

# PINEWOOD NEWS

THE HOMETOWN NEWSPAPER OF MUNDS PARK, ARIZONA SINCE 1993

VOL. 29 NO. 3

MARCH 7, 2022

FREE!

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## CANDIDATES FOR AZ GOVERNOR TALK WITH THE PINEWOOD NEWS



### KATIE HOBBS

DEMOCRAT CANDIDATE  
FOR GOVERNOR

Munds Park, meet Katie Hobbs, an Arizona native who wants to be your next governor. Katie was a social worker and later the chief compliance officer for one of the largest domestic abuse shelters in the country. Through her work at the shelter, Katie became frustrated with ineffective government and disheartened by leaders failing to help those in need. So she decided to roll up her sleeves and get involved.

Katie's political career:

- Arizona Secretary of State (2019-present)
- Minority Leader of the Arizona State Senate (2015-2019)
- Arizona Senate 24th District (2013-2019)
- Arizona Representative 15th district (2011-2013)

*Continued on page 10*



### MATT SALMON

REPUBLICAN CANDIDATE  
FOR GOVERNOR

Munds Park, meet Matt Salmon, Republican candidate for governor. Matt, raised in Tempe, is a lifetime member of the NRA with an A rating for supporting and defending the Second Amendment. He co-founded the conservative House Freedom Caucus, and has worked to cut spending and get government out of the way so more Americans can thrive.

Matt's political career:

- U.S. Representative from Arizona's 5th Congressional District (2013-2017)
- Chairman of the Arizona Republican Party (2004-2007)
- U.S. House of Representatives (1995-2001)
- Assistant majority leader (1993-1995)
- Arizona State Senate (1991-1995)

*Continued on page 11*

## MOUNTAIN LIONS LOVE THE PARK!

Yes, it's true. These top-level predators love to tour Munds Park between the hours of dusk and dawn. Many Park residents capture these majestic animals on their security cameras and share them with us and throughout social media. They are simply too intriguing not to share!

While mountain lions are unlikely to attack humans without being provoked, it's essential for forest dwellers to know about the wildlife surrounding us and know how to cohabitate safely and peacefully.

The following has been provided by Arizona Game and Fish.



Video clip sent to the Pinewood News by Liz Linssen. This mountain lion was caught on camera at Raintree Road near the lake on the canyon side.

### ARE MOUNTAIN LIONS DANGEROUS?

While human encounters are rare in Arizona, mountain lions are large predators that can

*Continued on page 9*



# COMMUNITY CALENDAR

Sponsored by the Munds Park Business Alliance  
*Building Business Partnerships for a Stronger Community*

| Date               | Happening  | Location               | Time     |
|--------------------|--|------------------------|----------|
| Every Sunday       | Munds Park Community <b>Church Services</b>                      | 17670 S Munds Ranch Rd | 10:45 am |
| Every Monday       | <b>AA Meetings</b> hosted at Munds Park Community Church         | 17670 S Munds Ranch Rd | 7 pm     |
| Every Thursday     | <b>Spread the Bread</b> - Get some for your neighbors too!       | 17670 S Munds Ranch Rd | 10 am    |
| Thursday, March 10 | <b>Pinewood Sanitary District</b> Board Meeting - Public Welcome | 18075 Fairway Dr.      | 3 pm     |
| Tuesday, March 15  | <b>Pinewood Fire District Board</b> Meeting - Public Welcome     | 475 E Pinewood Blvd    | 3 pm     |



THE NEXT EDITION OF THE PINEWOOD NEWS  
HITS NEWS STANDS APRIL 4.



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# COMMUNITY

## PUBLIC WORKS UPDATE

### WILLARD SPRINGS OPENS FRIDAY, APRIL 1

The Willard Springs Green Waste Station will reopen for the 2022 summer season on Friday, April 1, 2022. It will then be open Fridays and Saturdays from 9:00 a.m. - 5:00 p.m. until Saturday, October 29, 2022, when it will close for the 2022 - 2023 winter season. The station will again offer free green waste-only disposal. Please note that the station no longer accepts bulk or household waste.

### SPRING GREEN WASTE CLEANUP EVENTS

Spring is on the way, and that means it's almost time for everyone to start cleaning up pine needles, branches, and other green waste from around their properties before the 2022 wildfire season arrives. This year there are again several events to help residents get their properties ready for fire season:

#### Bear Jaw Cleanup: Monday, April 25

This spring, Bear Jaw Interagency Fires & Fuels will once again help residents create defensible spaces around their properties by providing free pickup and disposal of branches, logs, small trees, leaves and pine needles. If you clear woody vegetation from around your home and stack it in a slash pile, then Bear Jaw will chip it and haul it away at no cost. Bear Jaw also is accepting up to fifteen (15) clear bags of green waste (pine needles and leaves) per property. Public Works will be accepting all this woody vegetation from Bear Jaw for free at the Willard Springs Green Waste Station.

Only clear plastic bags of green waste will be accepted during the Bear Jaw Cleanup! Clear bags will be provided free of charge at the Pinewood Fire Station in early April.

IMPORTANT: Please have all green waste items out along the roadside by 7:30 a.m. on Monday, April 25!

Please note that certain conditions apply for this cleanup. If you'd like to learn more about the Bear Jaw Cleanup, then a flyer will be available online at [www.coconino.az.gov/BearJawCleanupFlyer](http://www.coconino.az.gov/BearJawCleanupFlyer). If you have questions, then please contact Robert Ortiz with Bear Jaw Interagency Fire & Fuels at (928) 525-1717 or [rortiz@highlandfire.org](mailto:rortiz@highlandfire.org).

#### 2022 Community Cleanup Days

Coconino County's Community Cleanup Days are back this spring. The bulk waste voucher and informational flier for the 2022 Community Cleanup Days will go out to property owners in early May. As always, bulk waste vouchers are only good for depositing bulk waste at the City of Flagstaff Cinder Lake Landfill during Community Cleanup Days, which this year will run during the following dates and times:

City of Flagstaff Cinder Lake Landfill

6770 East Landfill Road • Flagstaff, AZ

Friday, June 3 - Saturday, June 11

Monday - Friday: 7:00 a.m. - 4:15 p.m.

Saturday: 7:00 a.m. - 3:30 p.m.

Sunday: Closed

Even though green waste disposal will be free throughout the season at the Willard Springs Green Waste Station, Community Cleanup Days serve as an important reminder that spring is the optimal time of year for full- and part-time Munds Park residents to clean up their properties and prepare for wildfire season.

We'll also be publishing more information about the 2022 Community Cleanup Days in upcoming editions of The Pinewood News, and fliers for the event are available at [www.coconino.az.gov/CommunityCleanupDays](http://www.coconino.az.gov/CommunityCleanupDays).

## MUNDS PARK TRAIL STEWARDS

By Larry Metzler

I hope everyone had an enjoyable winter.

Here is the 2022 MUTS Volunteer Event Schedule

April 23

May 21

June 11

July 9

August 13

September 17

October 8

We start at 8:15 in the morning.

Everyone works at their own pace, and at the end of the event a delicious free lunch serviced by the Trail Stewards volunteers.

Please check for updates because the events can change, be added, or postponed.

Check the following for updates at [www.mundsparktrailstewards.com](http://www.mundsparktrailstewards.com) or the Pinewood News.



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- 02 Euphoria
- 08 Briggs with Johnny Anonymous
- 09 Briggs with Johnny Anonymous
- 15 Bobby Joe Bell
- 16 Bobby Joe Bell
- 22 Big Chad
- 23 Big Chad
- 29 Mike Hilly Band
- 30 Slim Jim and the Car Thieves



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# FOOD

## MOM’S CHICKEN & DUMPLINGS

*By Sandee Caviness*

Our friend Sara is taking this month off to play and trusting me to fill her shoes while away. So I thought I would follow in Sara’s footsteps and publish one of my Mother’s favorite feel-good meals, chicken and dumplings.

My Mother was a gourmet, but her favorite meals were the simple and hardy southern meals her mother used to cook. So here we are, three generations in, eating chicken and dumplings. I absolutely love this dish, and I hope you do too.

As a favor to me, my mother wrote a guide for Hospice of the Valley caregivers, teaching them how to prepare home-cooked meals for their patients. I am lucky to have this. I didn’t change anything other than substituting homemade chicken bone broth for bouillon.

*Recipe by Sue Caviness*

The chicken is ever so much better if baked rather than stewed. Select a 4-pound whole chicken, wash it under cold running water, and pat dry with paper towels. Place the chicken in a baking pan and salt liberally with Lawry’s Seasoned Salt and pepper. Cover the pan tightly with foil and bake in a pre-heated oven at 350—Bake for the recommended time for the weight of your chicken. When the chicken is baked, remove to a platter or plate and set aside to cool; reserve the pan juices. Meanwhile, make the dumplings.



For the dumplings

- In a medium bowl, place:
- 1 1/2 cups flour
- 2 teaspoons baking powder
- 3/4 teaspoon salt
- 3 tablespoons shortening or butter

Set aside dumpling mix. In a large pot with a well-fitting cover, bring to a boil 4 cups water together with 6 teaspoons chicken bouillon (or 6 cubes) and the pan juices. You can substitute homemade chicken bone broth for the bouillon if you prefer. We simply added 4 cups of chicken bone broth rather than 4 cups of water and skipped the bouillon.

While the water is heating, complete the dumplings. Cut in shortening or butter until the mixture is a coarse crumble. Sprinkle in a large pinch finely chopped fresh parsley and add 3/4 cups milk, stirring only until blended. Don’t

over mix or dumplings will be tough. Drop by spoonfuls into the boiling liquid and cover with a lid. Reduce heat to medium and cook for 20 minutes without lifting the lid.

As the dumplings cook, prepare the chicken. Skin the chicken and tear it into medium-sized pieces. Pile the chicken on a platter and spoon the dumplings over the top. Sprinkle lightly with paprika and enjoy!



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# MOUNTAIN LIONS LOVE THE PARK

Continued from page 1

seriously injure or kill humans. Conflicts can occur when a mountain lion becomes accustomed to the presence of people, often near where we live or recreate, and begins preying on livestock or other domestic animals. Urban sprawl results in shrinking mountain lion habitat and increases the number of conflicts between humans and mountain lions.

The Arizona Game and Fish Department is committed to helping people learn how to behave responsibly and live safely in mountain lion habitat. However, animals that threaten public safety – as determined by a strict protocol developed with extensive public input – must be lethally removed. Because mountain lions are very territorial, relocating problem animals to a new area often results in their injury or death. More importantly, relocating a problem wild animal puts other visitors or residents in the new location at risk.

## TRAITS & BEHAVIORS

- Specialized top-level predators that are also called pumas, cougars or panthers.
- Between 2,500 and 3,500 mountain lions live in Arizona.
- Weigh 70-150 pounds, with males being larger.
- Primarily eat deer, but also enjoy javelina, bighorn sheep, elk, small mammals, and occasionally livestock and pets as a side dish.
- Typically stalk and ambush prey from high vantage points like trees or rock ledges.
- Average litter of three kittens. Adults are tan in color; juveniles have black spots.
- Mountain lions are secretive, shy, and elusive animals that prefer to remain hidden in their surroundings.
- Found throughout Arizona and has one of the most extensive ranges of any land mammal, from Canada to South America.

## SEE A MOUNTAIN LION?

- Do not approach a mountain lion. Most wild animals will try to avoid a human confrontation. Give them away to escape safely.
- Do not run from a mountain lion. Running may stimulate a mountain lion’s instinct to chase. Stand and face the animal. Make eye contact.

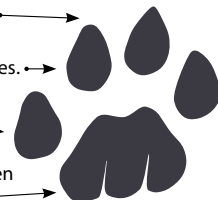
### Characteristics of Mountain Lion vs. Dog Tracks

A. Narrow claw. Marks rarely present.

B. Tear-drop shaped toes.

C. Front edge of heel pad is flat.

D. Two distinct indentations between three lobes.



**MOUNTAIN LION**

E. Claw marks generally absent. If present, they will be sharp and narrow.

F. Four tear-drop shaped toes, grouped asymmetrically.

G. Trapezoidal heel pad.

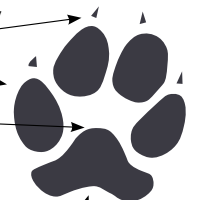
H. Three-lobed heel pad with two indentations along real margin.

A. Blunt claw marks usually present.

B. Rounded toes.

C. Front edge of heel pad is rounded.

D. No distinct indentations or only two outside lobes.



**DOG**

A. Toenail prints generally present will be broad and blunt.

B. Four, round-shaped toes, grouped symmetrically.

C. Triangular-shaped heel pad.

D. Heel pad lacks distinct indentations and three-lobed appearance.

- Protect small children so they won’t panic and run.
- Stay calm and speak loudly and firmly.
- Appear larger: raise your arms. Open your jacket if you are wearing one. Throw stones, branches, or whatever you can reach without crouching or turning your back. Wave your arms slowly. The idea is to convince the mountain lion that you may be a danger to it.
- Slowly back away from the area.
- Fight back if attacked: many potential victims have fought back successfully with rocks, sticks, caps, jackets, garden tools, and their bare hands. Since a mountain lion usually tries to bite the head or neck, try to remain standing and face the animal.

