PINEWOOD NEWS

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ON THE FLOAT: JOE SPENCE (THOMAS JEFFERSON), JOEY SPENCE (JOHN HANCOCK), RYAN MILLER (JOHN ADAMS), ALYSSA MILLER (BETSY ROSS), GABE GONZALEZ (BEN FRANKLIN), AND MARK DAVIS (GEORGE WASHINGTON)



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The Pinewood News is always interested in feedback and/or story tips from our readers and welcome comments on any subject or article published.

The Pinewood News will attempt to publish letters received, except for those that are an invasion of privacy or libelous. Letters must be signed and include an address and phone number. Letters may be edited for space and clarity.

> Letters: PO Box 18977, Munds Park, AZ 86017 email: Hello@ThePinewoodNews.com

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449,000 17295 S ZIA PLACE

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\$749,000 635 E OAK DR

2017 Cavco home with 2,234 sq ft, 4 bedrooms, 2.5 baths, and 4-car garage. Situated on 2 lots, a redwood deck, and a natural stream, this move-in ready home offers privacy and outdoor space.



733,5001120 E LAKE MEADOW CIR

Nestled among ponderosa pines, this renovated home offers a fireplace, forest views, and access to Pinewood Country Club and O'Dell Lake. Ideal for outdoor enthusiasts.



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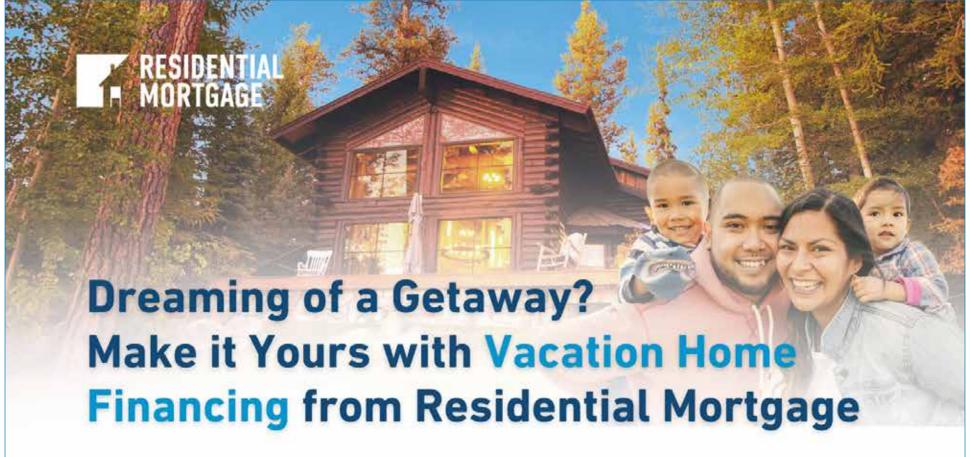


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LOCAL HIGHLIGHTS

COCONINO COUNTY ENHANCES FLOOD SAFETY WITH AUTHORITY TO ACQUIRE EASEMENTS

One of our readers brought Coconino County's Resolution No. 2024-01 to the attention of Pinewood News, requesting publication of this information for our readers. We were pleased to accommodate this request.

In a significant move to enhance flood safety, the Coconino County Flood Control District has received authorization to directly acquire drainage easements as part of its flood mitigation strategies. This was officially enacted by the District's Board of Directors, allowing the District Administrator to handle these acquisitions without financial compensation to streamline the enhancement of drainage facilities across the county. Such initiatives are designed to manage floodplain regulations proactively and effectively.

Adopted on January 9, 2024, this resolution supports the efficient implementation of flood control projects. It authorizes the acquisition of drainage easements—specifically parcels of land used to control and direct water flow during heavy rainfalls. The goal is to prevent or manage flooding efficiently, a vital function in flood-prone areas.

The District's authority to acquire these easements focuses on optimizing existing legal and infrastructural frameworks to improve public safety and protect infrastructure from flood damage. This does not entail a broad claim over private properties but is restricted to acquiring necessary easements for drainage to bolster flood management capabilities. This practice aligns with standard procedures in many flood control districts across the country, ensuring community safety and infrastructure integrity with the backing of the District Attorney for legal soundness and transparency.

BEWARE OF FAKE ELECTION INFORMATION

The Yavapai County Recorder's Office is alerting voters about misleading information being circulated via spam text messages, phone calls, and mailings. These messages from third-party organizations falsely claim that recipients are not on the Active Early Voter List or are not registered to vote.

Recorder Michelle Burchill emphasized that these communications are not from Yavapai County Voter Registration. If you have concerns about your voter registration status, you can verify it at my.arizona.vote.

For accurate information and to verify your voter registration status, visit the Yavapai County Recorder's official webpage at yavapaivotes.gov/Home.

Is Coconino County Facing the Same Issue?

As of now, there are no reports indicating that Coconino County is experiencing the same issue with false election information. The Coconino County Recorder's Office continues to provide accurate election information and encourages voters to verify their registration status and obtain reliable details directly from official sources, such as the Coconino County Voter Services website.

For more details on Coconino County elections, visit coconino.az.gov/3284/Voter-Services or contact the Recorder's Office at 928-679-7860

MUNDS PARK TRAIL STEWARDS

The next Munds Park Trail Stewards (MUTS) Volunteer Event is Saturday, August 10 @ 8:15 a.m.

Meet at the Iron Springs Trailhead

We will finish our trail work around 12 noon; afterward a free lunch will be served.

Please R.S.V.P. via email before August 5 (mundstrailstewards@hotmail.com)

What to bring: Work gloves, long pants, sturdy shoes, sunblock, dress for the weather, and bring a good sense of humor. Water and trail tools are provided.

Please check the MUTS website or the Pinewood News for updates because the events can change, be added, or postponed

Continued on page 16A



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370 E Navajo Rd - \$2,750,000

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525 E Navajo Rd - \$2,200.000 4,311 Sq Ft on 1.52 Acre Lot, backs National Forest 5Bd+den/Office + Lrg Game/Sleeping Rm, 5Bath Vaulted Ceilings, Fireplace, FA Propane Heat & AC Call Pat Moore - (928)853-4529

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FAMILY AFFAIR: THE DAVIS FAMILY WINS THE PINEWOOD NEWS PATRIOTIC FLOAT CONTEST AGAIN!

For the second year running, the Davis family has clinched the top spot in the Pinewood News Float Contest. This time, they dazzled the community with a dynamic reenactment of the signing of the Declaration of Independence.

It all began with a favorite family activity—a history discussion at the Davis home. Inspired by a lesson, young Joey suggested they recreate the signing of the Declaration of Independence, a crucial moment in American history, for the 4th of July parade. Energized by Joey's idea, the whole family rallied around, researching and carefully constructing the float that would eventually secure their win.

Every detail on the Davis' float was a nod to authenticity. Family members transformed into significant historical figures: Joe Spence as Thomas Jefferson, Joey Spence as John Hancock, Ryan Miller as John Adams, Alyssa Miller as Betsy Ross, Gabe Gonzalez as Ben Franklin, and Mark Davis as George Washington. The younger generation—Eva Spence, Scarlett Gonzalez, and Adriella Gonzalez—dressed in period costumes, adding an extra touch of realism. Meanwhile, Danielle Spence and Michelle Gonzalez, alongside matriarch Diana Davis, provided musical backing and ensured everyone stayed refreshed and energized. Junior Gonzalez carefully steered the float through the parade.

This endeavor wasn't just a family project—it was a showcase of the Davis family's love for history and community spirit. As their float moved along, it didn't just carry the family; it transported the entire audience back to a seminal moment in history, earning the Davis family both the cover of the Pinewood News and continued admiration from their community.







17145 S. Poco Place

Located on a quiet cul-de-sac, this single level home has great curb appeal and an inviting feel. Recent kitchen upgrades include new cabinets, quartz countertops and all new appliances. Forced air heat and a pellet stove. Screened-in front porch and covered back deck. Lots of storage throughout. Fenced in yard with lots of potential. Brand new roof too!









Scan to see property details and photos.









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1255 E. BIG BEAR

Welcome to Chalet Garsol, featuring 3 large bedrooms, a primary suite on the main level with en suite, and a loft that doubles as an office or sleeping area. This chalet includes expansive decks, an Isokern fireplace with a French antique mantel, engineered wood flooring, and a gourmet kitchen equipped with Quartz countertops, a GE Cafe range, and a built-in beverage refrigerator. Additional amenities include a dog run, central A/C and heat, and a large backyard shed.

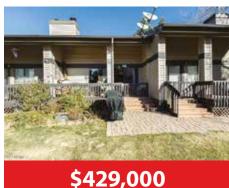
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405 E OAK DRIVE

This is a two bedroom, 1.5 bath with brand new carpet, newer dishwasher and garbage disposal. Also a newer roof. All electric split floor plan, open kitchen. Property is ready for your occupancy. Covered and exposed front deck for those cool summer days. Carport with an entrance right into the utility room. A couple of sheds off the backside..

CALL DEBI BRIGHT



17810 S WALAPAI ROAD, 62

Explore this updated townhome with easy paved access, ideally located near the Country Club, park, and tennis courts. Enjoy a south-facing covered deck with views of the golf course and stunning sunsets. Features include a primary suite on the main level, updated kitchen and baths, newer carpet, and convenient main level washer and dryer. Upstairs, find another large bedroom and an extra-large loft with a skylight and walk-in closet. Sold mostly furnished; see exclusions list.

CALL DEBI BRIGHT



240 E APACHE ROAD

Ideal property on nearly an acre in Pinewood Subdivision with a detached guest house and garage. Features a large yard with a seasonal stream bed. Main level includes a large entry, living room with rock fireplace, sliding door to covered patio, two bedrooms, and 1.5 baths. Upstairs, added in 1986, has a bunk room, bath, and large closet. One of the first homes in NorthernAir, located on a private road in a desirable area.

