PINEWOOD NEWS THE HOMETOWN NEWSPAPER OF MUNDS PARK, ARIZONA SINCE 1993

VOL. 29 NO. 16

SEPTEMBER 15, 2022

SEVEN H L WRIGHT CATTLE CO. WHERE DID THE COWS GO?

STORY ON PAGE 19

FREE!

WWW.THEPINEWOODNEWS.COM Photo by Barbara Sherman Photography

COMMUNITY CALENDAR

Sponsored by the Munds Park Business Alliance

Building Business Partnerships for a Stronger Community



MUNDS PARK Business Alliance

DATE	EVENT	LOCATION	TIME
Every Sunday	Munds Park Community Church Services	17670 S Munds Ranch Rd	10:45 am
Every Monday	AA Meetings hosted at Munds Park Community Church	17670 S Munds Ranch Rd	7 pm
Every Thursday	Spread the Bread - Get some for your neighbors too!	17670 S Munds Ranch Rd	10 am
Saturday, September 24	Munds Park Business Alliance End of Season Party! All welcome!	17825 Golden Pond	5-10 pm
Tuesday, October 4	Pinewood Fire Department Auxiliary Members Meeting - Public Welcome!	475 E Pinewood Blvd	6:30 pm
Thursday, October 13	Pinewood Sanitary District Board Meeting - Public Welcome	18075 Fairway Dr	3 pm
Tuesday, October 18	Pinewood Fire District Board Meeting - Public Welcome	475 E Pinewood Blvd	3 pm
Wednesday, November 16	Munds Park Community Watch	475 E Pinewood Blvd	6:30 pm

THE NEXT EDITION OF THE PINEWOOD NEWS HITS NEWS STANDS OCTOBER 3.



PINEWOOD NEWS THE HOMETOWN NEWSPAPER OF MUNDS PARK, ARIZONA SINCE 1993

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THE PINEWOOD NEWS

Genna & Sandee Caviness, Editors & Publishers 928.286.9827 • Hello@ThePinewoodNews.com **OFFICE HOURS:** Monday - Friday, 9 am - 4 pm 18 W Pinewood Blvd, Munds Park, AZ 86017 PO Box 18977, Munds Park, AZ 86017 www.ThePinewoodNews.com

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The next deadline for advertisements or articles

September 26, 2022



COLDWELL BANKER



\$699,900 17745 SUPAI RD

Mountain cabin on Pinewood Country Club golf course. 3 bedrooms, 2 full baths, nearly two-third of an acre. Views galore. Massive stone fireplace, Updated kitchen in a great room setting. Woodsy, midcentury modern cabin, windows overlooking golf course.



\$539,000 1350 E BOBCAT DR Large modified A-Frame among

oak and pine trees, this one owner home is rustic, woodsy and comfortable. Bedrooms are all large with one down and two up. Front deck is spacious. Could use some updating but ready for a new start.



\$352,000 17650 S MUNDS RANCH RD Horse Property! Gorgeous lot with meadow front and tree lined back. All utilities will be to the lot line including electricity, water and sewer.



\$449,900 17295 S ZIA PLACE Exceptional Remodel. From Top to bottom, everything has been updated. New mason stem-wall. New metal Roof. New Paver Driveway. New mason/metal architecture fence. New spacious artificial lawn in backyard. Two sheds.

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\$519,000 410 E TURKEY TRAIL

Unique and well-maintained cabin. Upgrades, including a great room of tongue and groove wood with cathedral ceilings and windows overlooking the forest. Covered patio, 12 X 12 storage shed and a fully fenced backyard.



\$1,039,000 17385 E MOUNTAINSIDE PL

Beautiful log-sided forest retreat in Pinewood County Club. Nearly a half-acre lot, private and

serene. West facing air decks with circular stairway. Fenced paver backyard with built-in firepit. Gorgeous stone faced central fireplace, separate living and family rooms, formal dining, gourmet kitchen.

Becky McBride Associate Broker/Owner



\$450,000 90 W CAMPFIRE TRAIL

FIXER UPPER BANK PRE-FORECLOSURE. 3 bedroom, 2 bath home. Primary bedroom off living room, kitchen, dining. 2 bedrooms downstairs. 1 car garage re-conversion. Opportunity for someone to make this house a home. \$315,000 255 E OAK DR

Very well cared for home with 2 bedrooms 2 baths. New roof within last 3 years. Open floor plan and vaulted ceilings in living room. Large 12 x 10 workshop and another storage shed too. New carpet. All electric

928.606.1385 Becky@flagstaffrealestate.com



Regina Bailey Associate Broker 928.699.7069 Regina.Bailey@ProvidentAZ.com



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17 Last Train to Juarez
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24 T-BoneZ

30 Matt Ferris



COMMUNITY

PINEWOOD SANITARY DISTRICT **NOW HIRING!**

Administrative Assistant

Pinewood Sanitary District is looking for an Administrative Assistant. Full time position, once training is completed. Medical, PTO & retirement benefits. Wage based on experience.

We are looking for someone who is friendly, works well with others, flexible with hours and can perform a variety of clerical tasks. Duties to include: Administrative support to the office, employees, and Board of Directors. Monthly board meetings and documentation, maintain filing system, great written communication, phone skills and working with the public. Proficiency in Windows, QuickBooks & Excel is helpful.

SEND RESUME OR EMAIL TO: Pinewood Sanitary District/ Admin Assistant PO Box 18578 Munds Park, AZ 86017 LISA@ PINEWOODSANITARY.COM

HALLOWEEN Trunk or Treat

SAVE THE DATE!

Saturday, October 29

1-3 pm

Pinewood Country Club parking lot

Trunk or Treat • Games • Crafts • Lots of fun!

If you would like to donate candy, volunteer, or decorate your car and participate, please contact Linda Burnett at (619) 954-6901 to sign up by October 3.

Candy donations can be given to Linda Burnett or dropped off at the firehouse

May be postponed or cancelled due to inclement weather.



MUNDS PARK COMMUNITY CHURCH

Friday, September 23

4 pm

Great German food, music, fire pit, and games. Family fun for free! Meet us at the church parking lot!

THE LAST MUTS VOLUNTEER EVENT OF THE SEASON!

Date: October 8 Time: 8:15 a.m.

Where: Pinewood (240) Trailhead

The priory project is removing litter from the Forest Service roads.

A free lunch will be provided after we conclude our tasks at 12 noon.

Please R.S.V.P., via email, by October 2nd if you plan on attending the workday and lunch. mundstrailstewards@hotmail.com

What to bring: Work gloves, long pants, sturdy shoes, dress for the weather and bring along a good sense of humor. We will provide the trail tools and water.

Check our website for more information about the MUTS and the trails surrounding the Munds Park at mundsparktrailstewards.com.