## LIVING WITH MOUNTAIN LIONS

- Hike or walk in groups.
- Make noise when you’re outside.
- Closely supervise children in mountain lion habitat. Watch children when they play outside in areas where mountain lions could live and between dusk and dawn when mountain lions primarily hunt. Talk with children about mountain lions and what to do if they encounter one.

Continued on page 31



**Nancy Shelton**  
Associate Broker

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**17335 Syler Circle**  
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Tucked at the end of a cul-de-sac and set back from the road, this charming cabin is perfect a weekend getaway or full-time home. Open floor-plan with vaulted ceilings. Oversized lot, 2 car garage and storage area. Covered front and back deck. Fenced dog area. Large laundry room. Recent upgrades are a new roof, skylights and gutters, dual-paned windows, front and back door, stove, dishwasher, and water heater. Central heat and air conditioning along with wood burning stove. Sold partially furnished.



REALTYONEGROUP  
MOUNTAIN DESERT



# INTERVIEW WITH KATIE HOBBS

Continued from page 1

Below is our interview with Katie discussing issues important to Arizonans. Read what she has to say, and see what you think.

## TOP 3 ISSUES

**Q.** Katie, in your opinion, what are the top three issues facing Arizona?

**A.** What I’m hearing from Arizonans is they are worried about the affordability of living here, so the economy, jobs, and education.

**Q.** You were our senator for three terms. During your time as our senator, what legislative actions did you take that benefited Arizonans the most?

**A.** My first year in the Senate, I was pleasantly surprised when the Republican governor announced that expanding Medicaid through the provisions of the Affordable Care Act was going to be her top priority. We worked with her to get that done. It required the full support of the Democratic caucus, as well as a group of Republicans that were willing to buck their party. Republicans were often criticized by their party for supporting Medicaid expansion. Arizona was the first red state to do that, and it provided healthcare for hundreds of thousands of Arizonans. In addition to that fundamental benefit for people, it was an economic driver in terms of keeping rural hospitals open that were burdened with uncompensated care. So, it was a really important thing. I’m also really proud of working with Governor Ducey to help end the backlog of untested rape kits in this state.

## ON THE BORDER

**Q.** Katie, do you think our border is secure?

**A.** You know, the border has been an issue for decades and it’s often been a political football, unfortunately. We need comprehensive immigration reform, number one. And we do need more resources at the border to make sure it’s secure. We’re seeing that Mexico is the number one source for Fentanyl in the United States, and the Homeland Security Secretary himself has said that the border patrol is asking for more support. So, there is a need for more resources, but congress needs to act to get that done, and as governor, I’ll certainly work with our congressional delegation to make sure that they are pushing for policies that are going to address the needs of keeping Arizonans secure and safe.

**Q.** So you see it as a federal issue and not an issue that you can handle as governor?

**A.** Well, I think that certainly the governor of Arizona shouldn’t act unilaterally on this issue. When I see that being done, it’s really more for political theater and not addressing the real issues. Governor Ducey has sent the National Guard there. That’s something that’s in the toolbox of the Governor. It needs to be in coordination with law enforcement that’s at the border and helping address the needs that exist there.

**Q.** What is your opinion about people entering our country illegally and claiming “credible fear” so they are released into the U.S. with a court date, and they don’t appear in court.

**A.** Well, again, that points to the need for comprehensive immigration reform. Immigration is such a complex issue, and there are so many different categories of support available to people seeking to be in the United States. And I think we need to, number one, simplify the rules, so that people aren’t caught up in endless court where they sometimes don’t show up. And again, that takes an act of congress to do.

## ON EDUCATION

**Q.** Arizona spends \$10,000 per student, about \$5,700 less than the national average. The unions and some politicians argue that we need to spend more on education—That money is the answer. However, private and charter schools are educating their students for less, and they are doing an exceptional job.

If money isn’t the primary factor, what do you think is?

**A.** Well, funding is certainly an issue, and what we’re doing is starving the district public schools, which are really the foundation of our education system and the true equalizer of education of all of our students. We are starving public schools.

**Q.** What does that mean?

**A.** Diverting resources to charter schools that aren’t accountable to the same rules—even though they’re public schools—they’re not accountable to the same rules that public schools are. And so, if we really want to talk about creating opportunity for every student in the state through education, then we really need to invest in those district schools and put the resources where they’re most needed. Poverty is the largest indicator of educational achievement among students. We are taking resources away from the schools that need it most.

Arizona has been a laboratory for school choice, but that school choice, while important, is not equal. A student whose parents have to work two and three jobs, or perhaps even a single mom or dad that has to work two and three jobs to keep a roof over their head and food on the table, doesn’t have the same access to school choice that other students who have different advantages have. Every student should be able to attend their neighborhood school and have the same opportunities that every other student in the state has.

**Q.** Property taxes fund our schools, so it makes sense that our struggling neighborhoods don’t have a lot of funding for education. Do you have a plan for that?

**A.** I think that we should look at the funding formula. It’s pretty out of date. Something that would help address the opportunity issue is adding a poverty weight to the funding formula. Still, I think that education funding has become a political football. Instead of looking at real issues, our elected leaders are just doing what they think is going to be the most popular. If we are short-changing our students now, we’re short-changing the future of our state.

**Q.** How can the State support and increase the number of trade schools to meet the ever-increasing need for skilled labor?

**A.** When we talk about economic growth and ensuring that we have quality jobs that allow Arizonans to afford to live here, we can’t disconnect that conversation from the education conversation. We have to get students in the pipeline for quality, high-paying jobs, whether it’s a four-year degree or getting them into trade or apprenticeship or certificate programs that allow them to get into those high-paying jobs with whatever the qualifications needed. Certainly, we need to be working in partnership with our education leaders and the job creators to make sure that we have those programs in place that create the workforce they need and allow Arizonans to have those high-quality, high-paying jobs.

## ON GROWTH

**Q.** Arizona is growing fast, especially with the mass exodus from states like California. How will you balance growth while protecting our resources?

**A.** That is absolutely a really multi-faceted issue. Our investment and focus on long-term planning has been what has sustained us so far as this great state is in the middle of a desert. The Central Arizona Project is a great example of that. The investment in the planning of the economic investment to make sure that we secured water for the future of this state was critical and a prime example of how we’ve done this before. That involves a lot of strategic foresight from our leaders. That’s the kind of strategy and planning we need to engage in as we face an affordability and water crisis to ensure we’re continuing to thrive as a state and a place where everyone can continue to enjoy the quality of life and be the best place in the country to live, work and raise a family.

## ON THE HOMELESS

**Q.** Most of our homeless are mentally ill or addicted to drugs and alcohol. Generally speaking, they are not people who are temporarily displaced. They need care. They also need off the streets.



INTERVIEW WITH MATT SALMON

Continued from page 1

Below is our interview with Matt discussing issues important to Arizonans. Read what he has to say, and see what you think.

TOP 3 ISSUES

**Q.** Matt, in your opinion, what are the top three issues facing Arizona?

**A.** The top three issues are border security, economy, and our educational system.

**Q.** You were our senator for two terms and a congressman for five. During your time serving Arizona, what legislative actions did you take that benefited Arizonans the most?

**A.** I was one of the original sponsors of charter schools. We started charter schools back in the early 90s. I was one of the sponsors, and I'm really proud of that. Arizona really led the way for the whole country on charter schools, and I think that's been a great thing.

ON THE BORDER

**Q.** Matt, do you think our border is secure?

**A.** I don't feel it's secure at all.

**Q.** As Arizona's governor, what would you do to solve this problem?

**A.** I believe that in the Constitution, we are guaranteed to be protected from invasion by the federal government, and having been down to the the border and seeing all the Fentanyl that's coming across the border, the human rights violations... The cartels are managing everything. They're smuggling people, they're smuggling drugs, they're smuggling guns, and it's horrible. Number one, we should declare the cartels a terrorist organization. That would give us a lot more tools to deal with them. Number two, we need to start arresting people who are coming across illegally for violating state laws and incarcerating them, sending a clear message that if you come to Arizona, you're going to be incarcerated. You want to go to another state, knock yourself out, but we're going to protect Arizona's borders. And three, I think that if the federal government is not going to finish the wall, then we need to figure out a way to do it.

We had 1.7 million interactions with our CBP (Customs Border Patrol) last year with people coming across illegally in Yuma from over 100 different countries. It's not just South and Central America and Mexico. You've got people coming from the Middle East, from Asia, and it's a bad problem. They're paying the cartel members to smuggle them across.

**Q.** What about immigration reform?

**A.** I don't think that the American public will buy into it until we secure the border. We've got to first secure the border, then we can talk about some immigration reform ideas, but we have to secure the border first.

I was talking to the chief—he's the head of the border union—I was talking to him the other night, and I said, "What do you need? Do you need more equipment?" He said we don't need more equipment; we need better policy. We need better policy, and we need an administration that actually unties our hands, so we can do our jobs.

**Q.** And when he says "policy," is there anything specific?

**A.** Yes, he said the Remain in Mexico policy was very, very helpful because it had cut down the illegal crossing.

ON EDUCATION

**Q.** Arizona spends \$10,000 per student, about \$5,700 less than the national average. The unions and some politicians argue that we need to spend more on education—That money is the answer. However, private and charter schools are educating their students for less, and they are doing an exceptional job.

If money isn't the primary factor for an excellent education, what do you think is?

**A.** I'm a big believer that dollars should follow the child. Look, if money was the predictor or the decider of education, then the best educated kids in the country would be coming out of Washington D.C., and that's not the case. I've been there. I've lived there. They're horrible schools. So money alone isn't the problem. Yes, we need to put money in the right places—you know, paying teachers good salaries—but I think that one of the best things we can do is give parents the ability to take their kids and put them in whatever school they want to put them in—charter, private, parochial—and have the dollar follow the child.

**Q.** How can the State support and increase the number of trade schools to meet the ever-increasing need for skilled labor?

**A.** I'm big on trade schools. I think that in our educational system, we've got to get back to the basics: reading, writing, math, science, civics and vocab. We teach kids as if they're all going to college, and they're not, and a lot of those kids end up dropping out, and we lose them. Are you familiar with the term CTED? It's Career Technical Education. Just about every county has one. My wife works for the one here at East Valley Institute of Technology, EVIT, and they have 42 different certificate programs. The kids graduate from high school, and they get a welding certificate and go into a \$65,000, \$70,000 a year job right out of high school. My granddaughter is a junior. She's going to get her certificate in cosmetology. If she would've waited until after she graduated from high school, it would've been about

Continued on page 17

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# TRAVEL

## A TOUCH OF ITALY



By  
Stacey Wittig  
Travel Writer  
Unstoppable  
Stacey

Walking through the mountains and along the coastlines of Campania, Italy, earned me a distinctive touch of Italy. The Italian people opened the doors to their kitchens and homes in off-the-beaten-path towns. Proud to share their regional foods and delicacies, cooks

and growers introduced me to fabulous local cheeses, wines and other specialties.

Walking is a slow way to travel, but the payback is an immersive experience that allows you to taste and touch the local culture. So I'll share with you what I ate during this out-of-the-ordinary journey. That way, you don't have to walk, but you can travel by car to these towns to taste and touch on your own—or with local guides.

### WHERE IS CAMPANIA, ITALY?

The Campania region of Italy is south of Rome. Campania's western border is the Mediterranean Sea called the Tyrrhenian, or Tirreno Sea, in that part of the world. The Campanian Apennines rise not far east from the coast, and those are mountains that I walked through.

### NAPLES, THE BEST-KNOWN CITY IN CAMPANIA

My route followed the Appian Way or Via Appia around the Colosseum and south of Rome towards Naples. However, I did not go as far south as Naples—the best-known city in Campania—but walked to Italy's west coast at Terracina and Gaeta before turning east and trekking over the Campanian Apennines on my way to the Adriatic coast. I walked the Via Francigena del Sud, an ancient pilgrim path.



Four Cheese Pizza with arugula | UNSTOPPABLE Stacey photo

You probably know that Naples, located in the administrative region of Campania, is the birthplace of pizza. Farms in the mountains outside Naples produce mozzarella di bufala, or buffalo mozzarella, a key ingredient in Naples-style pizza. Although I knew that mozzarella di bufala campana was granted a DOC (denominazione di origine controllata,) I did not understand that cheesemakers made it from the milk of Mediterranean buffalo an Italian breed of water buffalo.

Silly me, I thought buffalo referred not to the source of the milk but rather to the preparation method as in Buffalo hot wings. It wasn't until I walked by the water buffalo statue in Terme di Telese that I put two and two together. The smooth and creamy cheese is known for its elastic texture, indeed a touch of Italy. New York Times calls it “one of the most elusive cheeses on earth.”



Local foods celebrated in Campania | UNSTOPPABLE Stacey photo

So, where did the water buffalos come from? After researching that question, I found that the Italian Mediterranean buffalo origins are somewhat mysterious. Experts say perhaps they were introduced into Italy during Roman times or in the course of the Barbarian invasions of the Italian peninsula. Others postulate that crusaders and pilgrims returning from the Near East, where the Arabs had earlier introduced them from Mesopotamia, brought the water buffalo. Whatever their ancient heritage, Italian Mediterranean buffalo now deliver a touch of Italy that you won't soon forget.