CALL DEBI BRIGHT



190 BISON DRIVE

This meticulously maintained mountain cabin in Munds Park is a turn-key, fully furnished property. On the main level, you will find two bedrooms and two updated bathrooms. The upper level boasts an oversized loft, usable as a game room, bunkhouse, or office. Inside, you will notice rich wood floors, custombuilt bench seating in the great room, and a spacious open kitchen, creating a warm and inviting atmosphere. The chalet style features a grand floor-to-ceiling stone wood-burning fireplace. Additionally, the cabin offers front and back decks for outdoor entertaining and enjoying the mountain surroundings.

CALL ELIZABETH HAUSMAN



6 E OAK DRIVE

Chalet with an oversized garage. Corner lot with lots of parking. Roof less than 10 years old, painted just a couple of years ago. Trex decking surround the cabin with a covered porch on the side to enjoy those cool breezes. Easy access to the garage by a covered breezeway. Three bedrooms with a large loft. Primary bedroom with its own bath on the second level. Home being sold furnished with the exception of a few personal items.d. This is an extremely desirable area of the subdivision

CALL DEBI BRIGHT



1035 E CARIBOU ROAD

Extremely well-maintained newer doublewide manufactured home with upgraded appliances, plush carpet, ceiling fans in all bedrooms, living room, and front porch. Features a large double-door shed, ample parking with a circular driveway, and a yard with apple and other fruit trees. Plumbing wrapped in heat tape and hardiboard skirting. Includes a real woodburning fireplace with a blower. Energyefficient, all-electric home available for showing.

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1325 E JAGUAR LANE

Large concrete drive leads to an oversized single-car garage. Sit on the covered deck and enjoy the grass. Open the front door to a huge living room, dining room, and kitchen. Woodburning stove. Kitchen is all electric with an extra-large island. Back door leads to the shed. Down the hall to the primary bedroom with its own bath. Another primary bedroom with its own bath and a bedroom with walk-in closet. Upstairs addition with its own balcony. Family room is large enough for a pool table and seating. Up two steps to the sleeping area and a half bath. Plenty of parking. Oversized lot with trees.

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CREAMY TUSCAN CHICKEN PASTA



By Suenet

In the pursuit of culinary bliss, one occasionally stumbles upon a recipe that transcends the ordinary. Creamy Tuscan Chicken Pasta is such a dish—an orchestration of tender chicken breast, sun-dried tomatoes, fresh spinach, and a luxurious, creamy sauce that harmonizes in a single skillet. This recipe epitomizes the confluence of simplicity, offering solace on those busy evenings when one seeks a semblance of elegance without the commotion.

The allure of this dish lies in the impeccable quality of its ingredients. The sun-dried tomatoes impart a tangy brightness, while the spinach introduces a fresh vibrancy. The creamy sauce, with its rich texture, melds these elements into a symphony of flavors, rendering each

bite a moment of culinary delight. This pasta embodies the quintessence of Tuscan cuisine unpretentious, flavorful, & profoundly satisfying.

Prepare this exquisite meal, and let it transport you to the serene hills of Italy, all within the familiar embrace of your mountain kitchen.

Ingredients

- ☐ 2 tbsp olive oil
- $\hfill\square$ 2 tbsp unsalted butter
- □ 2 lb boneless skinless chicken breast
- □ 1/2 tsp Salt
- □ 1/8 tsp black pepper
- ☐ 1 tsp Italian seasoning
- ☐ 2 garlic cloves

- □ 3 cups baby spinach
- □ 8 oz sun-dried tomatoes (oil drained)
- □ 3 cups heavy cream
- □ 1/2 cup Parmesan cheese
- □ 1/2 lb Penne pasta

Instructions

- 1. Season the chicken tenders with salt and pepper on both sides.
- 2. In a large cast-iron skillet, heat the olive oil over medium-high heat and cook the seasoned tenders until golden brown on both sides. Set them aside to cool, then dice them into cubes.
- 3. In the same skillet, sauté the butter, minced garlic, sun-dried tomatoes (oil drained), and spinach over medium heat until the spinach wilts.
- 4. Add the cream and bring it to a simmer.
- 5. Remove from heat and stir in salt, pepper, Italian seasoning, and grated Parmesan cheese.
- 6. Add the cooked penne pasta and diced chicken back into the skillet, giving it a quick stir to combine. Serve immediately.

This meal is a perfect candidate for freezing, making it an ideal make-ahead meal. Once the dish has fully cooled, place it in an airtight container. It will maintain its integrity in the freezer for approximately six months. To reheat, simply thaw and reheat it in the microwave or on the stovetop, restoring its delightful flavors and creamy texture with ease.



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HEALTH & WELLNESS

DON'T BE A "PAIN IN THE BUTT". MAINTAIN A HEALTHY SPINE.

Many of us in Munds Park know that a bad back can be very debilitating, and literally a pain in the butt. I probably don't need to share statistics with you on how many people experience some kind of back pain that prevents them from doing the things that they love; However, the Statistics validate our hunch. The World Health Organization reports that over 80% of individuals will experience some type of back pain. Low back pain is the single leading cause of disability worldwide, and we spend millions of dollars on diagnostics, treatments and time away from work. Back pain can be caused by many different things such as arthritis, herniated discs, lifting injuries, car accidents, sport injuries, certain diseases, or structural issues. But the good news is that most



of our low back pain will resolve in a few days or weeks if we are proactive, manage our symptoms, and do the right things. Prevention is Key to avoiding back pain in the first place.

Here are a few tips to avoid/ minimize back pain and keep you doing the things you love:

- 1. Move your body every day. Go for a short walk and avoid sitting for long periods.
- 2. Avoid smoking. There is a direct link between smoking and the incidence of back pain.
- 3. Practice good posture. Working remote can play havoc on our body. Use good ergonomic workstations and move frequently while on the computer. Opt to use headphones, and spring for some ergonomic equipment to prop your laptop to better levels. You might need to get a good remote desk set up if you are working from your kitchen counter in Munds!
- 4. Stretch before and after your activities such as golf, pickleball and hiking. Stretch your body in all planes of motion. Meaning up/down, sideways and twisting! Maintaining flexibility is key.
- 5. Keep your core strong and be mindful to use proper body mechanics when lifting or bending. Bend from your knees. Your legs and butt are your powerhouse. Avoid bending from the back to pick your weeds or tee up your ball. One bad bend can cause your back to "slip."
- 6. Practice good nutrition. Proper magnesium, B vitamins, Turmeric, omega-3 fatty acids, calcium and collagen can all help minimize inflammation, promote healthy bones and nervous system.
- 7. Hydrate! Drink half your body weight in ounces per day! If you weigh 150 lbs., that is 75 ounces of fluid a day! Count it! Your discs are made of fluid! Your back muscles also need water and electrolytes to move!
- 8. Manage stress. We often hold tension in our back muscles. Utilize meditation, or any other stress reduction strategies.
- 9. Maintain a healthy weight. Too much weight can cause stress on the spine.
- 10. Get a good night's sleep. Recharging your body and your spine can do wonders.
- 11. If you suffer back pain, consult your physical therapist or physician. Doing the right things, timely, can prevent symptoms from worsening.

Don't let back pain weigh you down! Practice prevention and a healthy lifestyle. Join us for Yoga Monday, Friday, and Saturdays at the Pinewood Fire station. Yoga incorporates many of these strategies. Visit page 1B for dates & times.

Christy Shaft, Physical Therapist & Certified Yoga Instructor





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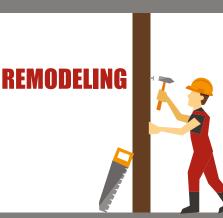
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COCONINO COUNTY'S DISTRICT 3 CHOICES IN-DEPTH WITH GOLLIHER & ONTIVEROS, HESS REMAINS QUIET

TAMMY ONTIVEROS

A Deep-Rooted Advocate for Coconino County

By Sandee Caviness

Meet Tammy Ontiveros, whose deep roots in Coconino County and extensive experience make her a strong candidate for the District 3 seat. Born in Cottonwood and raised in Flagstaff and the Verde Valley, she comes from a family of ranchers in Red Lake—her great-grandparents, grandparents, and mother worked the land for generations, giving Tammy an intimate knowledge of Northern Arizona.



For nearly three decades, Tammy has owned and operated a Chevron and Shell gas station and a water hauling business along Highway 64, the lifeline to the Grand Canyon, demonstrating her business savvy and resilience.

Tammy's commitment to her community doesn't stop at business. For 14 years, she's been a fixture on the Coconino County Planning and Zoning Commission, now serving her fourth year as chair. This isn't just a title; it's her proving ground for understanding land use and development—skills she believes are crucial for her district.

My interview with Tammy stretched over three hours. Time flew as we discussed pressing issues such as law enforcement, healthcare, land use, taxation, emergency planning, and fire and flood mitigation. We covered more topics than I have ink for, but here are the highlights.

Tayes

Tammy Ontiveros isn't clueless about the high cost of living in Northern Arizona; she lives it. When I asked her how she'd protect our wallets from government overspending, she didn't flinch.

"You have to be a fiscal conservative to survive as a business owner," she said, bluntly. There is a basic equation: Your outgo has to be equal to or less than your income. In business, there are ways to bring in more capital, but the County's way to increase revenue is by raising taxes."

I challenged her, suggesting the County should trim its budget instead of hiking taxes. Ontiveros agreed, noting that in business, you find ways to cut the fat. "This should be the same for government. If there's fat to trim, I will propose cuts," she asserted.

When asked about dealing with pro-tax colleagues, Ontiveros emphasized her willingness to stand her ground. "We're not always going to see things the same way... there will be disagreements. I've made decisions that have put me in a lonely place, but if it's the right decision, I will not back down. I have no problem being accountable. However, I want to be clear that I will always be respectful when working through disagreements; that is paramount to how I operate."