SPAIN'S AUTUMN PARTY

Saturday, September 24 • 5-10 pm 17825 Golden Pond, Munds Park Bring an appetizer and enjoy the Karaoke Boys from 6 - 10pm!

WINTER SUBSCRIPTIONS

PINEWOOD NEWS

The hometown newspaper of Munds Park, Arizona since 1993

8 ISSUES BEGINING OCTOBER

THROUGH THE END OF APRIL!

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FOOD

VEGAN SLOPPY JOES



By Iosune & Alberto SimpleVeganBlog.com I'd wanted to try vegan Sloppy Joes for a long time and I finally did it a few weeks ago. All I can say is WOW! They may be the best

sandwiches I've ever had, as they are nutritious, tasty, and SO good!

To veganize this traditional American dish, I used lentils instead of ground beef, and the texture is really good and satisfying. This recipe is healthier and lighter than the original one too, but it's equally filling. Besides, you can customize it with your favorite ingredients and add the veggies and spices you want. It's a perfect meal to serve at a party or to enjoy as a regular lunch or dinner!

Vegan Sloppy Joes are delicious, satiating, and super easy to prepare! They require simple and inexpensive ingredients, and to make them you only need 30 minutes!

INGREDIENTS

- 1–2 tbsp extra virgin olive oil
- 1/8 tsp cayenne powder (optional)
- 2 cloves of garlic, chopped
- 1/4 onion, chopped
- 1/2 red bell pepper, chopped
- 1/2 green bell pepper, chopped
- 15 oz canned or cooked lentils
- 1 1/2 cup tomato sauce
- 2 tbsp soy sauce or tamari
- 2 tbsp tomato paste

- 1 tbsp brown sugar
- 2 tsp garlic powder
- 2 tsp onion powder
- 1 tsp sweet paprika
- 1/8 tsp ground black pepper
- 6 whole-wheat hamburger buns

INSTRUCTIONS

- Heat the oil in a pan and add the veggies and the cayenne powder. Cook over mediumhigh heat until golden brown, stirring occasionally. Add more oil or a little bit of water if needed.
- 2. Add all the remaining ingredients, stir, and cook for about 10 minutes or until the sauce thickens.
- 3. Serve the filling over the buns and add your favorite veggies (I added some red cabbage, carrot, fresh chili p



- cabbage, carrot, fresh chili peppers, and avocado slices).
- 4. Keep the leftover filling in an airtight container in the fridge for 3-5 days or in the freezer for up to 3 months.

PRO TIPS

- Feel free to use any veggies you have on hand.
- You could also make this recipe with other legumes, textured vegetable protein, or seitan instead of lentils.
- Add any spices or herbs you'd like.
- Use water instead of oil if you prefer a low-fat version of this recipe.
- The tomato sauce can be replaced by tomato puree or even ketchup, but I think tomato sauce is the best choice.
- These Sloppy Joes will be less likely to fall apart if you cook the filling long enough to get a thick paste.
- You can make vegetarian options by adding a slice of cheese.





PINEWOOD POWERED BY RE/MAX FINE PROPERTIES





\$930,000

566 E Crestline Road

MLS#190884 Beautiful 3 level, double car garage, additional detached garage, gated entry. Main level consists of a large bedroom, full bath, family room, wraparound deck. Main level consists of 2 bedrooms, bath, kitchen, living area and more wraparound decks, upper level consists of a large loft, huge primary suite with a personal deck, double sinks at the bathroom vanity, tub and separate shower, walk in closet. Living room fireplace has a pellet stove insert. Home is equip with central air conditioning. All appliances will convey. Private road leads to this property. Watch for my arrow sign to get you into this property.



17955 Golden Lake Trail

MLS#190696 Log sided cabin with open floor plan, large front deck, large covered back deck, 4 bedrooms PLUS a large loft bedroom with its own bath. Over 2800 sq ft livable home just a short distance to the National Forest, Lake O'Dell and many hiking trails. Central propane heat, 2 fireplaces (one in living room, one in Primary bedroom). Fenced in backyard. Garage. Primary suite is large and open with its own propane fireplace, double doors opening to the back covered deck. Bath has double sinks and walk in closet. including a large walk in shower. Home has distressed wood flooring, tile and carpet thruout. Loft bedroom at top of stairs is open, large and sleeps at least 4 or more (built in beds). Home is ready to preview.



17980 S Walapai Road, 10b

MLS#191021 VIEWS OVERLOOKING PINEWOOD COUNTRY CLUB FAIRWAY, INCLUDING TWO PONDS. THREE BEDROOMS, TWO FULL BATHS (BOTH WITH SOLAR TUBES), SLIDING DOORS FROM LIVING ROOM AND MASTER BEDROOM,OUT TO THE COVERED DECK. CELESTIAL WINDOWS THAT MAKE THE HIGH CEILINGS IN THE LIVING ROOM LIGHT AND BRIGHT. COVERED DECK WHICH MAKES THE DECK USABLE ALL SUMMER, RAIN OR SHINE. LARGE WOODBURNING FIREPLACE. THE CONDO PLAN IS PERFECTLY SET UP WITH 2 BEDROOMS ON ONE SIDE AND A HUGE MASTER SUITE ON THE OTHER. MASTER SUITE HAS ITS OWN WALK IN CLOSET AND AN ADDITIONAL CLOSET IN THE BATHROOM. LARGE STORAGE SHED WITH POWER OUTSIDE THE FRONT DOOR.



\$55,000

110 Ponderosa Drive, 110, Stoneman Lake, AZ

MLS#190802 Heavily treed lot ready for your personal cabin. Lot dimensions are front 100.59 x 230.51 x 125.38 x 239.48. Sign on property. Lot affords panoramic views of the valley and lake bed. Water service is supplied thru Stoneman Lake water company. Lot is heavily treed. HOA membership is optional.



\$499,900

790 E Caribou Road

MLS#191030 RUSTIC LARGE 1 BEDROOM, 1 BATH WITH 3 SEPARATE LOFTS A FRAME. TWO LOFTS HAVE CLOSETS. CENTRAL PROPANE HEAT, LARGE DECK WITH SLIDERS ENTERING INTO THE DINING ROOM, LANDSCAPED, CIRCULAR DRIVEWAY, HIGH TONGUE AND GROOVE CEILING. WOODBURNING FIREPLACE, UPGRADED KITCHEN



\$674,900

17395 Sequoia Drive

MLS#191072 Single level 3 bedroom, 2 baths, huge wraparound deck with panoramic views overlooking Munds Canyon. Two car garage, owned propane tank, dog run on side of home, large concrete driveway, newer carpet in living room, all 3 bedrooms, hardwood oak flooring in kitchen, baths and hallway, New roof in 2019, toilets are ADL compliant, A/C units in large living room and bedroom/office. You will love the views off the back of the property. Location is quiet.