### A TOUCH OF ITALY DINNER IN SOLOPACA



Vitulanese pecorino, local hard sausages, cured ham, pickled cauliflower and fig jam

I stayed at Dimora Tammaro bed and breakfast in Solopaca. My generous host, Luigi Tammaro, created four courses of a touch of Italy for me. The dinner included a local red wine, almost black in color. The antipasto course involved Vitulanese pecorino, a cheese made from sheep's milk, local hard sausages, cured ham, pickled cauliflower, bread and fig jam. Oh, how I developed a craving for homemade fig jam on this walking journey.



Smashed beans with cime di rape

Continued on page 15

# INTERVIEW WITH KATIE HOBBS

Continued from page 10

I know this is a complex issue, but how do you begin to solve this problem?

**A.** I'm a social worker. This is something that I've dealt with first hand. I was in the administration of one of the largest domestic violence shelters in the country, which overlaps the homelessness issue a lot. This is not a new problem, but we are seeing it in bigger numbers than we've seen in a long time across the state. There's no one-size-fits-all approach to addressing the issue.

Many of the people on the streets chronically are dealing with a multitude of issues, complex issues that aren't easy to address—serious mental illness on top of addiction and years of life on the streets that have impacted their health. We have a huge lack of resources for treatment and support for these folks. I think we tend to leave the addressing of housing issues to the cities, and the cities need more flexibility to provide affordable housing that meets the needs of their populations, not just affordable housing, but services and support to keep people housed.

I know it's an issue in Phoenix, but in areas like Munds Park, having affordable housing for the workforce for service industry jobs is difficult to find. I know when I talked to the mayor of Flagstaff, he said that housing affordability was driving the workforce shortage issues that they're facing. It's a very multi-faceted issue. We're seeing a lot of new homeless in that area because of these chronic issues that I talked about, but more just because they're being priced out of housing. Rents in Phoenix have increased 26% over the last year. That's astronomical.

**Q.** I am a Phoenix native. I've only been up North for a couple of years, and when I visit Phoenix, I can see a significant increase in the number of homeless on the streets. People waiting for buses can't even sit on the bus bench because it's overtaken by trash or someone is sleeping on it.

We don't want a homeless crisis like California. So how do you support not only people in need but also the taxpayers who wish to enter a business without someone hitting them up for money, enjoy our parks, or even simply sit on a clean bus bench?

**A.** We've done a number of things to try to provide a one-stop shop for people on the street. When I drive home from the capitol, I can't miss the huge encampment that's right there on Jefferson that's near the Human Services campus, which is where a lot of the services are located. Now when I drive home from this office, there's an encampment right down the street in front of a building. I know that some people see that and their first response is fear. Mine is sadness. How are we failing the people of Arizona so much that this is where they are? Again, there's no one-size-fits-all answer. I think it's figuring out what the needs are and then what services we can put in place to address those needs. Is it because they just got priced out of housing, and how do we make housing more affordable? Is it that they have these chronic needs that we're not providing services for, and those services would help them? It's part of my focus on making Arizona work for everyone. Clearly, it's not working for people that are on the street.

## ON GUN RIGHTS

**Q.** Do you believe in the right to keep and bear arms?

**A.** Absolutely.

**Q.** What gun regulations do you support?

**A.** One of the most frustrating things about my time in elected office is the lack of coming together to pass things that most people accept as common-sense regulation, like universal background checks and the mental health red flag laws. I was elected and sworn into office two days after the shooting in Safeway that harmed Congresswoman Gifford, killed my friend and five other people. That was an opportunity to say look, we don't need magazines with this large of a capacity. I think that's a restriction that most people agree is common sense that would limit damage in situations like that. People don't need assault rifles. I think that even the majority of gun owners support this kind of common sense regulation. It's very frustrating. That was 11 years ago. I was sworn in in 2011, so 11 years ago. We haven't done anything. Arizona is absolutely a 2nd Amendment state, and I support that. I think most of those owners of firearms support reasonable regulation.

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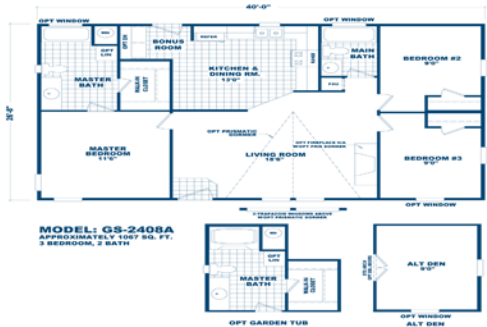


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FOOD

Continued from page 13

The next course was a fabulous smashed bean dish topped with sauteed cime di rape, AKA broccoli rabe. The sweetness of the beans balanced the bitter field greens perfectly, which made it a touch of Italy. I was finally able to take in (literally) the stunning beauty of the green landscape that I'd been walking through that rainy day.

By the way Luigi lovingly placed the pasta course in front of me, I could tell that he was proud of his hand-cut and stuffed tortellini. Savory meat filled the pasta pockets, gently bathed in a thin olive oil and garlic sauce and crowned with coarsely-grated cheese.



Liquore Strega, known throughout Italy but made initially in Benevento

Luigi introduced me to another local's favorite, Liquore Strega when he poured it as a digestif with dessert. The vibrant yellow liqueur gets its color from the distillation of over 70 botanicals, including Ceylon cinnamon, Florentine iris, fennel, juniper, mint and saffron. The whole-foods natural product was first created in Benevento in 1860. In two days walking, I would be in Benevento, a town known for its Roman arch—and I learned that night—Liquore Strega. The semi-sweet herbal liqueur paired well with the tart lemon gelato and almond biscotti.

I was reluctant to leave the following day after breakfast. I'd settled into the comfortable abode with its fabulous food and charming hosts. "I must now go walk in the rain," I said to Luigi and his wife.

"I'm sorry," Luigi said in English as if he were responsible for the weather.

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UNSTOPPABLE Stacey Wittig is a travel writer based here in Munds Park. Learn more about regional food in Italy at [unstoppablestaceytravel.com](http://unstoppablestaceytravel.com)

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# INTERVIEW WITH KATIE HOBBS

Continued from page 14

## ON REPRODUCTIVE RIGHTS

**Q.** You are pro-choice. Is there any instance that you would restrict abortions?

**A.** I think that medical decision is a very private and personal decision between a woman and her doctor. In any case where it was considered extreme, it's because of the life of the mother, and that is probably the most difficult decision that she and her family have ever had to make. I think the government needs to stay out of that decision.

## ON ELECTION LAWS

**Q.** I read through your website, and you talked about the big lie. What is the big lie?

**A.** The big lie is the former president's assertion that he won the election and that Biden is not the legitimate president of the United States. None of that is based on any real evidence. Despite the continued court challenges thrown out because of lack of evidence and continued evidence to the contrary, he continues to assert this. It continues to undermine the public's trust and confidence in our election systems. I think that's exactly what it's designed to do.

**Q.** There are concerns that our elections can be hacked. Is this a real possibility?

**A.** Election systems can't be hacked. They're not connected to the Internet. Anyone who says otherwise just doesn't know what they're talking about, and they're refusing to believe the information that election officials are providing. As Secretary of State, my office did a lot of work leading up to the 2020 election—knowing there'd be false information out there—to provide transparency into the processes on how things work and everything we do to keep elections secure, including not connecting voting machines to the Internet.

When data is being transferred to the central election system, that computer is a stand-alone system. Every thumb drive is a brand new thumb drive. All of the information that says otherwise is not real information. It's flat-out lies.

**Q.** So you're saying the machines people vote on are not connected to the Internet, and when it is connected, it's only to one machine; is that right?

**A.** Every county has an EMS computer, an Election Management System computer, that is stand-alone. It's not connected to any external network in the county or anywhere else. Data is transferred from a tabulator to that system via a thumb drive that's never been used before and never will be used again, so it can't be corrupted in that way. That system is a stand-alone system and is not connected to the Internet.

**Q.** How do you feel about ballot harvesting and requiring identification on all ballots, including mail-in ballots?

**A.** Arizona has voter ID for all ballots, including mail-in ballots.

**Q.** It does? The only reason I'm questioning you is that your opponents are saying they want a valid ID on all ballots, including mail-in ballots.

**A.** Misinformation. If you are a mail-in voter, if you vote by mail, your identity is verified by your signature. There is a lot of misinformation out there about how that signature verification process happens, but it is a rigorous process that people are trained for. So there is voter ID on mail-in ballots. Arizona has had no-excuse, mail-in voting for decades, before it was utilized by a lot of other states, so we have had the chance to implement and hone systems that work and prevent fraud and make it a very secure and user-friendly system for our voters. We have laws in place that require ID at the polls and those laws are adequate. They work. We have very few cases of prosecuted voter fraud in this state, and what that says to me is that the systems we have in place are working in both preventing and catching voter fraud when it occurs.

## ON THE ECONOMY

**Q.** On the economy, we are experiencing a 40-year high in inflation, and gas and food prices continue to rise. As governor, what can you do to help Arizonans keep more money in their pocketbook?

**A.** I don't have a magic wand that changes inflation, and the truth is that the economic recovery that we're experiencing in the country is the fastest recovery we've had in decades. But, I know Arizonans are feeling it in their pocketbooks when they pump gas, when they buy groceries and other goods. We're putting together an economic relief fund that we'll be releasing shortly that addresses some of those really bread-and-butter issues of how to make things more affordable in Arizona. That's the most specific I can get about that right now, but there are tools we have. Obviously, I can't change inflation, but we can do things to help people in their pocketbooks where it matters.

## FINAL QUESTION

**Q.** Why should Arizonans vote for you?

**A.** I am a battle-tested, statewide leader with a track record of delivering results for Arizonans, both in the legislature—the things I described with Medicaid expansion, with ending the backlog of untested rape kits—and as the Democratic leader in the Senate, and as Secretary of State getting into an office that was completely mismanaged, fixing broken systems, streamlining operations, making the office more accountable to Arizonans and overseeing the most secure election with historic participation in our state's history. That's the kind of results that Arizonans will see from me as governor, and I'm ready to tackle the issues that matter, to make Arizona the best place for all Arizonans to live, work and raise a family.



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**INTERVIEW WITH MATT SALMON**

*Continued from page 11*

\$25,000 to pay for that, but she'll graduate being a cosmetologist, so she'll walk right into a good-paying job. X-ray technicians, welders, electricians, plumbers. I'm big on that. Our current governor signed an initiative called Achieve 60, and what that means is that by 2035, 60% of our graduates from high school will either be in college in a 4-year degree program, community college or a trade school. We're not even close to meeting that objective. When I'm governor, we're going to focus on that like a laser beam. Let's quit training everybody "one size fits all." We also need to stop teaching kids what to think and teach them how to think.

**Q.** Arizona is growing fast, especially with the mass exodus from states like California. How will you balance growth while protecting our resources?

**A.** The biggest issue we have right now as a resource is water, and if we don't handle this right, it's going to hurt our ability for economic prosperity for a long time to come. We've got to get it right, and that means that we're going to have to do a whole bunch of things. We have to find new water sources and it's gonna take resources and dollars. The governor announced at a State of the State that he was looking at the possibility of building a d-cell plant on the Sea of Cortez and then not pumping the water to Arizona, because that'd be really expensive, but letting Mexico keep the water. Then we would get that portion of our water from their Colorado River rights, which would be about 200,000 acre-feet of water. These are good ideas, but we also are going to have to look at some conservation things and look at the way we grow, and do it in a way that's positive in managing our resources. I'm very concerned, but most of the growth in Arizona right now is in Maricopa County.

Maricopa is the fastest-growing county in the country. I think we need to spread the wealth around. What I'm saying on the growth and the economic development is, we need to not have it be so ZIP code-specific and do it all throughout Arizona. I'm really frustrated about the tribal lands. We're not doing any economic stuff. They're like a third-world country where half of them don't even have any electricity or water.

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I can't remember the full number... it's over a million acres of state trust land, and some of that land can be used. The other thing that really concerns me, and you're probably onto this, too, is something that's a big deal. It's the price of homes. It's through the roof and young people who are just starting out, heaven help them. We need to find out a way to use our state trust land responsibly to find more opportunities for land, because right now, it's a supply and demand thing. There's not nearly enough houses for the demand that's there, and we've got to find more opportunities for finding less expensive land.

**ON THE HOMELESS**

**Q.** Most of our homeless are mentally ill or addicted to drugs and alcohol. Generally speaking, they are not people who are temporarily displaced. They need care. They also need off the streets.

**A.** We don't do a good job in the state when it comes to dealing with either mental health or drug or alcohol dependency. This is up close and personal to me. Two of my really close friends from high school, really close friends, lost their kids to opioid overdose. My oldest brother was an alcoholic his whole life. He died just a few years ago, sober, but he went through detox three times. Do you know that the likelihood that you're going to be able to get cured from alcoholism is like 10%? It's really low, but there are some things happening. I just talked to some guys the other day. It's called Recovery Café... This is really exciting. I just spoke with this guy yesterday. They're coming to Arizona. It's a nonprofit and they have a 90% success rate. The other places have a 10 or 15% success rate. What we find is when people with addictions go through rehab, and they're back on the streets, they go back to their old friends and they're back in the same problem within just a while. This is a place where they can interact with different people who have similar issues. They help each other, and it's really successful. We need to look at more innovative programs for helping people





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# COURT OKAYS URANIUM MINE NEAR GRAND CANYON



*by Amber Reimondo  
Energy Director, Grand Canyon Trust*

After a decade-long legal effort to halt a uranium mine on national forest land not far from Grand Canyon National Park, a court ruling last week denied an appeal that could have shut the mine down for good. The case highlights how challenging it can be to stop a uranium mine on public land — even an unprofitable

one — once it gets its foot in the door.