Short Term Rentals

Short-term rentals are a contentious issue. Ontiveros reviewed the latest ordinance with me, stating, "The ordinance is a great first step, but we need more. I'm ready to work with state representatives to push for meaningful changes."

As a side note, I have spoken to Matt Ryan many times about short-term rentals, and his response was always, 'There is nothing we can do.' Hearing Tammy say she's willing to reach out and work with representatives is promising.

Protecting the Land

With deep roots in Northern Arizona and extensive experience on the Planning and Zoning Commission, Tammy has a unique perspective on land protection. She has opposed developments like the Newman RV Park and a project between the turn-off to Forest Highlands and Violet's that threatened a picturesque meadow, demonstrating her commitment to preserving the essence of Northern Arizona.

Munds Park will appreciate this: Tammy's philosophy for rural areas is clear: If you move to a rural area, you must do your due diligence. Things are different from city life. Rural areas are slower, a little inconvenient, and lack city amenities—embrace the existing conditions and resist the urge to reshape the area to fit your preferences. You don't want to lose the unique appeal of these communities by introducing urban elements. Tammy states, "I live the rural life, and I am the best person to represent them."

The Housing Crisis

Everyone is well aware of the housing crisis, and that our workforce is being pushed out from living close to where they work, with some even resorting to living in the forest in their campers. This is a heartbreaking situation.

I mentioned to Tammy the County's idea for high-occupancy housing and that people don't want to live in cramped, ticky-tacky boxes. They want to buy a home—the American dream.

Tammy responded, "I wish I could tell you I have the solution. What I can say is that the County is currently updating its comprehensive plan, a process that occurs every ten years, with the previous update in 2015. This plan involves focus groups throughout the county, including Munds Park, to address affordable housing. Although there's no one-size-fits-all solution, the plan aims to create a mixture of housing options. One potential solution being considered is re-zoning to allow more units to be built on properties, provided they fit within the community. This approach aims to increase housing availability while ensuring compatibility with the surrounding community."

Emergency Preparedness

We discussed the concerns of some Mundsies regarding the difficulty of escaping Munds Park during a catastrophic wildfire or flood, given that there is essentially only one exit route. At present, the primary evacuation path is a single road leading to I-17. While there are some forest trails, their usability depends on the location of the fire. Additionally, the RV Park situated across I-17 with a huge number of RVs with trailers that can occupy the space of three vehicles, will hinder evacuation for others. I asked Tammy what solutions she would propose for this dangerous predicament.

Tammy couldn't address this issue without more details but suggested that we bring the question to Coconino County's Emergency Preparedness Department to address at the next Community Watch meeting. We spoke with Len Friedland, the meeting's organizer, to have this question formally addressed.

What are your top priorities?

When asked about her top priorities, Ontiveros emphasized it's about the community's needs, not her own. "My priorities are shaped by the voices of the people I serve." She listed wildfire management, flood management, and promoting safe and healthy communities as key community concerns.

Tammy adds, "this district is geographically and demographically diverse, ranging from ranching and rural communities that haul water to uptown

Sedona and all the communities in between. Listening to and representing these varied needs is paramount to my job as a District Supervisor."

Growing up in the rural reaches of Northern Arizona, she understands the nuances of rural life—values that are deeply embedded in District 3's identity. Ontiveros promises to leverage her extensive knowledge and experience to maintain the natural beauty of the region while navigating the complexities of development and community planning.

As voters in Coconino County prepare to make their choice for District 3, Tammy Ontiveros presents a candidate whose roots in the area are as deep as her commitment to its future. Her blend of local heritage, business acumen, and planning expertise offers a comprehensive portfolio for a role that demands both respect for tradition and a clear vision for progress. Voters will have to consider these qualities as they decide who is best suited to address the diverse needs of the district.

ADAM HESS

Disappoints as District 3 Supervisor

Adam Hess, appointed as District 3 Supervisor after Matt Ryan's retirement, is now seeking a full term. Ryan, a Democrat who served for 27 years, was known for his active engagement—a standard Hess

Editor's Opinion

has yet to meet.

At a recent Munds Park town hall focused on the sensitive issue of updated floodplain maps, Adam Hess appeared clearly unprepared. Community members, eager for insights, found Hess more a bystander than a representative ready

to address their concerns. His claim that he was there to "learn" was particularly baffling given that he had been well-informed through email threads detailing the community's issues prior to the meeting.

I extended Hess the benefit of the doubt due to his newness in the role and requested a follow-up to address the community's questions. Hess promised to take action, stating, "I'll get with my team and get you some answers." Since then—silence.

At a subsequent Community Watch meeting, I again confronted Adam about his lack of follow-up, not only with me but also with other community members. Once more, an associate answered on his behalf and Hess remained silent.

I have sent Adam Hess three emails inviting him to an interview to address the Munds Park community directly, but he has not responded. In contrast, all other District 3 candidates have participated in interviews. Even high-profile figures like Kari Lake and Katie Hobbs have dedicated time to our small, yet important community—not Adam.

In contrast, Matt Ryan was consistently available. He may not have always enjoyed my questions, but he never dodged a call or an email, always responding promptly—an approach that was greatly appreciated.

Munds Park deserves a representative who is present, prepared, listens, and actively engages with the community. We need someone who truly embodies accountability, both in title and in action.

SEAN GOLLIHER

Bold Plans & Controversial Past

Meet Sean Golliher, a fourthgeneration Arizonan and avid outdoorsman. Sean's decision to run for office was catalyzed by his deep concerns over national policies and their local implications. "Witnessing the disastrous effects of policies under Biden and Katie Hobbs I felt compelled to bring a conservative balance back to our local government," Sean explains. He aims to address what he sees as critical issues: excessive taxation, an overextended government, and



initiatives like the Green New Deal, which he argues push towards global governance and create significant environmental waste—issues he became acutely aware of while studying and following the World Economic Forum.

As a staunch MAGA Republican, Sean is also deeply focused on national security concerns, particularly the risks posed by open borders. "The influx of military-aged men through our borders presents a significant security threat that cannot be ignored," he asserts.

Sean Golliher, 50, describes himself as "semi-retired" and has been on worker's compensation since March 2014. His career includes a significant stint as a Department of Homeland Security program advisor, where he assessed programs and operations under the Secure Border Initiative. In 1997, Golliher was discharged from U.S. Air Force basic training due to an injury. He went on to earn an engineering degree from Arizona State University in 2004, followed by master's degrees in management and business administration from Northern Arizona University in 2007 and the Thunderbird School of Global Management in 2013.

Fiscal Responsibility

When asked about the soaring cost of living in Munds Park and Flagstaff, and why the County is proposing four additional property tax hikes instead of cutting expenditures, Sean was direct. "The County must operate within its means. We need to streamline our budget by eliminating wasteful and ideological spending, as well as unnecessary duplication of efforts," Sean explained, emphasizing that essential services like police, fire, and infrastructure must be prioritized and properly funded.

Curious about how Sean plans to tackle the entrenched spending habits that span both sides of the aisle, I inquired about his strategy. "If I can't stop it through logical arguments, I plan to use every budgetary tactic available to delay and minimize unnecessary spending. Understanding and navigating bureaucratic maneuvers is crucial, and I aim to counteract them effectively," he shared. Sean also expressed hope for a shift in the County's political landscape, stressing the importance of electing more fiscal conservatives to promote responsible governance.

"I want to keep the tax rate flat and look for ways to reduce taxes once the budget is balanced," Sean states.

Continued on page 15A

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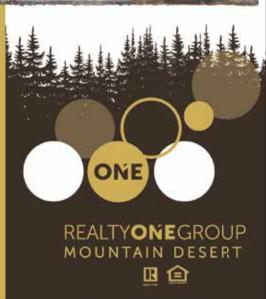
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COCONINO COUNTY'S DISTRICT 3 CHOICES

Continued from page 13A

The Housing Crisis

In discussing the displacement of the working class in Sedona and Munds Park from forest camps to makeshift living arrangements, Sean suggests a mix of old-school grit and Silicon Valley savvy to remedy this. "Why not farm the land and the cloud?" Sean muses, proposing an economic renaissance from farming to tech to manufacturing. "With today's tech, factories could practically fit in a broom closet. It's time we stop relying on tourism dollars and reduce the effects of over-tourism on our natural landscapes."

Flagstaff, already known for its observatories and astronaut training programs, could also be a hub for space jobs. "Space jobs in Flagstaff? Not so far out," Sean adds.

However, the question remains: Where will these workers live without affordable housing? Sean criticizes the County's current strategy of exploring high-occupancy housing solutions. "We don't want to just stuff as many people as we can into a room. Our people deserve to live in single-family homes where they can raise families and lead fulfilling lives," he argues.

To tackle the housing shortage, Sean advocates for a multifaceted approach. "We have to bring in diverse jobs to grow the economy so people can earn decent wages. Simultaneously, we need to open up more land for residential development to build these homes," he concludes, outlining a plan to create a sustainable living environment that supports both the current and future residents of Northern Arizona.

Police & Security

When Chief Deputy Bret Axlund spoke at the Community Watch meeting, revealing that cartel activity is prevalent in Flagstaff and a growing concern, I asked Sean what he would do to assist our law enforcement.

Sean says he's been watching past Supervisory meetings on YouTube and hadn't seen much about extra resources for the Sheriff's Department or the issues with the cartels. "I saw a presentation from the County Supervisor's office, and the main topic was how to keep people from being incarcerated. When you see the County Attorney's office more worried about keeping criminals out of incarceration, chances are good the sheriff's office isn't being supported as they should."