\$335,000

17050 S Penguin Place

MLS#190854 Large double wide manufactured home on a quiet cul de sac. In need of some repairs and updating. Three good sized bedrooms, large living room and a family room. Skylight over the large kitchen island. Plenty of parking.





PINEWOOD 15 W Pinewood Blvd PO Box 17218 Munds Park, AZ 86017

Debi Bright Managing Broker



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\$239,000

120 Hunter Place

MLS# 189738: Magnificent 6,000 square foot cul-de-sac lot for your New Manufactured home or cabin. The previous mobile home has been removed, and the lot has been groomed for a new home. The pad has been installed. All utilities, including sewer tap, had been previously installed. Large shed on property. Currently the only vacant manufactured lot available in Pinewood.

CALL BOB OR SAM



1235 E Coyote Road

MLS# 189864: "AS IS" 2 Bdrm; 2 Bath FIX-UP is part single wide older mobile and an addition that allows plenty of space for Living Room and a Dining Room attached to the Kitchen. This home will require new flooring as they were damaged by Renters; and the bathroom shower stall, vanity and sink have been removed and will have to be replaced by Buyer. In lieu of replacing these items the Sellers are giving a \$10,000. CREDIT TO BUYER at COE. Central Heat and Air conditioning. The Back Deck is PRIVATE. Yard partially fenced with Irrigation. Storage Shed included. Huge Ponderosas; Blue Spruces; many others! CALL SAM OR BOB



17190 S Kay Place

MLS# 190761: 3 Br 1.5 Ba Home has been a real treasure to a family of four. The roof has been partially rebuilt plus part of the home by Jeff Leland. Newer fencing around the beautifully landscaped yard. The Wood Stove was put in to replace the old one and the furnace is now a High Efficiency Electric. Much of the plumbing has been replaced with Pex. Large Storage Shed. The Sewer lines were replaced from the street to the house. Most of the flooring is vinyl plank with the exception of one BR which is carpeted. The back yard is so adorable and private! All of this on a 9400 sq foot lot. Perfect Starter Home in a Very Happy neighborhood. CALL SAM OR BOB



17035 S. Orchard Place

MLS#190455: NOTHING LIKE LIVING ON THE NATIONAL FOREST LINE! This Adorable 2BR, 2BA Home is just that! The Kitchen is Roomy, gorgeous cabinets and space for a table plus a Work Bench. As it blends into a Dining/LR Area you will find a space for a Larger Kitchen Table or decorate it as you choose. The Family Room has Two Full Walls of Windows and a Tongue and Groove Vaulted Ceiling. A Perfectly enjoyable room allowing you the enjoyment of light and forest! HVAC SEER RATING IS 18. Out back is the patio which leads you out to a completely fenced yard with 3 gates. And there you are: ON THE FOREST with Beautiful Views of Trees: Deer and Elk etc. Don't forget the Workshop with electricity and a burn pit. Much work done on the house shown by attachments. One patio; one deck. CALL SAM OR BOB



\$479,000

17135 S Mescalero Drive

MLS# 189911: DON'T MISS THIS GORGEOUS A-FRAME! The Carpeted Primary Bedroom is downstairs along with a Large Bath across the Hall. Awesome Tile Walk-In Shower; T & G Ceilings and through-out makes this a Very Mountainy Cabin. Laminate floors up and down add to Color and Warmth. The Living Room contains a Wood Stove which easily heats the home. The wall behind it is properly treated for safety. The Upper Front Wall is all Trapezoids which allow so much light & views of the trees. The upstairs is a HUGE Space thanks to a Large Dormer! Space to add another 3/4 Bath if chosen. Home comes Furnished As Viewed. Interior & Exterior painted in 2017. Deck Resurfaced in 2021. Front and Back Deck. The Laundry Room is in a separate room outside the back deck. Also, room to build a Garage. CALL SAM OR BOB



17140 Sequoia Dr.

MLS# 191029: Beautiful Doublewide Manufactured Home plus Large Arizona Room close to the National Forest. 2 Bedrooms and 2 Baths. Vaulted ceilings in the Great Room. Separate Laundry / Built-in office desk area. Large Primary suite with walk-in shower and walk-in closet. Upgraded carpeting and wood laminate flooring. Both bathrooms have upgraded vanities and toilets. Eat-in Kitchen offers tons of cabinets for storage. Cheerful light-open floor plan. The large deck has a roll-out awning. Numerous Ponderosa Pines shade the property. Back yard has TREX deck and an ample storage shed with electricity. This well-maintained home has had certified tie-downs installed. Arizona room is not included in the overall livable square footage. Comes furnished with a One Year Home Warranty. CALL BOB OR SAM





SAM TILLERY, 34 years of service Realtor® 928.699.1862 CELL Sammicedez@aol.com

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HOSS ROGERS CUSTOM JEWELRY

Artist • Metalsmith • Creative

I grew up in the Southwest, so my work is heavily influenced by Native American and Mexican folk art of the '30s and '40s. As well, I am inspired by ordinary objects and pop culture, which culminates in my style, once termed as "Pop Western."

I like my work to be functional, creating pieces that will last a lifetime and are sturdy and uniquely timeless. These chunky, sometimes irreverent pieces are juxtaposed with exquisite, and often intricate details and personal messages, that create guaranteed uniqueness in each piece.















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10 SEPTEMBER 15, 2022



by Stacey Wittig

UNSTOPPABLE STACEY TRAVEL WRITER



High Country Motor Lodge Bar



High Desert Pinsa served by the fire pit

DARK, SOOTHING, INTIMATE: THE BAR AT FLAGSTAFF'S ALL-NEW HCML

If you are hip to dramatic, well-designed bars, then High Country Motor Lodge, affectionately known as HCML, has the drinkery for you. New owners just pumped \$13M into renovating an iconic Route 66 motor hotel, and the result is stunning. They have cultivated an environment that reflects Flagstaff's outdoor scene, position on Route 66 and dark sky legacy. This hip stop is a must-visit for architecture nerds like me and design lovers like many of my friends. Fortunately, you don't have to be a guest at the resort to enjoy the eye-catching design of the bar, the firepits on the outdoor decks or the fanciful food menu. But if you reserve a spot in the 123-room boutique hotel, then all the better!

The wide porte cochère makes a statement as you pull up under the entry to this vintage 1962 motel, which just reopened this summer. Push wide the side-by-side plate glass doors freshly decked with a gold vinyl design that makes a statement of the luxury you'll find within. The long, dark entry leads you past enormous photographic prints of vintage river runners of the 1950s and 60s, which hang on the walls awash in deep blue hues. In next to no time, you arrive at a gathering place that welcomes an extended sit with cozy furniture custom designed and built for the space by a firm in Chicago.