Canyon Mine (renamed Pinyon Plain Mine in an apparent attempt to distance it from its namesake, the Grand Canyon), sits on the Kaibab National Forest, in a meadow near Red Butte, a sacred site of great religious and cultural importance to the Havasupai Tribe.

## COURT DECISION GREENLIGHTS URANIUM MINE NEAR THE GRAND CANYON

On February 22, 2022, a panel of judges in the 9<sup>th</sup> Circuit Court of Appeals in San Francisco ruled that the Forest Service was justified in ignoring the millions of dollars mining companies have sunk into developing the Canyon Mine when the agency determined that a uranium deposit mere miles from the bustling south rim of Grand Canyon National Park could be profitably mined.

This determination of profitability matters because uranium deposits on public lands are open to mining only if they can be mined and marketed at a profit. And if unprofitable, the mine’s claims could not be grandfathered in under a temporary mining ban established in 2012 to protect the Grand Canyon region.

In the more than three decades since the Forest Service first greenlighted Canyon Mine in 1986, the mine’s owner has yet to produce a single pound of commercial uranium ore or earn a dime of profit from the mine. The Grand Canyon Trust and our partners have said it’s high time the mine close down and clean up before more damage is done, increasing the risk that the company won’t have the money to manage the mess.

The uranium industry has a track record of abandoning uranium mines and taxpayers are still paying for cleanup, including at the Orphan Mine inside Grand Canyon National Park, where an initial cleanup effort is estimated to have cost taxpayers \$15 million. Nonetheless, the court ruled that the Forest Service could ignore the total past costs of developing



*Photo by Bruce Gordon, EcoFlight*

Canyon Mine when weighing whether the uranium company could earn enough to make the enterprise profitable. An expectation of profit going forward, the court decided, was enough.

## THE LONG LEGAL CASE AGAINST CANYON URANIUM MINE

The Havasupai Tribe has opposed Canyon Mine since miners broke ground in the mid-1980s and remains deeply concerned about radioactive pollution from the mine. In the 1990s, uranium prices fell, and the uranium company stopped work. But when uranium prices briefly rebounded, the Forest Service decided that the mine was exempt from the 20-year ban on mining around the Grand Canyon put in place 2012, and that mining could move ahead under the 1986 plan. The Havasupai Tribe, along with the Trust and others, sued.

Last week’s decision is just the latest in a long series of appeals and challenges related to the case. Our attorneys are continuing to weigh legal options.

## WATER PROBLEMS AT CANYON MINE

The risks Canyon Mine poses to the Havasupai Tribe’s cultural identity, its water, and the environment surrounding the mine remain concerns. Workers at Canyon Mine pierced groundwater when digging the mine shaft in 2016, leading to serious flooding problems that have continued

*Continued on page 30*



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**105 Hunter Pl**

**MLS#187357:** Adorable 2 BR;1.5 BA; 972 Sq Ft.; T & G Ceiling in LR is just stunning; Barnwood Walls; Like New Appliances; FAE Furnace plus Pellet Stove and all on a corner lot. First American Eagle Premier One Year Home Warranty provided by Seller.

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**\$450,000**

**420 Lodge Dr.**

**MLS#186363:** WAIT UNTIL YOU SEE THE DEER AND ELK IN THE FOREST RIGHT BEHIND THIS ADORABLE 3 Br 2 Ba ; 1 Car Garage ON THE FOREST LINE. Home is presently on Septic which has just been recently inspected and cleaned. The Sewer tap is already in and paid for by seller as Big Plus. Dual Pane Windows through out.Beautiful brick-like wood burning Fireplace with an Insert and blower in LR. Propane Central Heat. French Doors in DR add a ton of light to the home. A NEW ROOF is coming by Jeff Leland. Log Cabin Shed. Two covered decks; front and back. New Survey has been performed and property is staked. Home is unfurnished with the exception of Refrigerator, Washer and Dryer which convey. Most of back yard is fenced. 7900 SQ FT LOT.

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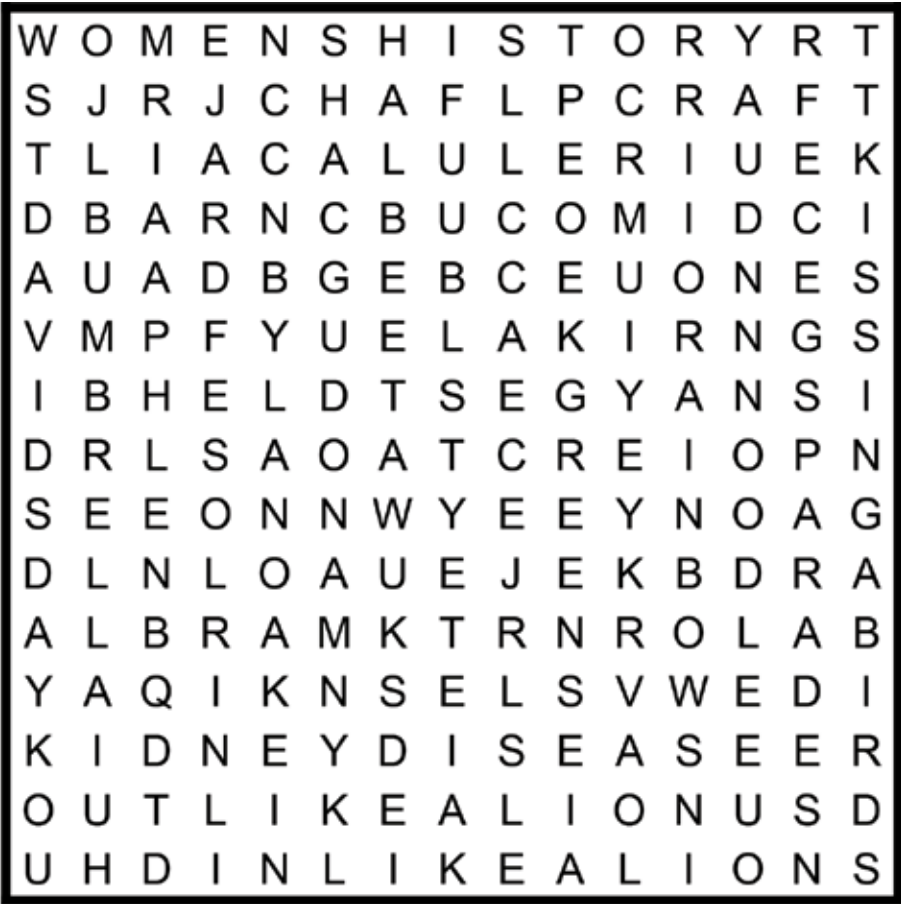
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# WORD SEARCH

Created by Paul Mason  
Solution pg. 38



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| Cabbage | Kissing       | Sauce         |
| Celery  | Lady Day      | Snakes        |
| Craft   | Lemons        | Spring        |
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# INTERVIEW WITH MATT SALMON

Continued from page 17

overcome addictions. My youngest son is a psychiatrist in Washington, D.C., and mental health, especially after COVID, mental health and addiction issues have gone through the roof. We’ve got to address that because homelessness is becoming worse, not better, and it’s because of that, so that’s something I want to focus on big time as governor.

The attorney general won a big settlement from the opioid makers, and it’s close to half a billion dollars. We can use that money to help people beat their addictions, but the answer isn’t like Joe Biden’s, giving crack pipes to people.

## ON ELECTION LAWS

**Q.** How can we ensure our elections are secure and accurate?

**A.** I put out a 10-point plan called the Voter Bill of Rights, and first and foremost, if you don’t have ID, you can’t vote. You’ve got to prove that you’re a citizen and that you’re in good standing, and then you can vote. Look, if you want a beer, you have to give an ID. If you go through the airport, try getting through without an ID. Voting should be the same. This should be a bipartisan thing. Also, we need to put better teeth in our laws to punish those that ballot harvest because that’s nothing more than cheating the system. Then I think we need to get back to precinct voting, and I want to also pass a law that says that within the last 65 days, you cannot change the terms of the election. Last time, in the name of COVID, the judge came in and they changed all the terms of the election. They extended the deadline for registering to vote. They forced the poll workers to work so many feet apart, and they couldn’t see the ballots. What good is a poll watcher that can’t watch the ballots? So, those are some of my thoughts.

## ON REPRODUCTIVE RIGHTS

**Q.** You are pro-Life. Would you support overturning Roe v. Wade?

**A.** Yes, I would. The Supreme Court is deliberating on that right now as we speak. And again, the rhetoric on all this gets pretty heated. At the end of the day, I was raised to believe that life is sacred and that those lives, while they’re still in the womb of the mother, they’re still a life. I believe that our Constitution says that we’re supposed to protect life, liberty and the pursuit of happiness. Life is the first one, so that’s really important to me. Now, I don’t call people names or anything that believe differently than I do, but that’s my belief. I also think we need to do a lot better job in this state helping women who are pregnant with unwanted pregnancies; help them find ways other than abortion to be able to deal with their situation. We need to be compassionate about it and be able to help them.

**Q.** Do you believe there are any exceptions to that rule?

**A.** I believe if it’s to save the life of the mother, obviously.

## ON GUN RIGHTS

**Q.** Do you believe in the right to keep and bear arms?

**A.** Oh, I’m the biggest 2nd Amendment guy you’ll ever meet. When I was a state senator, I sponsored the bill to allow people to carry concealed weapons, so that’s another one I’m really proud of. I’m a very, very strong 2nd Amendment guy. All my years in office, I’ve been A-rated by the NRA. I totally believe that if you don’t stand for the Bill of Rights, you don’t stand for anything, and the Second Amendment is number 2 on the Bill of Rights. It’s not there for duck hunting; it’s there to protect us from a tyrannical

government. I’m a strong believer that one of the reasons we’re free is because we have a 2nd Amendment. We need to keep it; fight for it.

## ON THE ECONOMY

**Q.** On the economy, we are experiencing a 40-year high in inflation, and gas and food prices continue to rise. As governor, what can you do to help Arizonans keep more money in their pocketbook?

**A.** Actually, and this is on my website, too, but I want to get rid of our income tax. I want to get rid of it. Just like Florida, Texas and Nevada have no income tax, and if we do that, really great businesses will be coming here. Just like they are in Florida and Texas, and we will get some of the best paying jobs and that will mean more revenue because they pay sales tax and property tax, and the revenues, I think, will go through the roof.

**Q.** So, how fast could you get that done?

**A.** I want to get that done in the first year.

## FINAL QUESTION

**Q.** Why should Arizonans vote for you?

**A.** I believe Arizona should vote for somebody that actually has a record of accomplishment. You shouldn’t have to roll the dice and hope. How many times have we been lied to by candidates that say they’re going to do something and then they do something completely different when they get elected? I’ve been in office. I was one of the very few who believed so strongly in term limits, that I term-limited myself, and I left when I said I would. Unlike a lot of people, I keep my word.

It’s really important to elect somebody who has a record of keeping their word and a record of doing what they said they’re going to do. I’m the only candidate running for governor that’s got that kind of record. Nobody else has even served. I’ve worked in the private sector most of my life, but I’ve served in public office for about 14 years. I think that is really important that you have somebody that understands the private sector and how important it is to keep government off of businesses’ backs, and also understands from the government perspective how to get things done because I think it’s important that we have a governor that can hit the ground running and doesn’t have to have on-the-job training. I’m the only candidate that’s got the skills, that’s running this time, anyway.

**Q.** I’m not comparing you; I’m just using it as an example... Joe Biden. That was one of Joe’s big selling points, “I’ve been in politics for 40 years... Nobody is more experienced than me.” Voters are getting hip to politicians that have been around for years, and they’re still talking about issues they were going to solve years ago. Same politician. Same problems.

**A.** I’m against career politicians—it’s about service. You go in and do some service, and then get out and let somebody else go in. I’ve not been a go-along, get-along guy. I’ve been a guy that goes in, and I fight my own party when I think they’re wrong. John Boehner was the Speaker of the House when I went back, and I went into his office with two other guys, Jim Jordan and Mark Meadows, and we stared him down. He was the most powerful Republican in the whole country, and we said, “We’ve got the votes to take you out as Speaker. You need to step down,” and he left three days later. So, I’m not afraid to take on my own party when I have to. I fight for the Constitution, and I fight for the people. That’s what I care about. I’m not fighting for the Republican Party. I’m fighting for this, the Constitution. I’m fighting for the things that I care about; the things that are important. I’ve got four kids and nine grandkids. I’m fighting for them.

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# THE VIEW FROM HERE

## CAMELS AND THE BEALE WAGON ROAD



*By William L. Cowan*  
In the Fall of 1857, during the first Great Westward Migration, President James Buchanan appointed Lieutenant Edward Fitzgerald Beale to survey a wagon road from Ft. Defiance

to the Colorado River. This was during the period when Arizona was officially part of the Territory of New Mexico and a scant ten years after the land was taken from Mexico. Then in 1858, Beale used 25 camels as a grand experiment to navigate the arid wastes of what was then known as the Great American Desert and to build what became known as the Beale Wagon Road. Beale was enthusiastic about the performance of the camels and the route.

