you think. Hydrate before, during and after your match. Avoid guzzling right before you jump on the court.
- Shoe wear is key. Use court shoes with good support. Avoid the high tread hikers or running shoes that you use up crystal point. These can catch on the court and cause falls.
- Be in Tune with your body. If it hurts- Listen. Your body is warning you that you may need to rest, ice, use a short course of NSAIDS to control inflammation, or seek treatment to avoid a more serious condition.

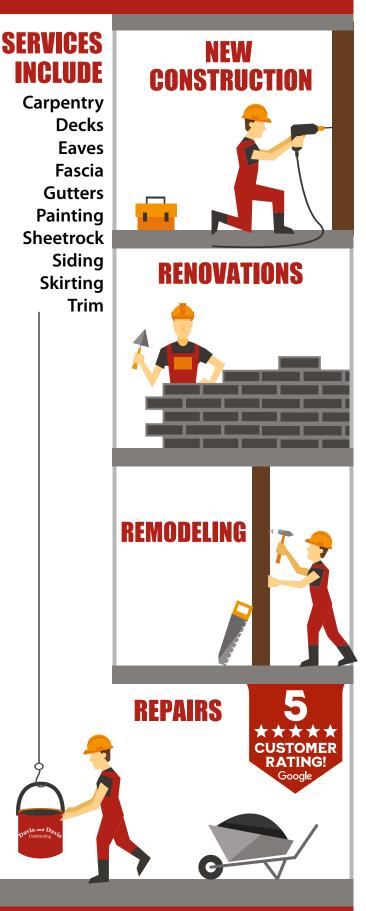
Pickleball is a fun activity, but only if you are feeling good. Take it seriously and take care of yourself. ActiVida is my business name, meaning Active Life. So, until next time, stay active, Stay healthy. Live life and love it!







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# WORD SEARCH

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Apple Pie	Flags
Beans	Forks
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# PINEWOOD PLAYERS KIDZ KAMP PRESENT PAJAMA PARTY & DEAR EDWINA JR.



This season the Pinewood Players Kidz Kamp will run for 2 weeks from June 18 through June 29 with performances on June 28 at 7 pm and June 29 at 2:30 and 5:30 pm. The production will be *Pajama Party*, a fun-filled musical romp through bedtime rituals that will challenge the younger ones to learn basic performing skills while having fun. Kidz Kamp provides a great opportunity for the younger ones to interact with others in their age group and practice social skills that will impact them for a lifetime.

Tween Camp will begin with auditions on June 17 and runs for 3 weeks from June 17 through July 7. Performances will be on July 5, 6 and 7. The older kids will hone their performance skills and display their talents by performing the popular Broadway JR version of *Dear Edwina*. Everyone works hard to perform their best for parents, family and friends, former campers tell us that the real magic of Pinewood Players Youth Drama Camp is making memories and long-lasting friendships.

Performing arts professionals Jennifer Adams and Tina Scarpaci will codirect both camps. Jennifer has directed Pinewood Players Youth Drama Camps since 2021 and Tina is returning this year after her successful debut as a co-director last season. The kids love Miss Jenn and Miss Tina and the campers could not get higher quality or more professional performing arts coaching and education in any venue anywhere. These ladies are truly the best at what they do and their education, teaching credentials and professional performing resumes are stellar. But perhaps their most important trait is their ability to connect with kids of all age groups.





Jennifer Adams

Tina Scarpaci

Pinewood Players want to thank the entire community for another successful Rummage Sale!

Munds Park truly is a magical place to be. We saw the magic on May 25<sup>th</sup> in the exceptional volunteers who worked to make this sale a success and those who donated furniture, clothing, and household goods. Thanks to the huge turnout of shoppers we collected over \$3,000. Most of the proceeds will go toward renovations at the Theater.



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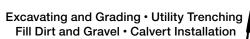
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#### By Pastor Steve Bowyer

Show of hands, who hasn't failed at least once in your life? I bet you looked pretty silly raising your hand at your table, on your deck, or sitting at the coffee shop by yourself reading your paper.

I have learned so many lessons written in my blood from past failures and mistakes. I failed big exams in school. I have been fired once. I have failed to get up with my alarm and missed important meetings. What about you? Have you failed at a marriage? Failed with a financial decision losing a lot? It happens.

How do you handle that? What do you do with that? Perspective is important. You show me someone who has never failed and I will show you someone who is not doing anything. Failures, and successes, are the result of taking risks. Without taking any risk, nothing ever gets done.

A friend of mine who was in the radio business in Little Rock worked for his uncle. His uncle was a tough man to work for. You cannot own radio stations, working in media, without developing a thick crust. My friend was his general manager.

One day he messed up bad. His mistake cost his uncle a LOT of money. He said, looking back, it was obviously a poor choice, and he should have seen it coming.

With his hat in hand, he humbly went to his uncle to take responsibility for his failure. He told him, "I would not blame you if you fired me right now."