Off the central gathering space that once was the lobby, the HCML front desk, a General Store and the cocktail bar radiate from the center. The front desk counter—no longer up front— has been compressed and relegated out of sight, where according to your druthers, you check in with a friendly human or on convenient iPad stations where you make your own keys.

In the 60s, the counter would have been the focal point, but it now takes a back seat to the inviting lounge area. You could almost call the adjacent gastropub a lobby bar. Still, with a wall of floor-to-ceiling retractable glass to the bi-level patio out back, it might be considered more of an avenue to the outdoors—or to the gathering spaces that direct the eye, and the flow of traffic around a nook to additional seating with a communal table, of course, and through that restful area to a sizeable game room.

During one of my visits, a European family playfully shot pool on the sable felted table while two young men played chess on one of the game tables. In this space, another floor-to-ceiling plate-glass window, so popular in the 1960s, invited the eye outdoors, and the dark fireplace on the adjacent wall seemed to stand sullen and resentful of all the out-of-doors attention. Draperies fold back to invite you into the off-shoot spaces or close to create privacy for group meetings, book clubs or intimate gatherings.

From the bar, the floor-to-ceiling glass retracts, revealing the Ponderosa pine-studded Mars Hill, blue skies and mountain-fresh air. Neighboring Mars Hill is home to Lowell Observatory, where astronomers discovered Pluto and the International Dark Sky City program was launched.

The edgy design flows out through the patio, with seating kept cozy by gas firepits, and then into the central green and cold plunge pool, the largest pool in Northern Arizona. Shaded cabanas line the far edge of the swimming pool, and the depression for a 16-person jetted hot tub awaits its finishing touches of concrete and tile refinement. A few steps away

Continued on page 13

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Michelle Farnell RE/MAX[®]

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TRAVEL

Continued from page 11

from the future hot tub are two tiny cedar houses that contain dressing rooms and private saunas. The Nordic Experience, an add-on service for hotel guests, comes with towels, long, Nordic-style hooded bath robes, an outdoor shower and a seating area that sports a gas fireplace. My insider tip is to reserve the Nordic Experience early in your hotel visit to have a robe in your room for the remainder of your stay.

Back inside at the cocktail lounge, loads of natural lighting is juxtaposed with midcentury-style chandeliers that cast a glow to the oriental rugs and intimate seating areas below. Potted plants bring the outdoors in with just the right opulence of greenery.

The bar's Colorado River running theme extends to the menu. You'll sip cocktails such as the Goddess of Glen Canyon with fresh-squeezed grapefruit and vodka that harkens to a surprise décor photo at the hotel's entryway. Or nip the Canyon Bound Mule, another vodka drink with ginger beer, of course, or the Emerald Mile, the house margarita.

Order pinsa-style pizza from the General Store, and it will be served to you at your fire pit retreat or other spots in the resort. The artisan-style handpressed pizza dough is shipped in from Rome. Italiano aficionados won't be disappointed with the Margherita, the High Desert (my personal favorite with arugula, tomatoes, burrata, prosciutto and balsamic drizzle) or the Drifter's Escape spread with ricotta, lemon zest, roasted zucchini, chili flakes and lemon ash. Salads, sandwiches and healthy breakfasts are also provided via this uncommon dining experience.

"Flagstaff is a very outdoorsy place, and we try to be as accommodating to that as possible," says Ellie, who serves clients in the General Store, not an ordinary hotel pantry with healthy provisions you wouldn't usually see.

The bar and fire pits at High Country Motor Lodge make a perfect après-ski or après-river running spot or a getaway into another world for the weary Munds Park wanderer. The only difficulty will be deciding where you want



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- La Playa Carmel Carmel by the Sea, CA
- Hotel Carmel Carmel by the Sea, CA
- El Chorro Lodge Paradise Valley, AZ

As is common in the travel industry, UNSTOPPABLE Stacey was provided with accommodations for the purpose of review. While it has not influenced this review, the author believes in full disclosure of all potential conflicts of interest.

UNSTOPPABLE Stacey Wittig is a travel writer based here in Munds Park. Get more travel inspiration at unstoppablestaceytravel.com.



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THE VIEW FROM HERE BLESS HIS BLACK HEART

by William L. Cowan

Edgar Allen Poe published the following in 1845:

Once upon a midnight dreary, while I pondered, weak and weary, Over many a quaint and curious volume of forgotten lore — While I nodded, nearly napping, suddenly there came a tapping, As of some one gently rapping, rapping at my chamber door. "Tis some visitor," I muttered, "tapping at my chamber door— Only this and nothing more."

••••

And out of the dark night and into this chamber there came a raven who perched on a bust near the open door and repeated again and again - "Nevermore."

Now my long dead father, like most people, did not care for crows and ravens any too much - but over the years, I've personally grown to love them as a truly remarkable resident of our great Arizona Northland. Ravens (Corvus corax) is the most recognizable member of the family Corvidae, which also includes crows, blue jays, Clark's nutcrackers and magpies. Ravens have the largest wingspan of all the crow family members with a measurement of up to four feet. Corvids are thought to be among the most intelligent of all birds and there is current speculation that they may use tools and know how to count – unlike some teenagers I have known. This intelligence is often shown in many of their everyday habits.

Ravens are monogamous and pair for life, and each spring they seem to fall in love all over again. I've seen pairs of ravens flying close together in what seems like aerobatic gymnastics with loops, dives, and barrel-rolls combined with a wide variety of what might almost be described as a conversation of love, along with testosterone-driven aerobatic bravado.

The young pair builds and maintains a nest together their first year together or, depending on the location, they may appropriate and remodel the nest of a red-tailed hawk or other large raptor. They then use the same nest year after year.

When the eggs are laid early in the spring the female incubates the 4 - 7 eggs for a period of 3 weeks or so. During the time the female is on the nest the male forages and shares what food he finds with her. When the young birds hatch both parents share the feeding and rearing of the nestlings and may even be helped by other family members from the last two year's hatchlings. Fledglings learn to fly at around six weeks of age. Young ravens stay with their parents for about three years, so if you see a flock of ravens, it is generally a closely related family.

> Surprisingly, males stay with their parents longer than females and males tend to nest in the home territory of the family, while females establish territories further from home. Ravens may live in the wild for up to 25 years and up to

50 years in captivity. They'll eat virtually anything and are particularly fond of the road hash prevalent along our thoroughfares these days. I think of them as uniformed road janitors patiently waiting for traffic to ease up a bit to finish their duties. While I don't generally have ravens at my feeder, if there happens to be something appropriate such as suet or rib bones, they'll come and try to pack it off. It's fun to try to frustrate them by tying things down.