Today as we wrangle with going to Mars or building the next great space telescope, the camel experiment is interesting. In 1855 at the suggestion of then U. S. Secretary of War Jefferson Davis Congress appropriated \$30,000 to purchase camels. They learned three camels could carry as much as a wagon pulled by a six-mule team and carry that load thirty-five miles a day and several days without a drink of water. Further, the camels could live quite handsomely on sagebrush and scrub. They were, however, not without problems as the following paragraph from Thomas Edwin Farish's 1915 History of Arizona alludes:

"He could travel 16 miles an hour. Abstractly that was a virtue: but when camp was struck in the evening, and he was turned loose to sup off the succulent sagebrush, either to escape the noise and profanity of camp or to view country, he was always seized with a desire to take a Pasear (walk) of twenty-five or thirty miles before supper. While this only took an hour or two of his time, it involved upon his unfortunate driver the necessity of spending half the night in camel chasing; for if he was not rounded up there was a delay of half the next day in starting the caravan. He could carry a ton - this was a commendable virtue- but when two of these heavily laden 'ships of the desert' collided on a narrow trail, as they always did when



Edward Fitzgerald "Ned" Beale (February 4, 1822 – April 22, 1893) was a national figure in the 19th-century United States. He was a naval officer, military general, explorer, frontiersman, Indian affairs superintendent, California rancher, diplomat, and friend of Kit Carson, Buffalo Bill Cody, and Ulysses S. Grant.  
– Library of Congress Photo

an opportunity offered, tons of supplies were scattered over miles of plain and unfortunate camel pilots had to gather up the flotsam of the wreck, it is not strange that the mariners of the arid wastes anathematized the whole camel race from the beast the profit rode down to the smallest imp of Jefferson Davis' importation."

Horses and mules have an "unconquerable" fear of these hump-backed denizens of the desert and were known to "buck their loads" and run away when in their presence. Because American mule skinnners had little patience or knowledge of the ways of camels - six Arabs, including a Bedouin of the Desert and a professed camel doctor, came along. Two individuals, "Hi Jolly" and "Greek George" were responsible for the camels as they crossed Northern Arizona with Beale.

In 1859, on a subsequent expedition, Beale's work crew smoothed out the route, built a few bridges, dug ways, and located water sources. The Beale Wagon Road then served many immigrants on their way West, including the Arizona Gubernatorial Party, which came to Granite Creek and what would become Prescott. They came west when Arizona Territory was separated from New Mexico in 1863. As the Civil War drew attention and resources

away from the West, the camels ultimately were released and, for years afterward, ran wild and multiplied freely. Much of Beale's route would later be followed by the Atlantic and Pacific (Santa Fe) Railroad. The road was finally reconstructed as "The Old Trails Highway" and then Highway 66 and lastly replaced by Interstate 40.

As Spring nears and you plan your escape out the back gate into the great alone for the cleansing refreshment of another season in the outdoors, watch out for those remnant camels or the ghosts of Hi Jolly and Greek George a-humpin' through the pines.

When you go, drive carefully, be extra careful with fire, and please leave the area cleaner than you found it.

Enjoy Northern Arizona!





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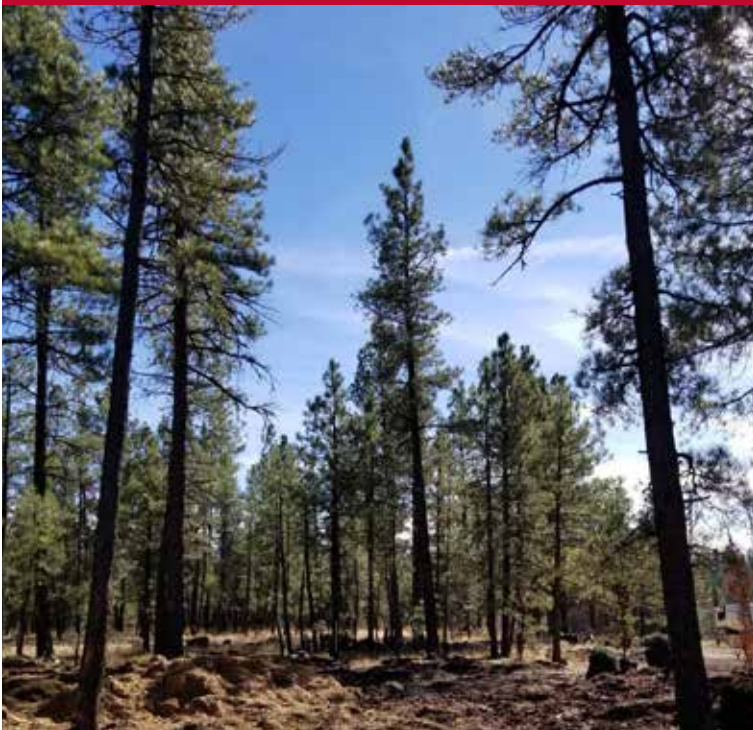
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Beautiful lot with easy access to I-17 Highway. Electricity & water at front of property line. Paved Road. Water well shared with 4 other parcels. Horses are OK and there is no HOA. Circle Dr. & fenced area to store building materials. Heavy treed at front of sloping lot. to meadow below. West & South property line runs with fencing, East property line runs a couple feet East of Storage fencing. There are some stakes on property marking E. border. Buyer to confirm all information & measurements.

22846 FOX RANCH RD 2, Munds Park, AZ 86017



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- ✓ Lot is a Square Rectangular Shape with Gentle Sloping
- ✓ Treed Lot with meadow

- ✓ Horse Property
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# GARDENING IN THE PARK

## GROWING YOUR PLANTS (AND YOUR SKILLS) THIS YEAR



We love this time of year. It's not quite spring and our home gardens are mostly just plans in our heads. We'll put the vegetable patch here, we think. Maybe we'll grow some wildflowers in that section by the front walk. And this is the year we are finally going to get some nice strawberries going.

At Warner's, this is also the time of year when we promote two things that we believe will ensure the success of your garden. The first is getting an early start by cultivating seeds indoors until the weather is more hospitable for your flowers and edibles.

The second is growing your gardening knowledge through our series of free Saturday classes called Root Camp.

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Many of your horticultural ambitions start with the humble yet utterly amazing seed, that tiny packet of potential that can turn bare earth into flowering bounty. With a little care and commitment, seeds can bring the garden of your dreams into reality.

Scientifically speaking, seeds are a flowering plant's method of reproduction. Each seed contains an embryonic version of its parent plant and that embryo's nutrient supply, all wrapped up in a protective coat.

But how do you coax tomatoes, marigolds, nasturtiums, herbs and more from these powerful little specs? We can help.

### TIPS ON GROWING FROM SEED

First, gather the right supplies. In addition to the actual seeds, you'll need containers, soil and, eventually, fertilizer. While any container about two or three inches deep can be used, we suggest seed trays that make it easy and convenient to begin your project.

Resist the temptation to use dirt from your garden or recycle houseplant soil; seedlings need fresh soil. In fact, your best bet is to go with special seedling mixes which have a lighter weight. The big benefit of these special soil mixes is the soil's lighter weight – it ensures the seeds don't retain too much water, which could lead to rot, and also makes it easier for the seedling to break through the soil once it germinates. We have several different brands to choose from at Warner's Nursery.

Now get planting. Moisten your soil and pack it in your container or tray firmly to eliminate gaps. Check your packaging to determine if you should sprinkle your seeds on top of the soil or bury them. Give the planted seeds a little more water with a mister or small watering can. You might want to cover the seeds with plastic wrap or a plastic dome to keep that moisture in before they germinate, removing the cover when you see the seedlings start to grow.

Once your plants have cracked their shells and you are seeing a little green, you'll want to add some fertilizer to provide nutrients. Your seedlings will also need a lot of light. South facing window exposure is best or under a lighting system, but if you go that route, remember to not have the lights on all the time. Seedlings need darkness too so they can rest.

Then it's time to get them transplanted, but you will want to expose your seedlings to the great outdoors gradually before you move them into their final container or garden bed. One way to do this is to leave the seedlings out during the day and then bring them back in at night so they can adjust and "harden" to the elements.

Warner's Nursery would love to help you pick the right seeds and supplies to jump-start your garden, and we have lots of friendly staff with great advice on how you can successfully grow flowers and food from seeds.

### 'ROOT CAMP' BEGINS MARCH 12

If you are new to gardening, have run into gardening challenges in the past, or just want to brush up on your skills, Warner's Nursery is offering our annual Root Camp.

These 15 classes will be offered on Saturdays at 10 starting March 12.

There are classes on understanding your soil, container gardening, installing a drip irrigation system, building the perfect garden to attract pollinators, hydroponics and much more.

You can see the full list of classes at the Warner's Nursery website at [warnercompanies.com](http://warnercompanies.com). Class size is limited to 30 for most classes and to 10 for the Crop and Garden Planning class on April 2. To reserve your spot, please email Warner's Nursery at [info@warnercompanies.com](mailto:info@warnercompanies.com).

Almost all of the classes will be led by certified Master Gardeners, people who have undergone extensive education and training through the University of Arizona Cooperative Extension program.

These Root Camp experts will give you invaluable tips and tools you need for gardening success. They aren't they only experts rooting for you this year; our Warner's Nursery employees are also on hand every day to answer your questions and provide guidance. Just give us a call at (928) 774-1983 or visit us down at the nursery.

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# CBD OIL FOR PAIN

## *Does it work?*

### TREATING CHRONIC PAIN WITH CBD

After spending 25 years in the army, Nichole Taveres-Gibbs was medically retired with a disabling brain condition. It all started with severe migraines, and then an MRI revealed that she was suffering from Chiari malformation, a structural brain defect that affects balance.

After undergoing surgery, she remained in severe pain. Prescription pain medications were the only available treatment, and she took opioids for the next three years—at less than the prescribed dose for fear of addiction. But although she was taking 23 pills a day, the unrelenting, debilitating pain continued.

And then, her doctor suggested trying CBD. It helped so much that five months later, Taveres-Gibbs opened a store that sells only hemp-derived CBD products to help others get relief. Although she still walks with a cane, Taveres-Gibbs no longer needs so many pain pills and has taken back her life. And she isn't alone.

Others who have experienced pain relief from hemp-derived CBD range from champion athletes to Hollywood celebrities. For some, CBD soothes aching feet on the red carpet, relaxes a tight neck on a Broadway stage, or improves a golf swing on the PGA tour. For others, it puts a new lease on life by calming chronic, debilitating pain that used to turn every day—and many nights—into misery.

#### DID YOU KNOW?

Most chefs view CBD in drinks and food—from appetizers to main dishes to desserts—as the top two dining trends, according to the National Restaurant Association.



### WHAT IS CBD?

CBD is found in both the hemp and marijuana plants, so it sometimes gets confused with marijuana or raises concerns about getting “high” or “stoned.” But CBD has no such effect. Another ingredient in marijuana, THC, is the psychoactive one.

In supplements and topical products sold outside of marijuana dispensaries, CBD comes from hemp plants, which naturally contain only trace amounts of the psychoactive THC. By law, hemp plants must contain no more than 0.3 percent THC, and some supplements are made in a way that leaves zero THC in the finished product.

### HOW CBD RELIEVES PAIN

Researchers once believed that CBD worked by binding with specific receptors: CB1 and CB2. But now, it's become clear that this isn't its mechanism of action. Rather, it seems to balance our endocannabinoid system.

This system influences inflammation, nerves (which transmit pain), brain health, immune function, mood, and other processes. Our bodies naturally make endocannabinoids—some people's more than others—and CBD contains similar substances that help to restore endocannabinoid balance.

Along with CBD, the hemp plant contains other compounds that influence the endocannabinoid system in a beneficial way, often referred as the “entourage effect.” Some “full-spectrum” CBD supplements include other hemp ingredients for this reason.

### CBD RESEARCH RESULTS

The widespread popularity of hemp-derived CBD is a relatively recent

*Continued on page 31*



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# COURT OKAYS URANIUM MINE

Continued from page 19

ever since. To date, more than 40 million gallons of water contaminated with arsenic and uranium have been pumped out of the mine shaft into an open-air evaporation pond, misted into the air, and hauled away by truck. The pond attracts birds and other wildlife. Because the underlying rock is highly fractured, not just beneath Canyon Mine, but across the Grand Canyon region, scientists may never understand how far, how fast, and in what directions groundwater flows. Consequently, it's unclear exactly where or when contaminated water from the mine could appear and that's one reason why uranium mining has no place in such a culturally, ecologically, and economically important region.

## PROTECTING THE GRAND CANYON FROM URANIUM MINING

The years-long legal effort to halt Canyon Mine demonstrates how difficult it can be to stop a uranium mine once it gets its foot in the door, no matter how ill-conceived the mine might be. The temporary mining ban on public lands surrounding the Grand Canyon can't stop mines that are grandfathered in, but it can stop new mines. The ban, put in place in 2012, expires in 2032. There was significant pressure from the mining industry and its allies during the Trump administration to review and revise mining bans such as this one.