"I come from a law enforcement family, and I want to at least triple our force. For safety reasons, I want two deputies per patrol car. I will work hard to ensure our sheriff's office has what they need," Sean adds.

He also has a bold idea to leverage the Civil Defense Act. His plan involves creating Civil Defense Response Teams, modeled after the original founding patriots. He envisions gathering retired officers, first responders, military personnel, and ordinary citizens to train together like a town militia, preparing for terrorist attacks and major disasters. Recent statistics show an almost six-month response time from the federal government, underscoring the need for such a proactive, community-based approach.

Fire & Flood Mitigation

We discussed the topic of flooding in Northern Arizona, and Sean has a unique approach to solving this issue, too. He believes the solution is relatively simple: use hydroseeding in areas with burn scars that tend to flood and have mudslides. He thinks planting grass seeds, berry bush seeds, wildflowers, and anything else that grows fast and is native to the area would be a good, cost-effective, and pretty solution. He states that he's a "problem solver," and some solutions don't require months of pondering, surmising, and measuring outcomes. "Just give nature a push."

When I mentioned that after 12 years of research, the County re-drew the flood zones in Munds Park, issuing new maps that placed homes and businesses within these zones. The community was given 90 days to contest the maps, but only if they could provide engineering or scientific studies to support their claims—effectively shutting the community down from responding. Additionally, residents are concerned about the accuracy of these maps and the potential impact on property values and insurance rates. Moreover, if the maps are accurate, the County has no solutions to keep Munds Park safe in case of a 100-year flood. What do you think?

Sean responds, "Well, they didn't do their job, and personally, that sounds kind of fishy to me. They want to force you out and do land grabs. They don't want these communities; they want you out," comparing the situation to the dystopian future depicted in the video game Cyberpunk. (If you don't know what Cyberpunk is, don't feel bad—I had to Google it.) Sean continued, saying they want tiny, micro-cities with gigantic megaplexes reaching far into the sky, with thousands of people living in a single building. "They want it to be like China, with 15-minute cities that require government approval to travel from one 15-minute city to another."

They also want to make tourism a thing of the past. I asked who "they were," and he said the World Economic Forum and the Green New Agenda. It's too high a carbon footprint. You don't need to travel when you can do it virtually wherever you want.

As you can tell, Sean is a far-out, out-of-the-box, conspiracy kind of guy. I frankly enjoyed our conversation and his energy. Whether he's a good candidate for District 3 Supervisor—that's for the voters to decide.

After the Interview

On July 4, 2024, reporter Joseph K Giddens for The Sedona Red Rock News wrote an article about the three candidates for the District 3 seat. I was surprised to learn that on August 28, 2016, Golliher drove through several traffic barricades in Nogales, causing Border Patrol agents to scatter to avoid being hit. Authorities found 27.8 grams of methamphetamine in his vehicle, along with drug paraphernalia and two handguns. After being convicted of two felonies and completing five years of probation, Golliher's right to vote was restored. He claims he was incapacitated by a drug administered by an unknown person and maintains that he was not a habitual user, despite the incriminating evidence.



LOCAL HIGHLIGHTS

Continued from page 5A

HANTAVIRUS SURGE IN COCONINO COUNTY RESULTS IN TWO DEATHS

From Coconino County Communications Team

Coconino County has seen an increase in hantavirus activity. Three hantavirus cases have been reported in the past 15 months, two of which have died (67% mortality rate). Previously, Coconino County's last reported hantavirus case occurred in 2016.

Arizona has also been experiencing an increase in hantavirus activity. From January 1 to July 1, 2024, seven human cases of Hantavirus Pulmonary Syndrome (HPS) have been confirmed, resulting in three deaths in Arizona.

HPS is a severe and sometimes fatal respiratory illness caused by the infection with hantaviruses. Hantavirus is spread from rodents, primarily the deer mouse in Arizona, to people through airborne transmission from viral droplets spread through handling or stirring up materials contaminated with rodent urine, saliva, or feces. Hantavirus is not spread person-to-person.

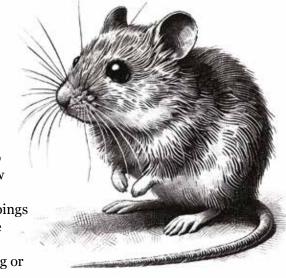
HPS is not limited to one geographic location. It can be present in many areas in the southwestern region of the United States where there is rodent activity, even if mice are never seen.

Symptoms of the illness can be fever, headache, and muscle aches progressing rapidly to severe difficulty in breathing and, in some cases, death.

To prevent HPS, public health officials recommend the following clean-up methods for areas that may have rodent activity:

- Prior to starting cleanup, open all doors and windows, especially in areas that have been closed for an extended period such as a garage, storage shed or second homes that are not used year-round. Leave open for 30 minutes before cleaning and if possible, allow direct sunlight on the area.
- Do not stir up dust in the infested area by vacuuming, sweeping, or any other means. This will allow virus particles to go into the air, where they can be breathed in, and potentially causing infection.

• When rodent droppings or nests are found in and around the home, spray them liberally with a household disinfectant (such as one-part bleach to nine parts water) and allow them to soak for at least 15 minutes. Any rodent droppings and rodent nests should be sprayed with a pesticide to kill fleas before disinfecting or disposing the carcasses.



- After disinfecting, wear rubber gloves and clean up the droppings with disposable materials such as paper towels, rags, or disposable mop heads.
- Seal all materials, droppings or nests in double plastic bags and dispose of them in the trash.

Rodent-proof your home:

- Prevent rodents from entering the home by plugging or sealing all holes and gaps to the outside greater than 1/4-inch in diameter. Use steel wool, thick wire screen, metal flashing or cement to seal holes.
- Eliminate or reduce rodent shelter around the home by removing outdoor junk and clutter, and by moving woodpiles, lumber, hay bales etc., as far away from the house as possible.
- Do not make food easily available to rodents. Do not leave pet food in dishes and dispose of garbage in trash cans with tight-fitting lids.
- Prevent mice infestation inside your home with the use of traps and proper removal.

More information regarding HPS is available at www.cdc.gov/hantavirus/hps.

Local Highlights Continued on page 18A



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TRAVEL

108 YEARS OF NATURAL BEAUTY: MUST-VISIT NATIONAL PARKS FOR THE END OF SUMMER

By Unstoppable Stacey Wittig

As the National Park Service marks its 108th anniversary this year, it's a perfect time to reflect on some of the awe-inspiring places that have left an indelible mark on my heart. These are destinations where adventure, history, and breathtaking beauty converge, creating memories that last a lifetime.

Arches National Park, Moab, Utah

I vividly recall my first visit to Arches National Park in southern Utah. Moving from the Great Lakes region, I was utterly unprepared for the mesmerizing red landscape with natural stone arches, soaring pinnacles and massive balanced rocks. It felt like stepping into another world—was it heaven or the moon? The park is ideal for scenic drives, with magnificent red rock formations unfolding before your eyes. For those seeking adventure, the backcountry trails offer a chance to experience the arches up close.



Delicate Arch at Arches National Park UNSTOPPABLE Stacey photo

On that initial trip, we hiked to Double Arch and enjoyed lunch under the colossal red arches beneath clear, blue skies. We nicknamed it "The Big Ear" because the acoustics of the conjoined arches allowed us to hear conversations from the parking lot, a quarter-mile away. Even after three decades, we still call it The Big Ear, and Arches remains my favorite national park, continually taking my breath away.

Grand Canyon National Park, Flagstaff, Arizona

"You have to walk down into the canyon—if only 100 yards below the rim— to truly experience the Grand Canyon," I always tell friends and family who visit. This iconic park, drawing people from around the globe, is practically in my backyard. Many visitors stand at the rim, gaze down, and then drive away, missing the true essence of this natural wonder. The vastness of the Grand Canyon can be overwhelming, making it feel like a backdrop in an

IMAX movie—you almost want to reach out and touch it to see if it's real.

To foster a deeper connection with the canyon, I urge the hesitant to venture down the Bright Angel Trail, even for a short distance. Viewing the towering walls from within the canyon provides a unique, almost comforting perspective. Just remember that descending is twice as easy as the climb back up the steep, hot trails. Bring a hat, sunscreen, and plenty of water. Many visitors underestimate the powerful combination of Arizona's sun and dry desert air. Ranger-led hikes from the South Kaibab Trailhead are available Thursdays through Sundays at 7 a.m. during the summer.



South Kaibab Trail, Grand Canyon National Park - UNSTOPPABLE Stacey photo



Stretched beaver hides and other trade goods under a canvas tent at Grand Portage National Monument - National Park Service photo

Grand Portage National Monument, Grand Portage, Minnesota

Imagine the sounds of bagpipes and native drums, the scent of campfire smoke, and the taste of wild blueberries as you explore a reconstructed fur depot on Lake Superior's North Shore. Grand Portage National Monument sits on the historic site where the North West Company partnered with the Grand Portage Ojibwe people during the fur trading era. This canoe country holds a special place in my heart, having kindled my adventurous spirit and love of the outdoors. My parents

Continued on page 19A



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LOCAL HIGHLIGHTS

Continued from page 16A

JULY 30 PRIMARY ELECTION KEY INFORMATION

The July 30 Primary Election is a partisan primary. Voters on the Active Early Voting List (AEVL) registered with a recognized political party were mailed an early ballot for that party. Recognized political parties in Arizona for the 2024 elections include Democratic, Republican, Libertarian, Green, and No Labels Party.

Independent, unaffiliated, or voters from unrecognized parties on the AEVL received a notice in May to select a party ballot. If they did not respond, the Recorder's Office cannot mail an early ballot until the voter specifies which party's ballot they want. These voters can call the Recorder's Office or visit the Coconino County Voter Services website to make their selection.

The Green, Libertarian, and No Labels Parties have closed primaries, allowing only their registered voters to receive ballots. Independent and unaffiliated voters cannot request these ballots.