One of my favorite things about these black denizens is their sound. Unlike crows which have a repetitive cawing, ravens seem to have a wonderfully irreverent vocabulary of deeply guttural grunts and calls. They can mimic other birds and animals and utter a whole menu of other sounds. I thoroughly enjoy what might be termed the conversation from a flock of ravens as it would seem like there might almost be a dialog running between the various family members, which I must admit, I occasionally find myself participating in.

So, the next time you're out hiking in our beautiful backwoods and hear a raven, think of that feathered black bird who entered Poe's bedroom. As he was regretting the absence of his lost Lenore, an intelligent bird who told him essentially, "Life goes on, but will be the same - Nevermore."

If you visit our beautiful outdoors, please respect the beauty here and leave no trace of your visit. Enjoy Northern Arizona!

Questions or comments welcome. Please email me at verdehistory@yahoo. com or Facebook - Bill Cowan–Rimrock. I want to thank all the folks who have emailed me about their love for Northern Arizona.

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GARDENS IN THE PARK

LATE SUMMER CONTAINER GARDENING

by Warner's Nursery

Late summer and early fall can be a glorious time for your garden – particularly your container gardens.

This is the time of year when perennials are in full growth and you can easily add them as well as small shrubs in your containers to replace spent annual flowers. It's an easy way to refresh your yard or space as we head into fall.

Here at Warner's, we are still getting fresh plant material each week, including grasses that can be used as a fun focal point of your containers. Surround them with mums, asters and pansies, which are making a comeback with the cooler weather.

When designing a decorative container garden, your mantra should be "thrill, fill and spill."

The thrill is that part of your container, typically in the center, that has height and a "wow" factor. Certain grasses, snapdragons and salvia are great examples.

Then "fill" in your container with plants that give your container the body it needs, with colors and textures that complement your eye-catching thriller. Lantana, pansies and asters work great in this role.

Finally, you need something that spills over your container, like calibrachoa, verbena or sweet potato vine.

You aren't limited to just flowers, grasses and shrubs in your container gardens, however. Right now is a great time to grow a fall crop of cool season leafy greens, like kale, spinach, arugula and Swiss chard. These are fast growing veggies, so you'll have plenty of time to harvest them before it gets too cold. Not that cold is a particular concern for many of these plants, which tend to be frost tolerant.

Here are some basic guidelines for container gardens:

- **Good Drainage** Make sure your container has a hole or holes big enough for excess water to escape. If it's a pot that you plan to place on a flat surface, you might want to elevate it so the water isn't blocked.
- **Good soil** In container gardening, you are creating your plants' environment and the key to that is good, healthy soil and a slow-release fertilizer so your plants don't starve. We have an excellent array of soil and fertilizers at Warner's and we'll be happy to discuss what will work best for your container garden.
- **Careful transplanting** When removing your plants from the nursery containers, please be gentle. If it's in one of our multi-packs, squeeze the flexible plastic to ease the plant out. If in a nursery pot, try pushing it out from the bottom. Avoid pulling the plant out.
- Air Pocket Perils Beware of air pockets. If you have several plants in one container, make sure there's enough soil between the plants to avoid air pockets. They are killers, causing the plant's roots to dry out.
- **Don't Forget to Water** The monsoon rains have been wonderful, but they aren't enough to keep your container plants fully hydrated.

We hope you enjoy the last few weeks of summer and welcome the fall season with lots of color in your container gardens. If you have any questions about container gardening – or any horticultural topics – please call or stop by. We'd love to chat with you.

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20

SEVEN H L WRIGHT CATTLE CO. WHERE DID THE COWS GO?

By Sandee Caviness

Munds Park has a long history of cattle ranchers. Pioneer, William Munds forged his way West when the land was considered free, and settlers only needed to stake their claim. Pioneers could homestead up to 160 acres, build a home and let their cattle roam freely.

Ranching today comes with established borders and substantial operating costs, but like the settlers, it requires a lot of hard work and grit.

Most people only dream of living a ranching lifestyle, but Jamie and Flint Wright are current-day cattle ranchers living the life of open fields, fresh air, and hard work that keeps them deeply in touch with nature, body, and mind. This husband and wife team own the Seven H L Wright Cattle Co. along with Flint's father, Jay, and mother, Marjorie. Each couple owns 50% of this familyowned ranch, and their cattle can be seen roaming the forest around Munds Park.

The Wright family has been ranching for 150 years. Ranching began with Flint's grandpa. Fint's father Jay, who is 88 years young today, is still working. They started cattle ranching in Nevada and branched out into Idaho, Montana, Wyoming, New Mexico, Arizona, California, and Utah.

They bought the Arizona ranch in 2011

from the Morrison brothers. The brothers owned the ranch for almost 75 years.

Born into the cattle industry, Flint loves working on the ranch and wouldn't want to do anything else. Jamie, born in Califonia and new to the industry compared to her husband Flint, is in deep love with her husband, his family, and her life as a rancher.

This husband and wife duo explains each grazing location is different, gifting them with new scenic views, and each day brings new challenges keeping them interested in their work. One day they move cows from one pasture to another. The next day they track cows separated from the herd, mend fences, drop salt for the cattle, or assess weather conditions. That's just a few of the things on their to-do list.

Apparently, cows like their grass salted, so I had to ask why. I was a flatlander just three years ago, so I have a lot to learn. Flint explained that it's a mineral supplement for the cattle. Environmental conditions rarely exist where grass carries all the minerals needed for the cattle. So they combine salt and a mineral pack to supplement the cows' diet.

The cows enjoy roaming free in the forest, and some curious cows will wander off from the herd. Flint explains finding cows who

explore beyond the herd are relatively easy to find. The ranchers look for fresh cow tracks and manure droppings generally found around a close water source. The ranchers follow tracks and manure until they get all the cows. The cows are rarely away from the herd for more than a week.

Flint said that a smart cow can elude ranchers from tracking them and sometimes not found until the following season. He explained that cows can handle enormous temperature changes, heat, and cold. So they get along fine.

Flint moves the cows as often as every 30 days, sometimes faster, depending on the weather conditions. Monitoring weather is an essential skill for ranchers, a skill they use to establish a pasture rotation plan with the Forest Service. They start the process in March or April each year, developing their rotation plans based on predicted weather conditions. They also assess areas cows have already roamed when

developing plans to prevent overgrazing. Flint and his team do the assessment process again for the fall rotation beginning in November, but the plans are always subject to change.

Flint says ranching is not a perfect science, but they adapt and change every season to give their cattle the best fields to graze and allow forest lands to recover. They will let the land rest for an entire year before bringing the cattle back.

Mundsies have asked, "Where are the cows?" all season. Now we know! The cows were rotated out of the areas we generally see them in, allowing our forest to recover.

Arizona has been in a drought since 2000, and climate change is a hot topic worldwide. The Wrights have been ranching for 150 years. Who better to ask about water availability and climate change, so I asked Flint for his thoughts on the subject.