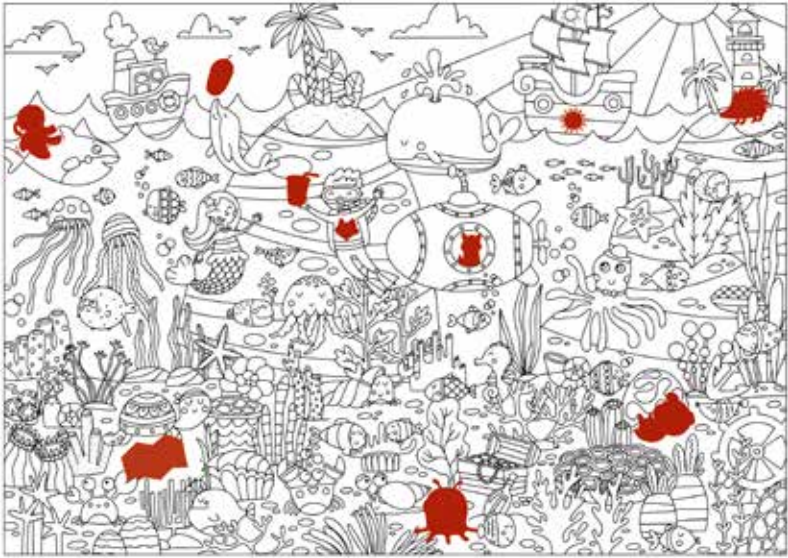
More than 600 active mining claims in the current mining ban area around the Grand Canyon are waiting it out one way or another. We need permanent protection for the Grand Canyon to stop these claims from being developed and new ones from being staked. We need the temporary mining ban to be made permanent.

## ACT NOW

Urge your senators to support, co-sponsor, and push for a committee hearing for S. 387, the Grand Canyon Protection Act, to permanently ban new uranium mines on public lands around the Grand Canyon.

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# CBD OIL FOR PAIN

Continued from page 29

development, and research is catching up with demand. So far, animal studies and small human trials have found that CBD relieves arthritis and other pain, and more than 190 new studies of CBD are underway.

In the past, human pain-relief trials tested CBD only from the marijuana plant, which was combined with the psychoactive THC. The focus was on THC, with the belief that it was the key pain reliever, but that’s not the case.

Researchers at Syracuse University, in New York, recently reviewed 40 years of research—including more than 1,800 American and European studies—on marijuana that contained mostly THC. Of these, they scrutinized the best 18 studies, which followed more than 440 adult participants. They concluded that THC didn’t reduce the intensity of pain. In addition to inducing a “high,” THC slightly increased pain thresholds and made pain feel less unpleasant and more tolerable.

In contrast, researchers at McGill University in Canada identified CBD as the real pain-relieving ingredient. Their conclusion: Given that CBD doesn’t have the psychoactive, and potentially dangerous, effects of marijuana, it’s a safe alternative to opioids and other drugs for chronic pain, including back pain, sciatica, diabetic neuropathy, and pain related to cancer and trauma. In short, it’s an all-round pain reliever.

## HOW MUCH CBD TO TAKE

There is no standardized dose, and CBD effects vary from one person to another. As a rule of thumb, low doses seem to work best for pain relief.

The Arthritis Foundation recommends taking 5–10 mg of CBD, twice daily, and gradually increasing to 50–100 mg daily, if needed. Topically, CBD in creams and lotions can be rubbed on painful areas.

*Written by Vera Tweed for Better Nutrition  
licensed through Matcha publishing.*

# MOUNTAIN LIONS LOVE THE PARK

Continued from page 9

- Keep pets indoors, on a leash, or in a secure enclosure. Roaming pets can be easy prey for mountain lions and other predators. Do not feed pets outside; the food can attract javelina and other mountain lion prey.
- Don’t feed wildlife! By feeding deer, javelina, or other wildlife in your yard, you may inadvertently attract the larger predators that prey on these animals.
- Trim landscaping around your home, especially near children’s play areas. Remove dense and low-lying vegetation that provide hiding places for predators.

## REPORT MOUNTAIN LION SIGHTINGS

To report a mountain lion sighting or encounter, please call the nearest Arizona Game and Fish Department regional office during weekday business hours. During non-business hours, call the Arizona Game and Fish Department radio dispatcher at (623) 236-7201.

## KNOW THE LAW

Mountain lions are classified as big-game animals in Arizona, and take is regulated by state law. A valid hunting license and tag is required to take a mountain lion, except in the case of depredation or human safety.

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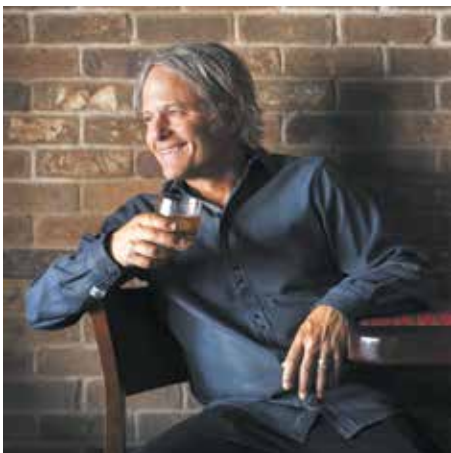
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# AN ART, FOOD AND WINE EXPERIENCE TO BENEFIT HOSPICE OF THE VALLEY



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Chef Mark Tarbell



Internationally acclaimed sculptor Carl Dahl says “ horses are beauty, power and freedom rising to complete the perfect form.”

By Lin Sue Flood

What could possibly top an evening of fine art, delicious food and excellent wine? Perhaps enjoying all three while supporting a cause that is near and dear to your heart!

Hospice of the Valley is excited to bring back its signature fundraiser: AAHA! Art. Food. Wine. In 45 years, no one in need of care has been turned away by

our not-for-profit agency, and that is largely due to community generosity.

We are so grateful to local businesses and individuals whose donations make this event shine with beautiful pieces of art and memorable experiences ranging from a fabulous trip in Greece (Athens, Crete, Santorini) to a private dinner for friends prepared by local chefs.

This year’s art selection is extensive with more than 70 pieces, including an elegant, fiery-red enamelwork horse sculpture from Carl Dahl’s private collection. Among other favorites is a stunning statement piece by artist Judy Tuwaletstiwa, a huge canvas painting adorned with hundreds of delicate feathers — bold and ethereal at the same time.

The evening, at the JW Marriott Scottsdale Camelback Inn on March 12, features a spectacular dinner, raffle, a silent auction and a live auctions conducted by dynamic auctiontainer Letitia Frye. We also pay special

recognition to this year’s honoree, iconic Arizona chef Mark Tarbell, for all his charitable work in our community.

Proceeds benefit Hospice of the Valley patients and families who need hospice care, supportive care for chronic illness or dementia care. A portion of funds raised will be allocated to the new Dementia Care and Education Campus in central Phoenix, which offers comprehensive care for people living with dementia and vital resources for the community. This is a unique place where health professionals, students and caregivers learn best practices for providing exceptional dementia care.

The campus is an extension of our dementia program, reaching out into our community with supportive care that is offered at no charge to families living with all types and all stages of the condition. Dementia educators make home visits to show stressed family caregivers new ways of connecting with loved ones throughout the dementia journey. They also provide resources and support groups to help caregivers cope with inevitable challenges and practice self-care.

For more information on AAHA! or opportunities to support Hospice of the Valley, contact Melissa at [mecollins@hov.org](mailto:mecollins@hov.org), call (602) 636-6380 or visit [hov.org/aaha](http://hov.org/aaha).

Lin Sue Flood is community engagement director at Hospice of the Valley.



## 45 years of *caring*

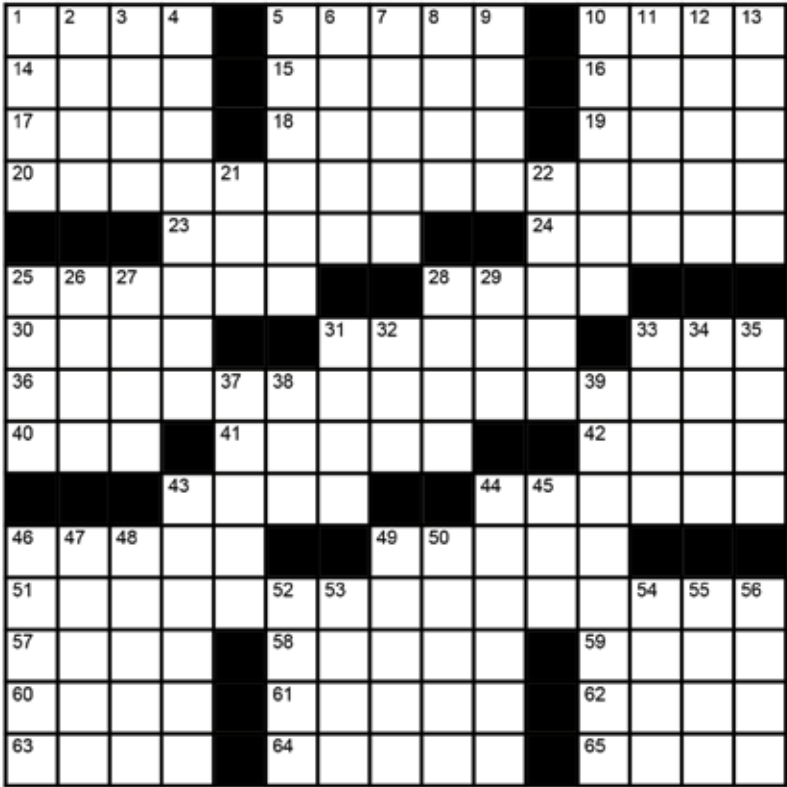


(602) 530-6900 [hov.org](http://hov.org)



# CROSSWORD PUZZLE

Created by Paul Mason  
Solution pg. 38



- Across**

  - 1. Flight data, briefly
  - 5. Pub game
  - 10. Stops up
  - 14. Hurry up
  - 15. Irregularly notched
  - 16. Chemical compound
  - 17. Voting “no”
  - 18. Young hog
  - 19. Musical finale
  - 20. March 17th
  - 23. Plunders
  - 24. Film units
  - 25. Prince of Monaco
  - 28. Downhill racer
  - 30. Actress Sorvino
  - 31. Used
  - 33. Free from, with “of”
  - 36. A tomato of an exceptionally large and firm variety.
  - 40. “That’s \_\_\_\_ ...”
  - 41. Common aspiration
  - 42. Bad day for Caesar
  - 43. Kisser
  - 44. Jerks
  - 46. Jellied garnish
  - 49. Swings around
  - 51. A department of the federal executive branch primarily responsible for making and conducting foreign policy
  - 57. Low islands
  - 58. Having a lot to lose?
  - 59. Length x width, for a rectangle
  - 60. Also known as carbamide
  - 61. Fair-sized musical group
  - 62. Hopper
  - 63. Dish cooked in a pot
  - 64. Diary bit
  - 65. Dangerous biters
- Down**

  - 1. Baseball stats
  - 2. Yellowfin, e.g.
  - 3. \_\_\_\_ Spumante
  - 4. Wintergreen
  - 5. Tyrant
  - 6. Nirvana attainer
  - 7. Genealogy
  - 8. Ivan the Terrible, e.g
  - 9. Son of Ramses I
  - 10. Flattened
  - 11. Battery part
  - 12. Relating to form
  - 13. Kills, as a dragon
  - 21. Craggy peak
  - 22. Doctrine
  - 25. Early pulpit
  - 26. Emulated Pinocchio
  - 27. Brought up
  - 28. Punjabi believer
  - 29. Allow
  - 31. Guinea pigs, maybe
  - 32. Fond du \_\_\_\_, Wis.
  - 33. X-ray units
  - 34. Big-ticket \_\_\_\_
  - 35. Iddo
  - 37. Soy
  - 38. “ \_\_\_\_ the season ...”
  - 39. An unwholesome or oppressive atmosphere
  - 43. A large saw with handles at each end
  - 44. Pledge
  - 45. Most preferred
  - 46. Spores
  - 47. Begin
  - 48. Check endorser
  - 49. All tuckered out
  - 50. Light in a light show
  - 52. Completed
  - 53. Black, in poetry
  - 54. Cupid’s counterpart
  - 55. Half-moon tide
  - 56. Little ones



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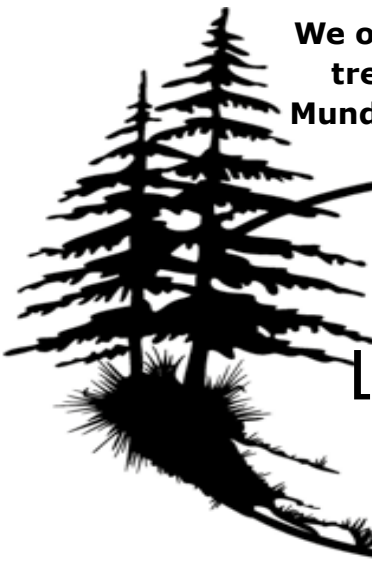
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**SUDOKU**