All registered voters not on the AEVL can request an early ballot for the Primary by calling the Recorder's Office, sending a written request to Coconino County Recorder's Office, 110 E. Cherry Avenue, Flagstaff, AZ, 86001, or visiting the Coconino County Voter Services website. The deadline to request an early ballot by mail is July 19.

Early Voting is available in person at multiple locations throughout the county. For a list of locations and office hours, visit the Coconino County Voter Services website.

For more information, call the Recorder's Office at 928-679-7860 or toll-free at 800-793-6181.

TRAFFIC FATALITIES IN ARIZONA DIP SLIGHTLY IN 2023

ADOT Crash Facts report shows speed, impairment remain as leading factors in fatal, serious crashes

Traffic fatalities in Arizona saw a slight decrease of 0.98% in 2023, with 1,307 deaths compared to 1,320 in 2022. Despite the decline, fatalities remain near all-time highs. The annual report by the Arizona Department of Transportation highlights that speed and alcohol impairment continue to be leading causes of fatal and serious crashes.

Pedestrian fatalities dropped by 12.3%, and bicyclist fatalities decreased by 10.2% from 2022. However, motorcycle fatalities rose by 11.2%, reaching the highest number in over 20 years, driven by a significant increase in motorcycle registrations.



The report emphasizes the role of driver behavior in crashes, with speed contributing to 34.1% of fatalities and 38.2% of injuries. Alcohol-related crashes accounted for 25.4% of all traffic fatalities, with male drivers and those aged 25-34 being the most involved.

ADOT's efforts to improve road safety are ongoing, but local roadways and urban areas still see higher fatality rates. Distracted driving remains a significant issue, with over 8,600 drivers involved in crashes due to distractions in 2023.

The full report is available on ADOT's website, providing detailed data on traffic crashes across Arizona.

MAJOR GROCERY MERGER MAY IMPACT NORTHERN ARIZONA

The proposed \$25-billion merger between supermarket giants Kroger, owner of Fry's, Albertsons, and Safeway, is under federal scrutiny. If approved, the merger would impact grocery shoppers across Northern Arizona, including Safeway locations in Flagstaff, Chino Valley, Cottonwood, and Prescott areas. These stores would be sold to C&S Wholesale Grocers, which operates Grand Union and Piggly Wiggly supermarkets. Kroger and C&S assure that no stores will close, and no frontline jobs will be lost,



with the Safeway banner likely remaining. However, Arizona Attorney General Kris Mayes and Secretary of State Adrian Fontes argue that the merger could create a monopoly and lead to higher prices, prompting a multi-state lawsuit against it.

Stores that maybe affected:

Northern Arizona Stores On The List:

Safeway Chino Valley - 1031 N. State Route 89

Safeway Cottonwood - 1635 East Cottonwood Street

Safeway Flagstaff – 1500 East Cedar Avenue

Safeway Flagstaff - 1201 S. Plaza Way

Safeway Flagstaff - 4910 N. U.S. Highway 89

Safeway Prescott - 1044 Willow Creek Road

Safeway Prescott - 450 White Spar Road

Safeway Prescott Valley - 7720 E. Highway 89



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TRAVEL

Continued from page 17A

honeymooned in a tent in the nearby Boundary Waters Canoe Area and later brought us kids here for canoe camping.

Erie Canalway National Heritage Corridor, Upstate New York

In grade school, we sang American folk songs, which I now realize was a sneaky way for our teachers to teach us American history. One of my favorites was "Fifteen Miles on the Erie Canal," a melody that has always stayed with me. The song's lyrics beckoned me to explore the muledrawn barges on the man-made waterway that opened in 1825. I navigated part of the 364-mile-long Erie Canal that connects the Hudson River at Albany with Lake Erie at Buffalo on a six-day selfskippered boat sojourn.



6-day canaling adventure on the Erie Canal - UNSTOPPABLE Stacey photo

Adding to My National Park Bucket List for 2024

Flight 93 National Memorial, Shanksville, Pennsylvania. In September, I'll visit this national park to honor the 40 passengers and crew aboard Flight 93 who thwarted the attack on the US Capitol on 9/11. Located just 75 miles southeast of Pittsburgh, the national memorial features a visitor center and the Flight Path Walkway, which opened on September 10, 2015. Visitors can download cell phone and mobile web tours from the park website.

Channel Islands National Park, Ventura, California Channel Islands National Park, off the coast of California, promises one of the most extreme adventures yet. Reaching the islands requires transportation by park concessionaire boats and planes or private vessels. Once there, no transportation is available except by kayak or on foot. I dream of a kayaking and camping trip, allowing time to explore sea caves and hike to archaeological sites. It's time to start researching park-authorized kayak outfitters to check this off my list.

Join the celebration of the National Park Service's next century by creating your own National Park Bucket List. With over 400 national parks, the adventure begins with narrowing down your choices. Start your journey at Find Your Park.

"UNSTOPPABLE Stacey" Wittig is a travel writer based here in Munds Park. She invites you to join her free newsletter at *UnstoppableStaceyTravel.com.*



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THE COCKTAIL CONNOISSEUR'S CORNER

THE ITALIAN MARGARITA WHERE MEXICO MEETS ITALY IN A GLASS

By Dick Trudeau

Elevate your cocktail repertoire with the Italian Margarita, a refreshing twist on a favorite classic. By combining the vibrant flavors of Mexico with the sophisticated charm of Italy, this drink offers a delightful new take on the traditional margarita. Perfect for any occasion, it's a cocktail that elegantly redefines what a margarita can be.

The classic margarita, with its roots in the lively bars of Tijuana and the cantinas of Jalisco, is as familiar as an old friend. Crafted with tequila, lime, and Cointreau, it's a timeless combination that is both simple and effective. But the Italian Margarita offers a fresh perspective. It takes the vibrant spirit of Mexico and adds a touch of Italian elegance.

Here, amaretto, the sweet almond-flavored liqueur from Saronno, Italy, is the center of this

cocktail. Its history, steeped in Renaissance romance and mystery, brings a new depth to the drink. The fiery kick of tequila meets the smooth embrace of amaretto, creating a delightful fusion. This is where the magic unfolds.

The Ingredients

- 2 ounces Tequila: The backbone, the spirit that gives the drink its punch.
- 1 ½ ounces Orange Juice: Freshly squeezed, because anything else would be a crime.
- 1 ounce Amaretto: The Italian twist, adding a nutty, sweet layer that changes everything.



- ½ ounce Lime Juice: Fresh, sharp, and absolutely essential to cut through the sweetness.
- Blood Orange Juice (Optional): For that brilliant, eye-catching color.

Using blood orange juice gives the cocktail a vibrant, almost electric hue. Blood oranges have sweet juice and a bright pink color, making your drink as visually stunning as it is delicious. If you can find them, they're worth it.

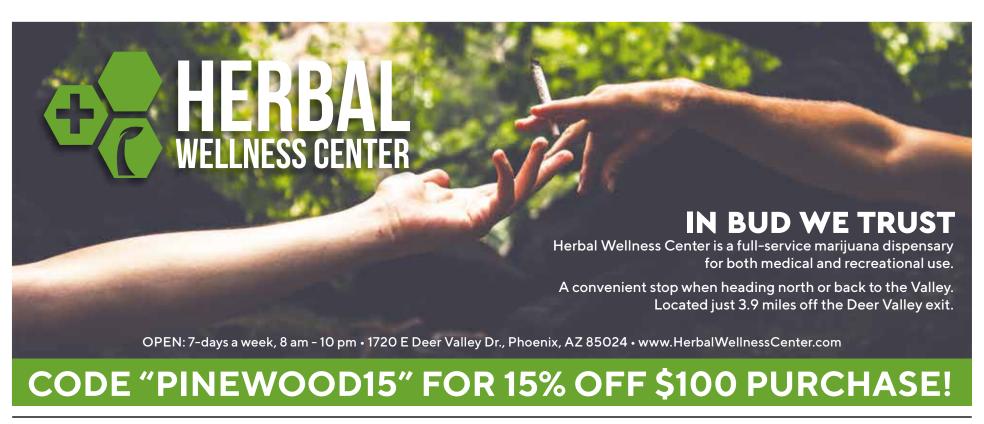
The Method

The Italian Margarita follows the typical margarita pattern: salt the rim, shake in a cocktail shaker, strain, garnish, serve. Shaking the drink allows it to get thoroughly chilled while slightly diluting the alcohol.

- 1. Rim the glass with salt. Cut a notch in a lime wedge and run it around the glass. Then dip the glass into a plate of kosher salt or flaky sea salt and rotate until the rim is covered.
- 2. Shake the tequila, orange juice, lime juice, and amaretto in a cocktail shaker with 4 ice cubes until cold.
- 3. Strain into the glass and serve. Garnish with an orange and lime wedge.

In a world that often prizes authenticity, the Italian Margarita serves as a beautiful reminder of the elegance found in fusion. This cocktail is for those who appreciate the art of blending traditions, who recognize the beauty in mixing things up.

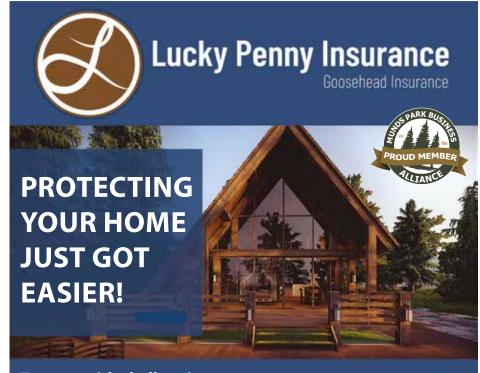
Until next time, sip responsibly and enjoy!