Continued on page 25





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BIRDS OF MUNDS PARK A REBUTTAL TO SNITS



By Margaret Dyekman

The last issue of the paper had an article that some folks might describe as a very light-hearted story of Snits, a cat living on a street in Munds Park that used to be called Buffalo Run. My description of that story, however, is much darker: it is about a cat that roams freely among yards, homes, and the forest, is most likely fed by one or more neighbors, and is a killer of helpless wildlife, including, as the author mentions, lizards and birds. I guess you could say that Snits

is the poster child of exactly what we should be preventing: a species that is extremely devastating because it kills for the sake of the kill, harasses wildlife, and ultimately is responsible for the death of animals that never before had this feline species as a predator until it was brought to this country by humans.

If you have a cat you let outdoors and it "occasionally" brings back a bird, baby rabbit, lizard, etc., you may think that's not so bad. But scientists who have placed GPS tracking

systems on cats have found that cats killed prey 10 times more than comparable predators in the wild. Your little kitty is just not bringing back all the evidence. Given how quickly North American birds are declining, this statistic shows that our feline friends are contributing to this decline in a very bad way.

Poland has now declared cats as an alien invasive species. The Polish Academy of Sciences declared that cats are "an unpredictable risk to local wildlife" and cited the millions of animals and birds they kill each year. In Iceland, several cities have banned cats from the outdoors in recognition that cats are detrimental to birds, especially the many nesting species in the important wetlands and cliffs that are home to Iceland. Numerous studies have implicated cats in

what kills birds? Cats 210 - 3 700 Power Lines 175 mill million nd Trucks 97 - 196 million 50 - 100 million Large Aircraft Communication 0.08 million Towers Wind Turbines 6.8 million 0.02 - 0.57 million Sources scrence ©2019 Let's Talk Science

the global extinction of at least 63 species—40 birds, 21 mammals, two reptiles—and contributed to the endangered status of another 587 species. And sadly, outdoor pet and feral cats are prone to disease and illness and live much shorter lives than indoor-only cats.

I am not opposed to pet cats, assuming the cat is kept indoors. Cats can be cuddly, certainly entertaining, and a nice companion for pet-lovers. Cats used to be "farm cats" and were there to keep the mice population down. Those days are generally gone for most of us. And a \$2 Victor mouse trap armed with some peanut butter will do a more humane and predictable job of ridding your basement or home of a pesty mouse that a cat will.

So, what's a cat-lover to do? It's an easy fix – keep your cat indoors at all times. If you do take it out, put it on a leash. Seriously. The cat will be better off indoors, and the wildlife will be immensely better off. If you have neighbors who let their cat roam, show them this article and ask them to keep their cat indoors. We can't eliminate all threats to the natural world by any means, but this fix should be a no-brainer.

You can reach me at margaretdyekman@cox.net or by text at 602-620-3210. You can read all about Backyard Birding in Northern Arizona at www.backyardbirdingaz.com and order the book online or get one directly from me. I welcome your questions, reports of sightings, and your suggestions for future articles.

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HOSPICE of the VALLEY Hospice patient discovers purpose as 'Lego Master'



By Lin Sue Flood

Forget bingo. Forget "old movies." Ron Parmley has no interest in the activities his housemates enjoy at Lincoln Heights, an assisted living home in Phoenix. "I've always liked to work with my hands," the 82-year-old explains.

Ron used to build coffee tables, end tables, pool tables and shuffleboard tables in his woodshop — and that was just as a hobby! When his health

declined, his three doting daughters put their heads together to figure out what could replace woodworking. "We thought, 'Maybe he'd like Legos.' So we got him the Lego kit for the Golden Gate Bridge," Robin Parmley recalls.

It was the first of more than 40 elaborate sets that now adorn the living room of Lincoln Heights, where he is known as the "Lego Master." They include the Taj Mahal, White House, Disney Castle, Ice Castle, Hogwarts Castle, a three-floor police station, Barcelona's Camp Nou soccer stadium, Van Gogh's "The Starry Night" and a 10,000-piece masterpiece, called the Haunted House.

"It's not that difficult if you just follow directions," says Ron, who calls The Lego Store his happy place.

But a few weeks ago, Robin wondered if her father would ever complete another Lego project.

"We were taking Dad to the ER a lot and knew he needed more care, so we called Hospice of the Valley. Like a lot of people, we felt like we were giving up," she shares. "But we don't feel that way anymore. In fact, it's just the opposite. They have been so attentive to his needs — physically, mentally, emotionally. It's been amazing. I feel that we are a team with a common goal."

The goal: To help Ron regain his energy and appetite. His family believes the personalized care and 24/7 support have allowed him to bounce back. "Once we called at 2 in the morning and a nurse came out. Having constant access is very comforting," Robin says.

Hospice of the Valley social worker Cathy Jacobsen couldn't help but notice Ron's Lego projects while visiting her other patients at the group home. Now that she is part of his care team, she loves watching him build each set from scratch, sometimes in a matter of days.

"What he does is so unique, we had to tell his story. I knew it would boost his spirits," she says. "I'm very happy that more people will be inspired by his Lego creations."

So now, when Robin visits Ron and sees him working on his latest Lego project, "I see a lot more than a toy. I see progress," she says. "Our family knows hospice was the right decision and that's a great feeling."

What's next for Ron? "He's waiting for Lego to come up with a kit for the Arizona Cardinals stadium," Robin chuckles. "I hope they realize how therapeutic Legos are for grown-ups!"

Lin Sue Flood is director of Community Engagement at Hospice of the Valley. To learn more about services and programs, visit hov.org or call (602) 530-6900.





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WHERE DID THE COWS GO?

Continued from page 19

"It's not that I don't believe in global climate change, because I do—It's real. I also believe that human activities have exasperated climate change considerably. But it's not hotter than it was 50 years ago. It really isn't. The West has always had drought cycles followed by high wet cycles. What we see right now is difficult, but not beyond the norms."

I asked Flint if they had difficulty accessing water for the cattle, and he explained there were no issues at this time.

Seven H L Wright Cattle Co. cows are almost entirely Angus-Hereford Cross. They run their Angus cattle to the North and the Hereford cattle to the South. They cross-breed the Hereford and Angus to create a hybrid vigor. Cross-breeding allows the cows to adapt and live in the West environment better than other breeds.

The cows live freely in the forest until it is time for auction. Because their cows are grass-fed and roam freely, they are sold to high-end grass fat and natural beef suppliers including at times, Whole Foods. If you are familiar with Whole Foods, they have a 5-Step Animal Welfare Rating[™]. Their meats are rated by how well the animals are fed and ensure they are raised in a pasture or range for at least two-thirds of the animal's life. Flint's cows rank at the highest level, number five.