Created by Paul Mason  
Solution pg. 38

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|---|---|---|---|---|---|---|---|---|
| 6 |   |   |   |   | 2 |   |   |   |
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| 7 | 2 |   |   |   | 9 |   |   | 8 |
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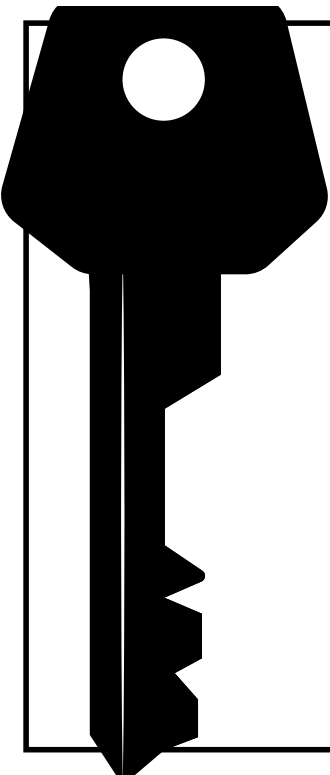
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**6244 ARTICLES ON INCORPORATION OF  
(An Arizona Business Corporation)**

1. Name: The name of the Company is Creative Cabinetry & Interiors.
2. Initial Business: The Company intends to conduct the business of cabinetry retail.
3. Authorized Capital: The Company shall not issue any shares.
4. Known Place of Business (In Arizona): 5 W. Cherry Ave, Flagstaff, AZ 86002.
5. Statutory Agent and Address (In Arizona): Gregory Cooney, PO Box 23595 Flagstaff, AZ 86002.
6. Board of Directors: The Company has no Board of Directors. The Governing Body is Gregory Cooney, the CEO of Creative Cabinetry & Interiors. All powers, duties and responsibilities of the Company shall cease at the time of delivery of these Articles of Incorporation to the Arizona Corporation Commission.
7. Indemnification of Officers, Directors, Employees and Agents: The Company shall indemnify any person who incurs expenses or liabilities by reason of the fact that he or she is or was an officer, director, employee or agent of the Company or is or was serving at the request of the Company as an officer, director, employee or agent of another corporation, partnership, joint venture, must or other enterprise. This indemnification shall be mandatory in all circumstances in which indemnification is permitted by law.
8. Limitation on Liability: To the fullest extent permitted by Arizona Revised Statutes, as the same exists or may hereafter be amended, a director of the Company shall not be liable to the Company for monetary damages for any action taken, or any failure to take action as a director. No repeal, amendment, or modification of this article, whether it be direct or indirect, shall eliminate or reduce its effect with respect to any act or omission of a director of the Company occurring prior to such repeal, amendment or modification.

EXECUTED this 20th day of January, 2022 by the CEO.  
/s/ Gregory Cooney PHONE: (928)213-1471

Acceptance of Appointment by Statutory Agent. The undersigned hereby acknowledges and accepts the appointment as statutory agent of the above-named corporation effective this 20th day of January, 2022.

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DO YOU HAVE A STORY TO TELL?**

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OUR READERS WOULD LOVE TO READ WHAT YOU HAVE TO SAY!

SEND STORIES TO [HELLO@THEPINWOODNEWS.COM](mailto:HELLO@THEPINWOODNEWS.COM)



# MUNDS PARK COMMUNITY CHURCH

## PRAY FOR UKRAINE



By  
Steve Bowyer  
Pastor, Munds  
Park Communi-  
ty Church

We are seeing that phrase frequently on Facebook. We hear it said often. We prayed for the Ukrainians in church yesterday. Maybe we assume everyone knows what to pray. Do you? What should we pray for the Ukrainians?

Obviously, pray for peace. Pray that President Putin changes his mind and withdraws his troops from Ukraine. But, what if he does not? God gives everyone the freedom to make choices and Putin's choice may be to continue his assault. What do we pray then? Is it hopeless for the innocent Ukrainians? No.

Pray that the faith of the Christians in Ukraine would be strong. Pray that they would live by their faith. Pray that, because their faith is strong, they would not panic, but experience the peace that Jesus provides those whose faith is strong.

“Now faith is confidence in what we hope for and assurance about what we do not see.” (Hebrews 11:1)

Those who live by their faith in God always have hope. We believe God is always at work in good ways behind the scenes. They will be revealed in time. Even if at the current time, the situation seems dire. We never lose hope.

When Jesus led the disciples into a boat and across the sea, a storm suddenly blew up. Just prior, Jesus fell asleep in the front of the boat. As the storm raged, the experienced fishermen and boatsmen knew their situation was dire. If God did not intervene, they were going to die. In a panic, they woke Jesus up and pled with Him to do something to save them. He did. He calmed the storm.

Then, Jesus scolded the men. “Where is your faith!’ In fear and amazement, they asked each other, ‘Who is this? He commands even the wind and the water, and they obey Him!’” (Luke 8:25)

He scolded them for their faithless panic. He did not get onto them for asking for help. He wanted them to ask Him. He wanted them to wake Him. Jesus wants us to cry out to Him asking for help in difficult circumstances.

Asking for help is a sign of faith in Who Jesus is. Panicking is a sign of a lack of faith.

They had no idea He could immediately calm the storm with a word. Jesus is not limited by what we know to ask for. We just need to ask, believing He will do something great.

In 2001, The McKameys released a song and a lyric in the chorus goes like this, “Sometimes He calms the storm. Sometimes He calms me.”

Jesus did not die to bring Heaven to us. He died to get us to heaven. When we experience Hell on earth, we should not be surprised nor should our faith waiver. God is still at work in good ways that will show themselves in the future. Our mental, emotional, and spiritual health can be maintained even while our physical health is threatened.

Habakkuk faced a similar problem as the Ukrainians. Nebuchadnezzar was an egotistical tyrant whose goal was to be the world power. Babylon (Iraq) was going to invade. They

would kill many innocent people. They would displace the rest. They would prevent them from worshiping God. And they would control the land that had been occupied by Israel for generations.

Habakkuk was distraught. He cried out to God, asking what the faithful believers should do.

God's reply, “The righteous will live by faith.” (Habakkuk 2:4)

We want heaven on earth. We want life to go as easy and good as possible. Yet there are times we all face when life is not so good. We are coming out of a pandemic, our economy is unstable, inflation is skyrocketing and that is just this week. What should we do?

We should practice what we pray. Practice a strong faith that is confident that the future will get better and certainty that God is at work in good ways we cannot see now. Cry out, ask Jesus for help. But do not panic. Stand strong, remain calm, and watch for the good work that God is doing to show itself in unexpected ways.

For more information about our church go to our website, [mpcc.church](http://mpcc.church).

**“STAND STRONG, REMAIN CALM, AND WATCH FOR THE GOOD WORK THAT GOD IS DOING TO SHOW ITSELF IN UNEXPECTED WAYS.”**

### CROSSWORD

Solutions

|        |            |        |
|--------|------------|--------|
| ETAS   | DARTS      | DAMS   |
| RUSH   | EROSE      | ENOL   |
| ANTI   | SHOAT      | CODA   |
| SAINT  | PATRICK    | DAY    |
| LOOTS  | REELS      |        |
| ALBERT | SLED       |        |
| MIRA   | PLIED      | RID    |
| BEEF   | STEAK      | TOMATO |
| ODD    | AITCH      | IDES   |
| PUSS   | SPASMS     |        |
| ASPIC  | SLUES      |        |
| STATED | DEPARTMENT |        |
| CAYS   | OBESE      | AREA   |
| UREA   | NONET      | TOAD   |
| STEW   | ENTRY      | ASPS   |

### WORD SEARCH

Solutions

|                  |
|------------------|
| WOMENSHISTORYRT  |
| SJRJCHAFLPCRAFT  |
| TLIACALULERUEK   |
| DBARNICBUCOMIDCI |
| AUADGGEBCEUONES  |
| VMPEYUFLAKIRNGS  |
| IBHELOITSEGYANSI |
| DRISGAOATCREIOPN |
| SEEONNWEIEYNOAG  |
| DLNLOAUEIEKBDRA  |
| ALBRAMKTRNROLAB  |
| YAQIKNSLSVWEIDI  |
| KIDNEYDISEASEER  |
| OUTLIKEALIONUSD  |
| UHDINLIKEALIONS  |

### SUDOKU

Solutions

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 7 | 5 | 9 | 2 | 8 | 1 | 3 |
| 2 | 1 | 9 | 8 | 4 | 3 | 7 | 6 | 5 |
| 5 | 3 | 8 | 1 | 6 | 7 | 2 | 9 | 4 |
| 1 | 7 | 5 | 9 | 3 | 8 | 4 | 2 | 6 |
| 3 | 9 | 4 | 7 | 2 | 6 | 5 | 8 | 1 |
| 8 | 6 | 2 | 4 | 1 | 5 | 3 | 7 | 9 |
| 4 | 8 | 6 | 3 | 7 | 1 | 9 | 5 | 2 |
| 7 | 2 | 3 | 6 | 5 | 9 | 1 | 4 | 8 |
| 9 | 5 | 1 | 2 | 8 | 4 | 6 | 3 | 7 |

### WORD SEARCH

KIDS

Solutions

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | B | M | W | R | I | N | N | E | A | O | O | N | P |
| I | B | I | A | T | S | S | P | E | E | D | S | S | C |
| O | A | P | R | J | R | A | T | S | S | P | O | F | O |
| T | L | T | I | D | E | E | O | I | R | T | A | O | C |
| A | D | H | B | S | H | S | E | T | T | A | R | R | O |
| F | E | A | S | G | N | A | T | T | W | A | I | E | N |
| E | A | E | W | A | J | A | B | I | O | I | W | S | I |
| A | G | R | O | M | T | C | P | I | C | P | C | T | N |
| T | L | O | E | M | T | B | S | T | B | T | P | O |   |
| H | E | G | P | R | G | R | G | R | W | G | A | I | F |
| E | D | F | L | I | G | H | T | G | M | N | T | O | S |
| R | O | E | C | C | E | C | S | J | N | R | I | T | N |
| S | E | O | S | A | P | A | S | T | B | P | G | W | T |
| N | L | A | C | N | A | S | P | B | A | C | S | H | A |



# JUST ONE MORE

**"I WANT THE WOMEN TO REALIZE THAT THEY WILL HAVE TO MAKE A CONCERTED DEMAND FOR THE THINGS THEY WANT, AND NOT MERELY PRESENT A BILL AND ASK SOMEONE TO PUT IT THROUGH FOR THEM. I WANT THEM TO GET INTO THE BATTLE THEMSELVES."**

— FRANCES MUNDS



*Photograph shows Frances Lillian Willard Munds (1866-1948) who won election to the Arizona Senate in 1914. (Source: Flickr Commons project, 2011)*

## FRANCES LILLIAN WILLARD MUNDS

By the time a woman becomes a grandmother, she's not expected to step out of her home and into a political career, even these days. But that is exactly what former schoolteacher Frances Willard Munds did January 11, 1915, when she took office as a senator in the second Arizona Legislature. She was the first woman senator in Arizona and the second in the United States.

Momentous as the occasion was, it was not her first foray into the public limelight. Frances Munds was an active clubwoman from Prescott who became involved in the Arizona Women's Christian Temperance Union. This led to her involvement in the Arizona Equal Suffrage Association in 1903. She served as president of the state suffrage association from 1909 to 1912. The women struggled for years to convince male legislators and voters to grant women the right of franchise. During Arizona's constitutional convention, Munds lobbied for a pro-suffrage plank but was unsuccessful. Finally Arizona women won the right to vote in 1912 through an initiative measure, shortly after Arizona became a state.

Born in June 10, 1866, in Franklin, California, Frances Willard's earliest wish was to go to school. She got her chance when she moved to Maine where she lived with her sister's family, attending Central Institute in Pittsfield. Meanwhile, her parents moved from California to Prescott, where her father, John Willard, became a well-known cattleman.

In 1885, when Frances was 19, she joined her parents in Prescott, teaching school in Yavapai County. Her paternal grandfather had been a member of the Lewis and Clark Expedition, and her maternal grandfather, Col. James R. Vineyard, was a member of the Wisconsin Territorial Legislature. Maybe it was this heritage, or possibly it was her educational background, but Frances was deeply involved in the suffrage campaign by the time she was married five years later to John L. Munds.

In 1914, at the age of 48, Frances Munds won election as senator from Yavapai County. "The women were splendidly loyal in the way they supported me," she said later. "There were seven candidates in the field with only two to be elected. Four of the other candidates were lawyers and one was a cattle king who was backed by the corporations and a portion of the liquor men. Fortunately, the saloon men did not support this particular candidate, and so I won the race."

Her margin of victory was wide—she won 600 votes more than the second place candidate. The victorious new senator said, "We believe that we have proved ourselves worthy of the ballot. Women have been earnest in their endeavors to support the best candidate and to work by the right means for the right measures."