SUDOKU

Created by Paul Mason • Solution Page 24B

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GARDENING IN THE PARK

MONSOON SEASON GARDEN CARE

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GARDEN'S IN THE PARK Although monsoon season in Arizona is officially from June 15 through September 30, the rule of thumb in the greater Flagstaff area is that you keep an umbrella in your car from Independence Day until Labor Day, just in case you get caught in an unexpected storm.

> comes with monsoon season is both a blessing and a challenge for gardeners. With the right approach, however, you can keep your garden healthy and vibrant.

The question we most commonly get at Warner's Nursery during monsoon season is how often to water your plants, and it can be tricky to judge this because monsoon seasons can be erratic, with lots of rain one week followed by very little the following week.

One rule of thumb is that it needs to rain at least an inch a week to provide enough water for your garden.

If the ground is saturated from recent rains, be judicious about watering, particularly with your annuals. Overwatering can lead to root disease. However, new perennial and tree plantings still need to be watered regularly to ensure they establish roots properly.

This is also a great time to consider adding a rain barrel to your garden if you don't already have one. Rainwater harvesting has multiple benefits for your garden and your wallet:

- Using captured rainwater means you don't have to use tap water, lowering your monthly water bill.
- It's the best water for your gardens because it is not treated with any chemicals.
- It helps reduce soil erosion.
- It increases general water conservation and helps prevent local flooding.

It can make your plants more drought resistant because it forces down and away from your plants' roots. This damaging salts allows for greater root growth and water uptake, increasing drought tolerance.

The added moisture - and coolness - that

Mulching also plays a role in protecting your plants during monsoon season. Typically we talk about adding wood chips, straw, or other materials as a way of retaining moisture for your plants during drier seasons. But mulch also helps reduce erosion from rainstorms and acts as a barrier during heavy rains.

Finally, there are a couple of additions you'll find to your garden during monsoon season - mushrooms and mildew. One is relatively benign (at least as far as your garden is concerned), and the other one you need to address as soon as possible.

For the most part, mushrooms are a sign of healthy soil and don't pose a threat to your plants. However, you might want to remove them for aesthetic reasons or if you're worried about young children or pets eating them. The best ways to get rid of mushrooms are by raking them up or using an organic fungicide.

Powdery mildew is a fungal disease that can spread quickly in the damp conditions of the monsoon season. Organic fungicides, particularly those containing sulfur or neem oil, are effective in treating powdery mildew. A product like Fertilome Triple Action Spray can be very useful. It's crucial to remove and destroy any part of your plant that

has mildew. Make sure not to put the infected parts into your compost, as this can spread the disease.

By following these tips, you can navigate the challenges of the monsoon season and keep your garden healthy and thriving. If you have any questions about managing your garden during monsoon season or throughout the year, please visit us at Warner's Nursery - we'd love to help!







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JULY 27

Pinewood Country Club Craft Fair!

Enjoy your neighbors creative works and craftsmanship at our local craft fair! Discover unique handcrafted goods from talented artisans, perfect for gifting or adding a special touch to your home. Join us for a day of shopping, inspiration, and community spirit—don't miss the chance to support local creators and find something truly unique!

10 am - 2 pm 395 Pinewood Blvd • Munds Park

Yoga in the Park by Christy Shaft

Chair 9 am July 22, 26, 29

Mat flow at 9:30 July 20, 27

Mat flow at 10 July 22, 26, 29

Meet at the Pinewood Fire Station / \$15 donation



SATURDAY, JULY 27, 7:30PM Movie Night Under the Stars

Mission: Impossible – Dead Reckoning – Part I

Bring chairs and blankets. Water and popcorn will be provided.

Munds Park Community Church FREE for the community



Guest speaker, Al Fadi, a devout
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man to study and convert Americans to Islam.
However, God had different plans for him,
turning his journey and purpose upside down.

Munds Park Community Church \$15 donation per ticket Contact Russ Breese (602) 390-6520 for info









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BIRDS OF MUNDS PARK

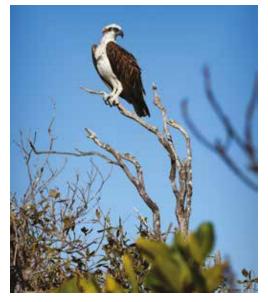
RED-FACED WARBLER & OSPREY

By Margaret Dyekman

The small, insect-eating Red-faced Warbler and the large fish-eating Osprey don't have much in common when it comes to where and how they live and thrive. But they both breed in Northern Arizona and can be seen here throughout the summer. Neither of these species come to backyard bird feeders.

The warbler is a spring and summer regular here but is not often spotted because it is small and keeps to its habitat of pines and oaks. I love its name because it describes the bird exactly. Besides its bright red face, its back is gray, the head has a black patch, and the nape is white. It forages in the trees, often quite high and out of sight. I've been privileged again this season to see it on multiple occasions, sometimes at my dripper bird bath, and a few times off my elevated back deck as it flitted in an oak tree gleaning insects. It builds its nest on the ground, hidden away in a depression of leaves or under logs or indentations in canyon slopes. Munds Canyon is a perfect place for it to thrive. This bird is sought after by people across the U.S. and the world as a "life" bird, and it's found in the States only in the coniferous forests of northern Arizona and certain parts of New Mexico.

The large raptor Osprey, on the other hand, is very visible as it flies over Odell Lake and the



Raptor Osprey courtesy of Annika



Red-faced Warbler courtesy of Muriel Neddermeyer

ponds at Pinewood Country Club. Occasionally I even hear it as it soars above our home and calls, probably teaching the young how to fly. This large bird sometimes gets mistaken for a Bald Eagle because it has a white head, but the head and body are smaller, its chest is white, and it has a broad black mask through the eyes. Ospreys are spectacular fishermen, catching prey as they dive feet-first. Once they catch the fish, they use their strong talons to turn the fish head-first to make it easier to aerodynamically fly. This year a pair of Ospreys again have a nest on the east side of the lake, and there are three juveniles in the nest. Both parents are busy fishing and bringing back prey to feed the everhungry young. Unlike the nest of the Red-faced Warbler, the large and bulky Osprey nest is built at the top of a tree and very visible with a good pair of binoculars or spotting scope. Ospreys are distributed worldwide except for Antarctica.

You can reach me at margaretdyekman@cox. net or by text at 602-620-3210. You can read all about Backyard Birding in Northern Arizona at www.backyardbirdingaz.com and order the book online or get one directly from me. I welcome your questions, reports of sightings, and your suggestions for future articles.



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BUILDING STRONG BUSINESS RELATIONSHIPS: THE KEY TO COMMUNITY SUCCESS

Hello Pinewood News readers! I'm thrilled to share some insights on a topic that's close to my heart: the power of building strong business relationships. As a real estate strategist and coach, I've seen firsthand how meaningful connections can transform not just businesses, but entire communities.

At the core of any successful business relationship is trust. Trust is built through consistent, honest communication and a genuine commitment to mutual success. Whether you're a local business owner, a real estate agent, or a community leader, fostering trust with your clients, partners, and neighbors is essential.

One of the most rewarding aspects of my career has been the opportunity to collaborate with a diverse range of professionals. From contractors and surveyors to financial advisors and fellow real estate agents, each collaboration brings new perspectives and expertise. These partnerships enable us to tackle complex challenges and achieve goals that would be impossible alone.

This sense of collaboration and unity was beautifully showcased during the recent 4th of July celebrations here in Munds Park. The community came together in a spectacular display of pride and patriotism. It was heartwarming to see local businesses, families, and friends celebrating side by side, embodying the spirit of togetherness that makes our community so special.

In the world of real estate, it's easy to get caught up in the numbers and transactions. However, the true value lies in the relationships we build. By putting people first and understanding their unique needs and goals, we can create lasting connections that go beyond a single deal. This approach

not only leads to repeat business but also fosters a sense of loyalty and trust that benefits the entire community.

My tips for strengthening business relationships?

Listen Actively: Take the time to truly listen to your clients and partners. Understand their needs, concerns, and aspirations. Active listening builds trust and shows that you value their input.

Ask More Questions: When you come across something you need more clarification on, ask questions until you can meet your client where they are. I'm not going to pretend I know it all. Sometimes, "I don't know," is the best answer, until you can ask other professionals to learn more.

Be Reliable: Follow through on your commitments. Reliability is a cornerstone of trust and respect in any relationship.

Show Appreciation: A simple thank you can go a long way. Show your clients and partners that you appreciate their business and trust in you.

Invest in the Community: Support local events, charities, and initiatives. By investing in the community, you demonstrate your commitment to its success and build stronger relationships with those around you.

I encourage all of us to focus on building strong, trust-based relationships in our business endeavors. By doing so, we not only enhance our own success but also contribute to the growth and unity of our community. Let's continue to support each other, celebrate our shared successes, and take pride in the vibrant, collaborative spirit that defines our mountain haven.

Thank you for your time, and I look forward to seeing you around town!

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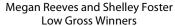
\$225,000 1285 E Cougar

Lot 1/3 Acre Hillside with incredible views of the canyon. Owner Agent. Plans available.

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Yvonne Brooks and Wendy Patterson Low Net Winners

Pinewood Country Club Women's Golf Association

The Pinewood WGA "Partners in the Pine" tournament took place over three days in June with 96 members and guests participating. Besides a big congratulations to the winners shown below, kudos to Andy Harper, Lori Prescott, and Brenda Scott and their committees for running an excellent tournament



Tim Farrell
The winner of the 2024
Presidents Cup Tournament
held on June 22nd was:

The winners of the Pinewood Mens Golf Association 2 man scramble event held on July 6th were: Bill Kuemper & Victor Ferreira.



Ken Edelbeck
The winner of the PMGA
Individual Net Championship
held on July 13th and 14th.