I am a meat eater, but I have to say, it breaks my heart that the cows we see in the forest have to leave this happy place and be transported to Texas or California for processing. Flint assured me the animals were transported humanely. Trying to save my conscious and enjoy meat, I asked Flint if we could buy a cow directly from them. Thinking Genna and I could have a nice peaceful send-off for the cow before enjoying the meat. Unfortunately, the waiting period is three years out! Back to Whole Foods, we go! It is nice knowing where the cows came from and that people like Flint and Jamie are good stewards of our land and animals.

Lastly, Flint mentioned the gates and fences around Munds Park. He asked that if you see a gate open, please leave it open. If you see a gate closed, please leave it closed. These are the tools they use to guide the cows through the forest. If we intervene, we can hinder their efforts and, worse than that, cause serious harm to the cows or drivers. If gates are left open, or worse, the fences are cut to allow off-road vehicles through, cows will get out and can end up on the I-17.

One more note, please slow down when driving your Side by Side or ATV by the cattle. Enjoy them and be as quiet as possible when passing the animals. The cows will appreciate your thoughtfulness.

Sandi & Bill Simon took the Pinewood News to Oberammergau Germany for the 2022 Passion Play! What fun!



SUDOKU Created by Paul Mason • Solution pg. 36

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Over the Labor Day weekend Agee's held their annual fundraising event for the Pinewood Fire District and we would like to thank the over 90 volunteers that assisted, the community for their support and of course the Agee's BBQ family. The generosity and support that this community has shown us is both overwhelming and humbling.

Josh Tope *Fire Chief*





We would like to thank the whole community who has supported us for the last four months. To those that donated items and those that donated money, to those that gave up their weekends and volunteered, to those that attended and enjoyed all the festivities, we thank each and every one of you! Your support made this event a HUGE success in supporting our fire department. There are no words that can describe how wonderful you all are!

The Pinewood Fire Department Auxiliary



CROSSWORD PUZZLE

Created by Paul Mason • Solution pg. 36

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66	\square	\square	\square		67			\square		68	\square	\square	\square	
69	\square	\square	\square		70		\square	\square		71	\square	\square	\square	\square

Across

- 1. Titles for Coptic bishops
- 6. "To thine own ____ be true"
- 10. Succotash ingredient
- 14. Swagger
- 15. Rich Little, e.g.
- 16. Fertilizer ingredient
- 17. Monetary unit of India
- 18. Dry sherry of Spain
- 19. Sports squad
- 20. Puts in the middle
- 22. Heavy reading
- 23. Medicinal shrub
- 24. Carve in stone
- 26. ___ squash
- 29. Lowest deck on a ship
- 33. Cattle call goal
- 37. Mauna __
- 38. Thunderheads
- 39. Bypass
- 40. ____ Kane of "All My Children"
- 42. A long time
- 43. Forlorn
- 45. Beachgoer's goal 46. Midterm, e.g.
- 40. Miuterii,
- 47. Tangle
- 48. Home planet
- 50. "Darn it!"
- 52. Farm cry 57. Wild ox
- 60. Styled like a villa, architecturally
- 63. Autumn
- 64. Prefix with graph
- 65. ____ cotta
- 66. Small brook
- 67. Dish cooked in a pot
- 68. In-box contents
- 69. Slang for white person
- 70. Affirmative votes
- 71. Stadium walkways

- Down
- 1. Jellied garnish
- 2. Master, in Swahili
- 3. Entices
- 4. Beasts of burden
- 5. Traditional Islamic law
- 6. Out of harm's way
- 7. Big story
- 8. Austere
- 9. Frozen dew
- 10. DOG-eat-DOG
- 11. Black-and-white cookie
- 12. Enlarge, as a hole
- 13. Appoint
- 21. Part of a suit
- 25. Rank above maj.
- 27. "____ the fields we go"
- 28. Indian yogurt dish
- 30. Olympic sled
- 31. Keats creations 32. "Hey ... over here!"
- 32. Hey ... ov
- 33. Plunders
- 34. Gathering clouds, say 35. Money in Milano
- 35. Money In
- 36. Forever
- 38. Corners of the eyes
- 41. "Wheels"
- 44. Winter bug
- 48. Heir's concern
- 49. Winter warmer
- 51. Stewed
- 53. Liquid injection given as a laxative
- 54. Not halal, in Arab cuisine
- 55. Take ____ (travel)
- 56. Whip marks 57. 60's hairdo
- 58. Babe in the woods
- 59. Cantina cooker
- 61. Length x width, for a rectangle
- 62. Statutes

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Register for a Visit from Santa!

Clearly print first and last name, and age of each child:	
1. Name:	Age:
2. Name:	Age:
3. Name:	Age:
4. Name:	Age:
Total Number of Children:	
Address for Visit:	

Photo Consent

I give permission for my child/children to be photographed randomly throughout the Santa Visit and with Santa, Mrs. Claus and the firefighters. I understand some pictures may appear in:

- The Pinewood News
- 2023 Pinewood Fire Department Auxiliary calendar
- It's All About Munds Park closed Facebook group
- Munds Park Full Time Friends and Neighbors closed Facebook group
- Munds Park Rocks Facebook group
- Pinewood Fire Department Auxiliary closed Facebook group
- Pinewood Fire District Facebook and Instagram pages
- Pinewood Fire District website

Signature of Parent or Guardian: ____

Print Name of Parent or Guardian: ______

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Email Address: _

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FIRST ANNUAL HOLIDAY LIGHTING FESTIVAL

By Bill Spain

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I

Believe it or not, Fall is upon us and shortly thereafter, the Holiday Season. This year The Munds Park Business Alliance is sponsoring a communitywide project to brighten the winter season for everyone! On November 26, 2022, the Alliance will gather at Kota's Coffee House and the Munds Park Community Church to launch the festive season with the First Annual lighting of the Community Christmas Tree. One of the largest Blue Spruce's in Munds Park has been chosen as this year's Christmas Tree. The gorgeous thirty-footer, planted in 2004, will be decorated by Kota's Coffee House for the festival of lights ceremony!

The Alliance has worked all year with local MPBA contractor and lighting planner extraordinaire Herb Shepard, to design a themed lighting presentation throughout the Munds Park business corridor that will light up our town and create lasting memories.

Local MPBA business owners have agreed to decorate their buildings to present a winter wonderland of holiday lights. Kota's, The Munds Park Community Church are participating on the West side of the freeway and the Shell Station, Borracho Saloon, The Outpost and Coldwell Banker-Provident Division will all decorate on the East side of the freeway. The Fire Department will also be fully lighted and decorated for the season.

Any businesses in Munds Park interested in joining in on holiday fun and would like to decorate their brick and mortar, contact MPBA officers, who will be happy to assist you!