His uncle, with fire in his eyes, barely reining in his temper, to say he raised his voice was an understatement; yelled at my friend, "NO, I am not going to fire you. I just spent a fortune giving you the experience and education you need. Now, get outta here, do your job, learn from your mistake, and do not do it again!"

Needless to say, my friend never made that mistake again. Lesson learned.

One of my favorite quotes is from one of my favorite people, Tom Landry, former coach of the Dallas Cowboys. He said, "We learn far more from our losses than our victories." Truth.

So, when you fail, do not consider yourself a failure. Consider yourself highly educated and experienced. Get back out there and get to work.

Jesus could make a classroom out of any setting. One day He did it in a lake. He was in a boat and out on the water lecturing the people who were standing on the shore. He chose Peter and Andrew's boat on purpose. It was late morning and the heat of the day was starting to crank up.

Fishing was done at night. The surface temp of the water cooled, and the









fish came up to feed. Fishermen would cast their nets out on the water and pull in the fish that had surfaced for their food. During the heat of the day the fish would sink into deeper, cooler water.

The night before these four 'expert' fishermen had failed, miserably. They had caught nothing. It was rare for them to get skunked.

When Jesus finished teaching, He commanded them to drop their nets one more time. Peter protested. He was tired. It was the wrong time of day to fish. He just wanted to get their nets put up and go home to bed. But out of respect for Jesus, to humor Him, he did it anyway. Who is the expert here, anyway?

"When they had done so, they caught such a large number of fish that their nets began to break." (Luke 5:6)

That day, Jesus knew more about fishing than Peter.

After a night of failure, there was a day of overwhelming success. After they had failed at what they were expert in, it seems a little surprising Jesus would tell them to cast their net out one more time. Should not Jesus choose successful people to do His work? Jesus showed these fishermen what they could do if they would listen and learn from Him. It might surprise them.

Maybe Jesus should have fired them. But instead, He did not consider them to be failures. He considered them to be highly educated and experienced. Now get back out there and go fishing for people now that you know how to succeed.

When you fail, do not consider yourself a failure. God was not caught off guard by your inappropriate actions. He just spent time educating you and giving you experience so that you do not have to make the same mistake again. Now, get back out there, do what you need to do, and do not make that mistake again!

#### Church Services

Sunday, 9 am & 10:45 am • 17670 S Munds Ranch Rd For more information about our church go to our website, mpcc.church.



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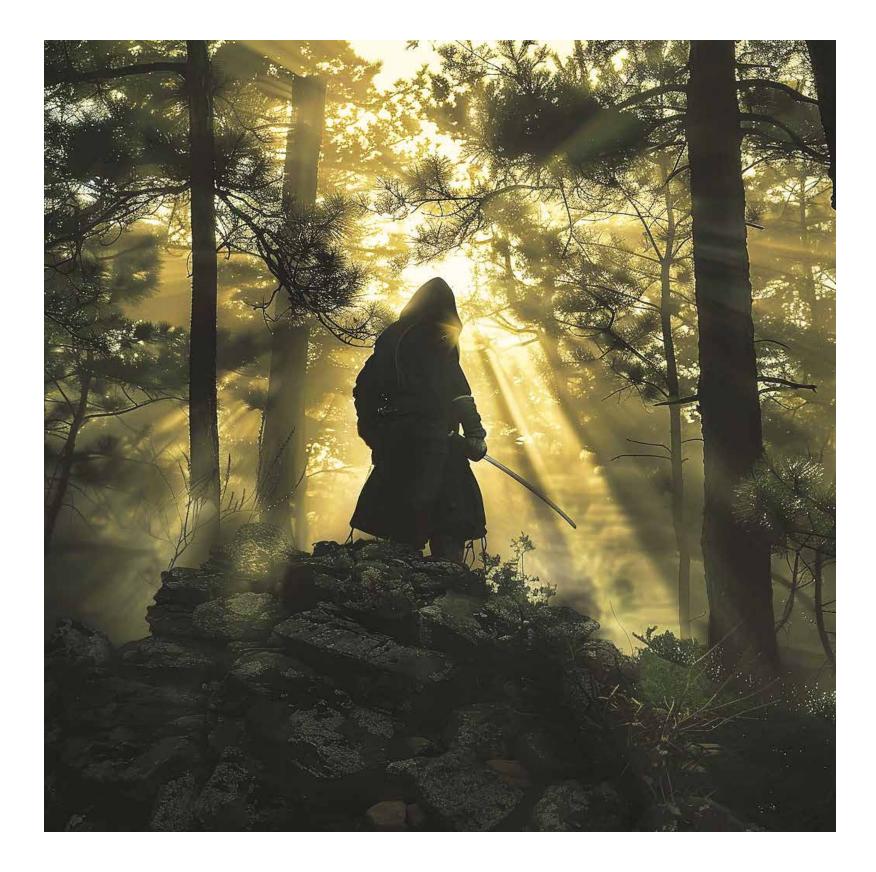
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