14th Annual Veterans Fundraiser Golf Outing

The Pinewood Men's Golf Association would like to remind everyone that the 14th Annual Veterans Fundraiser Golf Outing will be held on Saturday August 24th.

The event benefits the Flagstaff Chapter of The Military Order of the Purple Heart (MOPH) and Helping Hands For Freedom Arizona.

Please visit the website: helpinghandsforfreedom.org For info on playing, sponsoring or donating.



Pinewood Fire Department Auxiliary Golf Tournament

Pinewood Country Club
Saturday, September 14, 2024
1:30 PM Shotgun four-person scramble





Save the Date

Golf - check in 12:00 pm - 1:00 pm \$175 per player (Golfer dinner included) Open to everyone, Members and Non-Members!



For more information call or email: Jay Otlewski ~ 623-271-4234 ~ jotlewski@gmail.com

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WORD SEARCH

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CROSSWORD PUZZLE

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ACROSS

- 1. Where Goodyear is headquartered
- 6. Discombobulate
- 11. Come out on top
- 14. Dutch cheese
- 15. Red-eyed ___
- (songbird)
- 16. Charlotte-to-Raleigh dir.
- 17. Personal maids or female
- servants
- 19. Genetic stuff
- 20. "Wheel of Fortune" purchase
- 21. 401(k) alternative
- 22. Radio knob
- 24. Recreational motorboats with
- sleeping accommodations.
- 29. Free from, with "of"
- 30. Supermarket sections
- 31. Kind of ray
- 34. Roast host
- 35. Grooved on
- 38. Commotions
- 39. Rhino relative
- 40. Corner of a diamond
- 41. Hither's partner
- 42. 60's protest
- 43. Devoted
- 44. Typewriter roller
- 46. Grassy area
- 47. Place on a sink unit where things such as cups, plates,
- and flatware 51. Ran quickly
- 52. Antiquity, in antiquity
- 53. "___ alive!"
- 56. "The loneliest number"
- 57. Characteristic of animals, particularly in being physical

- and instinctive.
- 62. Floral necklace
- 63. Flowering shrub
- 64. Funny-car fuel
- 65. Moray, e.g.
- 66. Slow-moving tree dweller of
- South America
- 67. Condescending one

DOWN

- 1. Eastern pooh-bah
- 2. Zen master's riddle
- 3. Like Old Norse writing
- 4. "That's ____ ..."
- 5. Like Old Norse writing
- 6. Birdlike
- 7. Auction action
- 8. "___ we there yet?"
- 9. D.C. bigwig
- 10. Like some takeovers
- 11. The "hump" of many workweeks
- 12. tube
- 13. Approaches
- 18. Desertlike
- 23. "It's no ____!"

- 25. ___ and sciences
- 26. Woodland activity
- 27. Castor bean poison
- 28. ___-friendly
- 31. Word of possibility
- 32. "Much ___ About Nothing"
- 33. One of a kind
- 34. Down the hatch
- 36. ___ Today
- 37. Gooey stuff
- 39. South American monkey
- 40. Wild hog
- 42. Summer footwear
- 43. Warmup acts
- 45. Fanciful story 46. Hang loose
- 47. Wild Asian dog
- 48. Indian dignitary
- 49. Luau locale
- 50. "Same here!"
- 54. Novice
- 55. ___-free
- 58. Common soccer score
- 59. 1969 Peace Prize grp.
- 60. "Welcome" site
- ou. "Welcome" site
- 61. Break a commandment



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Stagecoach

The wild west came alive in 1939 with "Stagecoach," directed by John Ford. This film, starring John Wayne, put Arizona's Monument Valley on the map. With its towering buttes and expansive skies, the valley was more than just a backdrop—it was a silent character. Today, you can visit John Wayne's cabin and stand at John Ford Point, feeling the echoes of classic Westerns.



Casablanca

During World War II, "Casablanca" captured hearts with romance and intrigue. Though set in Morocco, key scenes were filmed in Arizona's historic Hotel Monte Vista in Flagstaff, Hotel Del Sol in Yuma, and Gilpin Airport in Tucson. These locations now offer a treasure hunt for movie buffs, revealing a different side of the beloved classic.



Planet of the Apes

The 1968 sci-fi epic "Planet of the Apes" transformed northern Arizona's desert into an alien world. Filming in Page, Glen Canyon, and Lake Powell, the stark landscapes perfectly matched the film's otherworldly atmosphere. These sites remain must-visit locations for fans of the genre, showcasing Arizona's diverse scenery.



Forrest Gump

The 1994 film "Forrest Gump" includes scenes of Tom Hanks' character running through northern Arizona's Monument Valley. A humorous moment in downtown Flagstaff, where Forrest steps into dog excrement, even inspired the famous "Shit Happens" bumper sticker. These locations add a playful twist to any road trip.



On a sun-soaked 4th of July, the annual parade organized by the Pinewood Property Owners' Association brought the streets to life. Families lined up, captivated by the colorful floats and lively music that filled the air. The displays of patriotism created an unforgettable experience. We extend our heartfelt thanks to the Pinewood Property Owners' Association for adding another memorable chapter to our community's history.

A special thank you to all the volunteers who made this parade a success. We also appreciate our good egg advertisers who lent a helping hand, including:

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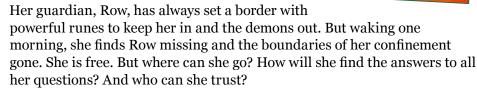
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- By Nisha J. Tuli
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By Sandy Wright

Zarya has always known she was dangerous. Raised from childhood as a prisoner, she's been trained to fight, but forbidden from using her magic. It's a dangerous secret, though no one will explain why.



Escaping to the dazzling city of Dharati, Zarya discovers a new world of enchantment and intrigue. With the help of seductive, blood-drinking rakshasa and magic-weaving Aazheri sorcerers, she searches for answers.

But the city is under siege. Every night, dark creatures attack. And since Zarya's arrival they are growing stronger. To protect her new home, Zarya joins the fight.

She knows she mustn't get distracted. She's only here to discover the truth. But since she arrived the demons have been growing bolder... Almost as if they're drawn to her presence.

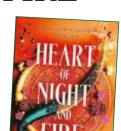
As she battles on the walls and hunts through libraries for clues about her gifts, Zahara's dreams are haunted by a mysterious stranger. Powerful, arrogant and handsome, Rabin sees through her secrets and ignites a desire she can't resist. But can she trust him?

Zarya unearths the mysteries of her captivity, and learns of an evil ancient magic that threatens to destroy everything. Soon, she faces an impossible choice: unleash her own magic and save Dharati and her home, or surrender to the darkness that has been waiting for her for centuries.

This book drew heavily on Indian mythology, and I found myself looking up terms to draw connections to the culture and guess the author's foreshadowing.

There were also a number of unique characters I loved right from the start. I was immediately drawn to Vikram and Yasen. Vikram was flirtatious and so helpful I was sure he'd end up Zarya's love interest. Yasen was grumpy and short with her, but a ferocious fighter who ended up being as close as a sibling.

Heart of Night and Fire, Book One in the Nightfire quartet, is a strong beginning to a series that promises to captivate fantasy readers. I'm looking forward to her next offering.



THE DIRECTORS CHAIR

PINEWOOD PLAYERS

by Richard Szymenski

My directorial debut came as quite a surprise to me. My family has enjoyed many Pinewood Players productions over many years. Then, upon my retirement from the commercial lighting industry, I took a greater interest in being involved with Pinewood Players, so my wife and I became donors knowing our donation would help fund the 2 scholarships the theater grants annually to 2 deserving future college students. A very worthy cause!

Last year several members of the Pinewood Players board became aware that I had retired from the commercial lighting industry and that I assisted Pinewood Country Club in the lighting design of the remodeled club. They needed someone to operate the lighting for Les Maurseth's production of Now & Then. I agreed and had a wonderful experience being a part of the production.

The Pinewood Players Board of Directors. asked if I would direct the following year's production of Paul Elliot's Exit Laughing. I was flattered and told my family. They were in full support, but it wasn't until I read the play that I realized I wanted to direct the production. The more I read the play the more I found myself laughing!

I quickly learned that the most important thing a director must do is select a great cast. I am fortunate to direct a wonderful cast of seasoned actors: Shawna Masolini as Rachel Ann, Claire Dishlip as Connie, Jayne Heckman as Leona, Cindy Smith as Millie, and Gary Sima as Bobby.

Exit Laughing is a wild and wonderful comedy that will have audience members laughing until their bellies ache. This night will be the most unusual and surprising bridge night that Connie, Millie, and Leona will have with their dearly departed friend Mary. The twists and turns of the evening will be funny and unpredictable as the ladies realize a better and happier way to enjoy their remaining years. Mix into the evening a couple of odd college students, the police officer who might not be a police officer, and a nosy neighbor, and you have a production that will have the audience "Exit

Laughing".

I assure you that you will leave the theater with a wide smile on your face and a fresh outlook on life!

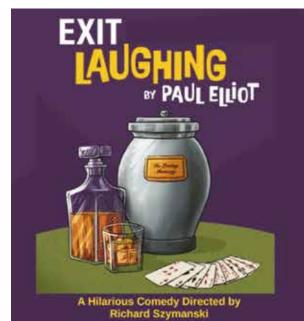
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Online: www.pinewoodplayers.com
Ticket Office:10-Noon Saturdays and 1 hour before performances
Hotline: (928) 863-9061

IN LOVING MEMORY OF

Roland Tanner Smythe

Roland Tanner Smythe, age 23 passed away unexpectedly on Friday May 10, 2024 in Flagstaff, Az. He was born in Lake Havasu, Az on February 07, 2001 to his parents Eric and Carrie who welcomed their bundle of joy. Roland had 3 sisters Megan, Hailey and Kimberly. Roland was an amazing brother, friend, son, nephew and grandson who loved the Lord with all his heart.