> Bill Spain bill.spain@providentpartnerscompanies.com

> > Deanna Bascelli kotascoffee@gmail.com

Emily Felton emilykloeppel@gmail.com

> Len Friedlund lfriedlund@aol.com

Sandee Caviness hello@thepinewoodNews.com

Everyone is invited! Stay tuned for further details!

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BOOK REVIEW

OVERKILL

August 2022 • Grand Central Publishing • 416 pages



By Sandy Wright

When I was growing up in the Midwest, my parents had a cabin on the Lake of the Ozarks. I have such fond memories of that cabin: Water skiing and fishing with friends, yummy dinners of grilled meat, baked potatoes and corn on the cob. Best of all was devoting a full relaxing weekend to reading. My mother was an avid

reader and her lake house was jammed with her favorite books, including many by Sandra Brown. I would start one of Brown's novels in a lawn chair at the dock, and close it with a satisfied plop at bedtime.



Brown's newest book, Overkill, takes me back to those lazy summer afternoons. She's still just as good at keeping my interest

with this thriller in which a conflict of conscience for a former football star and an ambitious state prosecutor intensifies into a fight for their lives.

Former Super Bowl MVP quarterback Zach Bridges hasn't talked to his ex-wife, Rebecca Pratt, since their marriage imploded several years ago. So, he's shocked to receive a call that Rebecca has been placed on life support after a violent assault. Despite their divorce, he has medical power of attorney, and he's faced with making an impossible choice: keep her on life support or take her off of it. He tried to let Rebecca's parents have the final say, but her father, a devout man, refuses to consider his daughter's death.

Four years later, Rebecca's attacker, Eban, the spoiled brat of a wealthy family in Atlanta, is granted an early release from prison.

Kate Lennon, a brilliant state prosecutor, is determined to put Eban back behind bars. Rebecca's parents have kept her alive all these years, but if her condition were to change and she were to die, Eban could be retried, for murder this time.

It's time for Zach to make his decision: In order for Eban to be charged with Rebecca's murder, Zach must actually be the one to order her death. To complicate matters, Zach and Kate are reluctantly admitting their attraction for one another.

Eban realizes the jeopardy he's in and plots to make certain that neither Zach nor Kate lives to see Rebecca's death, or the end of his freedom.

You are left thinking, what would you do if you were in that position? Would you choose justice or life? This is the main theme of the book. As a reader, you are given a lot of past information that leaves you feeling full of indecision.

So, find a cozy reading chair and a lake if you can. Crack open Sandra Brown's Overkill and enjoy the journey.

ATTENTION READERS!!

Crescent Moon Crossing by Sandy Wright is now available on Amazon for ordering!

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MUNDS PARK COMMUNITY CHURCH

FINDING CONSISTENT CONTENTMENT IN LIFE



By Steve Bowyer Pastor, Munds Park Community Church

You know those times when all seems right in your world? A good night's sleep. You feel good all day. You are in a good place emotionally, physically, mentally, and spiritually. Things are

not necessarily all perfect. They are just right.

Jesus addressed how we can feel that way more often when He preached a sermon that is recorded in Matthew 5-7. Right up front, He told us how we can feel deeply and consistently content, satisfied, and happy. This is more than a shallow good feeling that comes and goes. It is a deep sense of everything being right. Not perfect, just right.

The word He used to describe this feeling is, 'blessed'. The source of the blessing is God. What we receive from Him when we are blessed is invaluable and probably the one thing we all want more than anything else. To be deeply and consistently content where we are.

We may say we want to win the mega-millions lottery. The last winner won over \$1.2 b-b-b-billion. But is that not because we think being wealthy would make us content? Sadly, the real statistics say more than 70% of all lottery winners end up in worse shape after 5 years than they were before they won. What would you do to have consistent contentment, regular good nights of sleep, peace in your relationships, and a daily feeling of general happiness?

God knows us. He constructed us. He hard-wired us. And he programmed our software. He knows how life works and what it takes for us to feel this sense of consistent contentment. It is not wealth. It comes down to how closely aligned we are with Him and the life He designed us for.

"Blessed are the poor in spirit." (Mt. 5:3) The word "poor" is the same word for beggar. Those who humbly cower, fail to make eye-contact as they plead for help. Picture those who sit on the street corner in Flagstaff holding a sign asking for money as we make the turn from the I-40 off ramp onto Butler.

In Jesus's words, we are the beggar, and He is the driver. We are not begging for money. We are begging for what He can give us that will produce the consistent contentment we are desperate for. Just like the beggars in Flagstaff who do not have the resources to leave their corner and lead a productive life, we do not have the resources to leave our position in our stressed-out and anxiety-plagued life and live consistently contented. Jesus has what we need. And He will give it to us if we recognize what we cannot do, what only He can do, and humbly beg Him to do it.

Those who recognize their position of spiritual poverty and beg Jesus for relief will receive the Kingdom of God. This is not only a permanent

reservation in heaven, but it also includes a heavenly connection on earth that gives us a better perspective on all the stuff that is stressing us. Blessed. Deeply content. Things are not perfect. But they are just right.

Next, Jesus said, "Blessed are those who mourn." (Mt.5:4) He is not talking about people who walk around crying all the time. If you have one of those friends, they can be hard to be around. Where is the blessing there?

I have been known to say things without thinking that hurt my wife's feelings. I do not do it on purpose. Things come out with unintended consequences. I love my wife. She loves me. It breaks my heart when I realize I have said something that hurt her heart. I failed to live up to the standard she deserves in a husband. I owe her ownership of what I said and an apology for it. When she forgives me, I am comforted by the love she has for me that gets us back to the relationship we had before I demonstrated my capability for insensitive stupidity.

This is what Jesus is talking about here. When we fail to live up the standard God deserves in a relationship with us. When we do things that hurt His heart, whether unintentional or on purpose, it should break our heart. We mourn. We owe Him ownership of what we did and an apology. When He forgives us, then we are comforted because the relationship gets restored to where it was before we exercised our capacity for stupidity.

"Blessed are those who mourn, for they will be comforted." Is there a better thing we could receive from anyone, anywhere than the blessing that produces that deep, consistent contentment and comfort knowing God, in His grace, has undeservedly forgiven us?

These are just the first two points of nine that Jesus made in that sermon that teach how to get what we so desperately want. In future articles I will address the rest.

Jesus knows what you are looking for. If wealth would do it, then rest assured you would get your turn to receive the mega-millions lottery numbers. He can do that. But He does not do that because wealth will not do for us what only He can do that will produce in us the contentment He offers.

Find deep and satisfying, consistent contentment in your daily life. It is possible when we recognize our spiritual poverty and mourn the things we do that hurt God and trouble us. Then, we get the kingdom, comforted, and forgiven. With all that comes what may be the most valuable gift we could receive. Be blessed.

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- Emily Dickinson

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