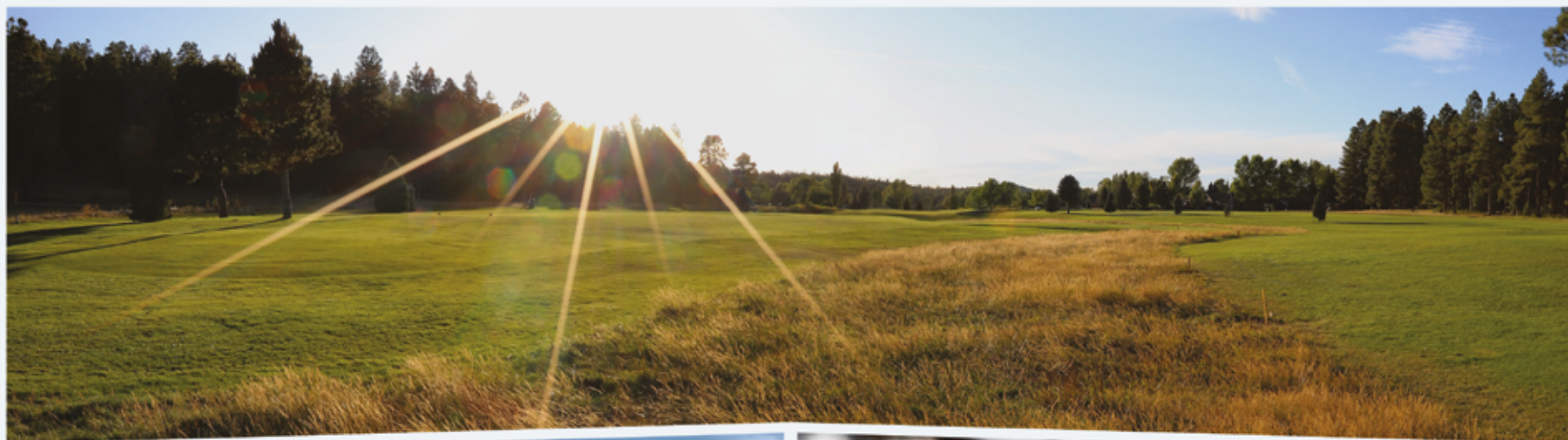
Frances Munds took her place in the upper legislative chambers January 11, 1915, commenting to a newspaper reporter later, "Our friends, the trueblue conservatives, will be shocked to think of a grandmother sitting in the state Senate." Shocking or no, she got right to work and introduced several bills. In her two year term, she served on the Land Committee, which formulated policy dealing with control and disposition of all state lands, and the Committee on Education and Public Institutions, of which she was chairman.

The women of Arizona nominated Frances Munds to another public office in 1918, the office of secretary of state, but she was defeated 17,325 to 12,034 in the primary election. That was the last time she ran for office, withdrawing from public life in her later years.

She died at age 82 on December 16, 1948.

*Printed with permission by the Arizona Women's Hall of Fame*





# PINEWOOD COUNTRY CLUB IS HIRING!

**PINEWOOD COUNTRY CLUB IS ACTIVELY SEEKING ENTHUSIASTIC,  
ENERGETIC PEOPLE THAT WOULD LIKE TO JOIN OUR GREAT TEAM!**

We are now taking applications for the following positions:

Line Cooks / Dishwashers / Prep Cooks / Servers

Bartenders / Bar Back / Front Desk / Golf Service Attendants

Part Time Clubhouse Maintenance

**Applications can be found on the Pinewood Country Club  
website, under Contact Us / Employment or contact Gary Pearce  
at 928.286.9031 or [gpearce@pinewoodcountryclubaz.com](mailto:gpearce@pinewoodcountryclubaz.com)**





# PINWOOD NEWS KIDS!

MARCH 7, 2022



## ATTENTION HIGH SCHOOLERS! IT'S TIME TO APPLY FOR THE PPOA SCHOLARSHIPS.

Each year the Pinewood Property Owners Association awards scholarships for Munds Park students graduating from a Flagstaff school.

We are looking for kids who enjoy learning, are involved in activities, and support their community whenever possible!

Apply today, and you could receive \$1,500 per semester, and if you maintain a good grade average, you could receive the scholarship for all four semesters.

Scholarships are awarded for any accredited college or trade school.

### APPLY TODAY!

Applications are available with school counselors or contact Lois Barnes at (480) 250 4140.

**DEADLINE IS MAY 30, 2022**

## HELLO MUNDS PARK KIDS & TEENS! WE WANT TO HEAR FROM YOU!

Send us your short stories, poetry, art, or photos for a chance to be published in the Pinewood News! Or, if you have a story you want to share but need help with the writing, we can do that too!

Email us at [Hello@ThePinewoodNews.com](mailto:Hello@ThePinewoodNews.com) or call us (928) 286-9827.

We can't wait to hear from you!

Trevan Ridge keeping up on current events!



# real



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*Sponsor of the Pinewood News Kids!*



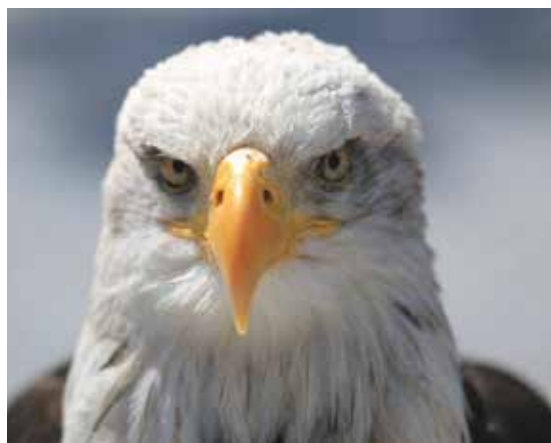
# **PINEWOOD NEWS KIDS!**

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## **WILD FACTS ABOUT BALD EAGLES**

Did you know, right here in Munds Park and in our forest, live bald eagles? These graceful birds have been the national symbol of the United States since 1782.

If you go to Lake Odell, keep an eye out. Rumors are you can spot them there!



The American Bald Eagle  
*Photo by Pixaby*

### **I AM NOT BALD!**

The bald eagle isn't really bald! Its head is covered with short, white feathers. The term "bald" is from the Old English word "balde" which means white.

### **EAGLE-EYED AND FAST.**

Bald eagles can fly over 10,000 feet high, and

their great eyesight lets them see fish up to a mile away. When they attack, they drop down at up to 100 miles an hour! Then they glide just above the water, snag a fish with their feet, and fly off to eat it.

### **WINGS TALLER THAN YOU!**

A bald eagle is less than 4 feet tall, but its wings can span from 5.5 to 8 feet! In addition, if a bald eagle loses a feather on one wing, it also loses a matching one on the other wing. This way, the bird stays balanced.

### **THEY ARE DAREDEVILS.**

It's crazy! While flying, bald eagles sometimes grab each other's feet and spin while falling to the earth. We are not sure why they do this. Maybe it's a love dance or battle over territory. Usually, the pair will separate before hitting the ground. But sometimes, they hold tight and don't let go!

### **THEY SOUND SILLY.**

Bald eagles sound so silly that Hollywood changes their voices! You've probably seen in movies where an eagle flies overhead and makes a loud, threatening call. The only problem? Bald eagles don't make that sound.

Instead, their calls sound like a high-pitched giggle. Eagles sound so



What big nests eagles make!

*Photo by Pixaby*

funny that Hollywood makes their calls sound like the thunderous cries of a smaller bird, the red-tailed hawk.

### **THEY STEAL FOOD AND EAT TRASH.**

Bald eagles rule the sky and can easily swoop over a lake to catch a fish in their powerful claws. But eagles are kind of lazy. They often roam for dead animals, steal the kills from other birds, and even rummage in dumpsters.

One of our founding fathers, Benjamin Franklin, thought the bald eagle was a poor choice for a national symbol because it steals food from other birds. He didn't think stealing food was very nice.

### **BIG BUILDERS.**

Bald eagles are master nest builders. An eagle pair usually make a large nest high in a tree. They come back to the same nest year after year. Each year they will add more twigs, grass, moss, feathers, and branches until it becomes huge. The largest known eagle nest was found in Florida. It measured 9 feet across and 20 feet deep, and it weighed more than 2 tons! That's 4,000 pounds. Sometimes a nest becomes so heavy that the branches break, and the nest comes crashing down!

### **THEY ARE ROMANTIC.**

Eagles are romantic birds. They pair up for life and share parenting duties. The male and the female take turns sitting on the eggs and feeding their young.

### **THEY ENJOY LONG LIVES.**

Bald eagles can live 35 years or more. Considering these love birds pair up at 4 or 5 years of age, they enjoy many Valentine's day's together.

### **THEY ALMOST DIED OFF.**

Bald eagles were on the brink of extinction because of hunting and pollution. But laws created almost 40 years ago have helped protect them, and they've made a comeback.

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**ENJOY THE OUTDOORS, AND REMEMBER, ALWAYS BE  
RESPECTFUL OF OUR LAND AND ANIMALS!**



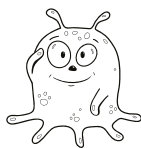


## HIDDEN PICTURES

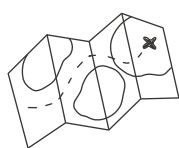
Answers in section I, page 30.



Porcupine



Little Monster



Map



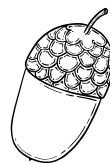
Fox



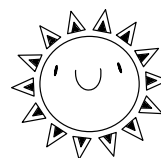
Kota's Coffee



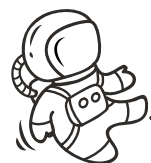
Kitty



Acorn



Sun



Astronaut



Silly Pig

R B M W R I N N E A O O N P  
I B I A T S S P E E D S S C  
O A P R J R A T S S P O F O  
T L T I D E E O I R T A O C  
A D H B S H S E T T A R R O  
F E A S G N A T T W A I E N  
E A E W A J A B I O I W S I  
A G R O M T C P I C P C T N  
T L O O E M T B S T B T P O  
H E G P R G G R W G A I I F  
E D F L I G H T G M N T O S  
R O E C C E C S J N R I T N  
S E O S A P A S T B P G W T  
N L A C N A S P B A C S H A

## EAGLE WORD SEARCH

Search up, down, forward, backward, and on the diagonal to find the hidden words. **Answers in section I, page 38.**

Feathers  
America  
Soar  
Majestic  
Coconino  
Habitat  
Wingspan  
Treetop  
Flight

Bald Eagle  
Forest  
Speed  
Swoop  
Bird  
Nest







# real



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## KIDS & MEMORIES

I might be in my 40's, but I am still a kid at heart. I am honored to sponsor the kid section of the Pinewood News as a parent and one of the biggest kids you will ever meet. Well, Christian and Chase are no longer kids, now 17 and 19, working full time and occasionally driving to Munds for snowboarding or visiting friends at NAU. I didn't have this privilege when growing up, which was why Munds Park was a priority. For those of you who have littles, enjoy this time you have with them, especially in the Munds community. Our boys learned to drive, relax, and a few things about real estate while spending the weekends in Munds.

**Memories:** Your Munds Park home is an investment in memories because before you know it, your kids are spending time there without you. Wende and I have worked hard to make memories with our boys. I grew up in a workaholic family where the memories were great, but they were few and far between.

### My version of memories with the boys:

- Indoor water fights, usually at the kitchen sink, but one time the 40ft hallway turned into an indoor slip n slide!
- There was the occasional crack the egg on the head at dinner.
- The chocolate syrup and ice cream war in the kitchen was pretty fun.

- Confetti Canyons – these are messy!
- Split the quarter with a piece of hair is a party favorite. (You fill a cookie sheet with water, throw a quarter in the middle, and get everyone really close, then smack the water getting everyone wet). This was my dad's party favorite.

### Wende's rules when raising 2 kids and an adult

- Make a mess – clean it up
- Don't break anything
- Put the furniture back when you are done with the hose in the house
- Have fun!

House rules are meant to be broken in the name of memories. My kids will tell you they grew up in a fun-filled, unusual environment compared to many of their friends.

Go ahead, make a mess and make some memories.



## REAL ESTATE AGENT OR REAL ESTATE STRATEGIST

You may be asking, what's the difference? Let me explain. "You don't know what you don't know!" When people want to move, buy a 2nd home, invest in real estate, or sell a house, they call a real estate agent and tell the realtor what they want to do. What if your agent could talk through all the possibilities of your property, or how to invest in real estate to create long-term wealth? Unfortunately, this is not a common service offered by agents. Why? Same as above, you don't know what you don't know. I have been creating long-term wealth-building strategies for my clients for several years. Real estate has so much potential if you know how the game is played and what to expect. How cool would it be to know your options? If you own a home, your options are: live in it, sell it, rent it out, lease option, seller financing, 1031 exchange, VRBO.

Many of these options scare most people because they are unsure how it all works. What if you talked to someone who not only sells real estate but can also assist you with your long-term goals and dreams and teach you specific real estate strategies? If you are curious, hit me up, and let's talk whether it's in Munds, Phoenix, or even out of state. Just think, you can choose your own adventure if you know your options.

## FEATURED PROPERTIES



**\$1,000,000**  
Payson

151 Magestic Elk Payson. This property is majestic, sitting on over an acre with a running creek, near 3000 sq ft of true log cabin. Huge detached workshop/garage.



**\$795,000**  
Gilbert, AZ

Newport is over 3000 sq ft, 5 bdrm, 3 bath, pool, newly renovated 3 car garage, large lot open floor plan great location in the islands.



**\$485,000**  
Phoenix

Blackhawk investment opportunity potential rent \$2,300 a month 1300 sq ft 3/2 near Desert Ridge. Renovated with new kitchen, paint and a great opportunity to build wealth.



**1.2 million**  
Phoenix

Briles features 12 car detached RV garage with 4000 sq ft home fully renovated on over an acre 4/2 and only 1 hour and 15 min from Munds Park.

**View more properties at [ValentineGroupAZ.com](http://ValentineGroupAZ.com)**