Roland was an inspiration to his family, friends and co-workers. He loved to play video games, hunt with his father, spend time at the beach, boating, camping and hanging out with friends. Roland was not afraid to claim his faith and bring others to the Lord. Roland's motto was "Don't tell me I can't do it, because I will prove you wrong". Roland loved going to the movies with his mom and step father along with eating Subway and Texas Roadhouse. Roland loved Storm Troopers, Anime and collecting them. Roland had the most contagious laugh and was full of life. He could do voices like Mickey Mouse, baby Yoda and made his Mom laugh. He was giving, generous and an amazing son to his parents and an incredible brother. He will forever be missed leaving behind an imprint on so many who loved him.



Roland is survived by his mom and step dad Carrie & John Gummow, father and step mom Eric & Sara, sisters Kimberly, Hailey and Megan Smythe, and his brother in law Wyatt. His maternal grandparents Ben & Anita, aunt Nicole, uncle Zac & aunt Kendra, aunt Amy, and dog Luna, P.

Roland is preceded in death by his grandfather Tom, grandmother Frances, great uncle Tommy, great grandparents Clee & Sue.



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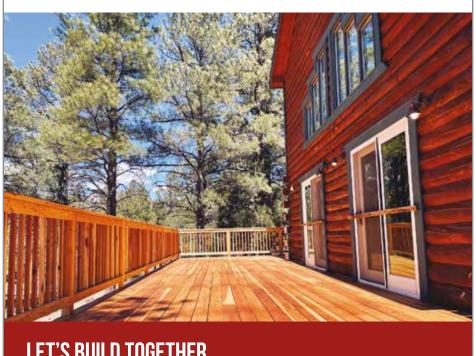


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PAWS OF **PINEWOOD**

IS YOUR DOG IS AT RISK OF HEATSTROKE

Brought to you by our friends at Midtown Animal Clinic

We are excited for summer! It's a fun time for outdoor activities with our pets. However, it's crucial to keep safety in mind. Dogs can overheat, leading to medical emergencies, so we want to share important information on heatstroke with you.

What is Heatstroke?

Animals can't sweat like humans, and their normal body temperature is higher. Dogs cool themselves by panting and sweating through their paw pads. If they only have overheated air to breathe, they can collapse, suffer brain damage, or die of heatstroke. Heatstroke is a dangerous rise in body temperature due to heat exposure beyond their ability to cool down.

What are the symptoms of Heatstroke?

A dog with heatstroke will feel hot to the touch, pant heavily, drool, have glazed eyes, and be unsteady. Severe symptoms include loss of coordination, sudden collapse, and unconsciousness. Moderate to severe heatstroke is a medical emergency.

What if my Dog has Heatstroke?

Treatment must be closely monitored. Cool the pet with cool, wet towels or cooling packs wrapped in towels applied to the head, neck, and inner thighs. Place the pet in front of a fan or lightly soak in cool (NOT COLD) water. During transport to a veterinary clinic, continue cooling. Avoid lowering the body temperature past the normal range, 99°-102° F. Veterinary treatment may include oxygen therapy, IV fluids, lab tests, and medications. Monitor the pet for the next few days for any lasting effects. Severe cases can lead to seizures, renal failure, pulmonary edema, or organ failure.

What causes Heatstroke?

Heatstroke often occurs when dogs are left in cars, even if parked in the shade or with windows down. On a sunny day, car temperatures can rise rapidly, becoming life-threatening within minutes. At home, pets in poorly ventilated areas or without shade and water are at high risk.

How can Heatstroke be Avoided?

Ensure pets have ventilation, protection from the sun, and fresh water. Open a window or crack the door for airflow if inside. Outside pets should have access to shade and a "kiddie pool" to cool off. Keep water in the shade and add ice cubes. Limit activity in high temperatures, exercising pets in the cooler hours of the day. Obese animals and brachycephalic breeds like pugs, Pekingese, and Bulldogs overheat faster.

Paw Pads can burn, so avoid keeping dogs in the back of trucks and limit walks on hot pavement. Use dog boots if walking on hot surfaces. If you suspect heatstroke, seek immediate veterinary care.

If at any time you suspect that your dog is experiencing heatstroke please seek immediate veterinary care.

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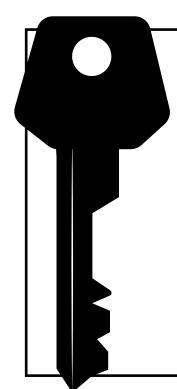


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MUNDS PARK COMMUNITY CHURCH

JUST A TASTE OF WHAT'S COMING

By Pastor Steve Bowyer

I love hanging out around our kitchen when Sara is cooking and baking. Often, when she is trying something new or wanting to make sure our dinner guests will enjoy her dish, she will give me the chance to taste it. That little taste whets my appetite and makes me look forward to what is coming.

One of our favorite appetizers is simply chips and salsa. She makes her own salsa. But since she is from Tucson and we spent years in Texas, sometimes our taste is a little spicier than our friends can handle. So, my job is to make sure our friends will enjoy the salsa and not be burned by it.

I am a little embarrassed to admit how old I was before I realized a red velvet cake is simply a chocolate cake with red food-coloring. I love chocolate. And when Sara is baking something chocolate, I usually get to lick the spoon. Sweetness!

These are just a couple of examples of when I get just a taste of what is coming making me look forward even more to the final product.

"As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. So, he went to her, took her hand and helped her up. The fever left her, and she began to wait on them." (Mark 1:29-31)

This was a private miracle. Just the four disciples and Simon's wife knew what happened. Someone got the word out and it spread quickly.

"That evening after sunset the people brought to Jesus all the sick and demon possessed. The whole town gathered at the door, and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was." (Mark 1:32-34)

You would think this would have been a tremendous opportunity to launch his new organization, the church. Momentum is fickle. It makes a huge difference in the success of any organization. Striking at the right time to capture momentum like this is critical and can make the difference between the long-term success or failure of any new venture.

This was in Capernaum. The whole town showed up. They could have planted a church and everyone in town would have attended.

Why? Why did not Jesus take full advantage of the situation? Maybe He needed a different P.R. man, a marketing advisor, who could have captured the timing of the moment. You might think He wasted this opportunity since He chose not to build on it.

The next morning the disciples could not find Jesus anywhere.

"Simon and his companions went to look for him, and when they found him, they exclaimed: 'Everyone is looking for you.' Jesus replied, 'Let us go somewhere else – to the nearby villages – so I can preach there also. That is why I have come." (Mark 1:35-39)

What?! Everyone is at Simon's house. The energy is palpable. The anticipation of every disease being healed, and every demon told to move on. No more suffering! Jesus, and the disciples, had the opportunity to raise their fame and fill a church. And Jesus decided to move on to advance His message, not the miracles.

But Jesus did not come to create a healing ministry. He did not come to make the miraculous the norm. He came to have opportunities to speak the Word of God to people to explain what Heaven is like and how to get there.

Jesus came to get us to Heaven, not bring Heaven to us. He did enough to give us a taste of what Heaven is like. The point being, to whet our appetite for what was coming. In Heaven, there is no demonic activity, disease, broken bodies, nor broken relationships. In Heaven there will not be any need of miracles because nothing bad happens there. All that happens here. And He has provided a way of escape to get us there.

Imagine the crowd at Simon's house that next morning and having to explain to them that Jesus was not going to heal any more people there that day. He was going to the next town to talk to the people about Heaven. Maybe we do not need to imagine that because we may know the feelings of knowing someone else who God healed but He is not healing us. He seems to have moved on.

He will. One day everything will be perfect. New bodies. New Heaven. New Earth. Jesus gave us a taste of the banquet that we will enjoy in Heaven. It was only a taste, on purpose. To motivate us to get to the banquet.

Hang out in Jesus' kitchen. Get a taste of his spice. Get a hint of the sweetness like chocolate without any calories. Do not expect here to be Heaven. But, whatever you do, do whatever you have to do to get there. Faith.

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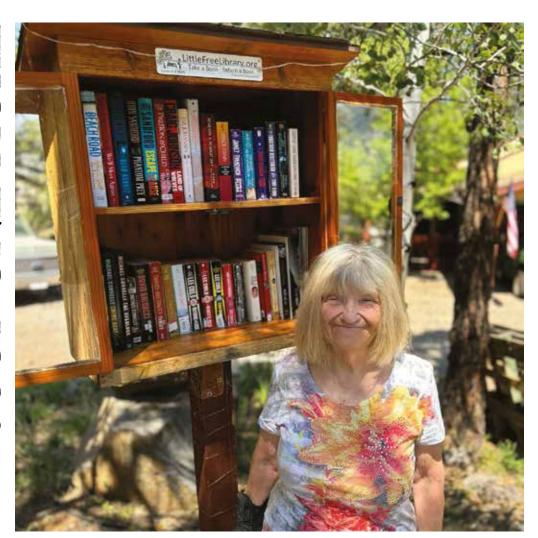


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JUST ONE MORE



Introducing Walline Watson! A local for over two decades, Walline recently reached out to The Pinewood News to spotlight her book library, a gem she's eager for our readers to discover.

Together with her husband Troy, Walline has explored the Park, researching other free libraries to compile a list for our community's enjoyment. Her enthusiasm for reading and community spirit is truly inspiring.

Elizabeth Husak responded to our Facebook post about this initiative, sharing that there's also an app called "Little Free Library."

Little Free Library is a nonprofit organization headquartered in St. Paul, Minnesota. It aims to foster community building, ignite a passion for reading, and ensure book access for all through a worldwide network of volunteer-run Little Free Library book-exchange boxes. You can download the app at littlefreelibrary.org.

Remember, there's nothing better than losing yourself in a good book!

Visit Walline's library at 17040 South Orchard Pl, and explore the other sites that Walline and Troy have discovered:

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