PINEWOOD NEWS The hometown newspaper of Munds Park, Arizona since 1993

VOL. 28 NO. 3

MARCH 8, 2021

FREE!

THE NIGHT SKY One of the Great Natural Wonders

one of the Great Haturat Honders

By Kevin White, Public Program Supervisor at Lowell Observatory

The night sky is one of the great natural wonders. We in northern Arizona are fortunate to be able to enjoy it in a nearly pristine state. Fewer and fewer people have this privilege. According to a study published in the journal Science Advances , 80% of people living in North America cannot see the Milky Way from where they live. The residents of Flagstaff and the surrounding areas are among the lucky few who can not only see the Milky Way, but see it with clarity. We can do this largely because the residents of this area have a long tradition of protecting a dark, natural sky, relatively untainted by artificial lights. In Flagstaff's early days it was nicknamed the skylight city. Flagstaff is also the world's first international dark sky city, as designated by the International Dark-Sky Association in 2001. The city's practices to preserve the natural sky have long served as a model for communities all over the world that also value natural skies. Coconino County also has similar protections to maintain a natural sky.

The preservation of a natural sky has many benefits. A major one is to astronomical research, which can only be done with something close to a natural sky. Arizona has more observatories than any other state. Northern Arizona is home to both Lowell Observatory and the Flagstaff branch of the U.S. Naval Observatory. Lowell Observatory has been at the forefront of astronomical research since its founding in 1894. Pluto was discovered at Lowell Observatory by Clyde Tombaugh in 1930, the first evidence that the universe is expanding was discovered at Lowell Observatory by V.M. Slipher in 1912, and Lowell



Photo courtesy of Casey Horner

Observatory played a key role in creating the maps of the Moon that were used to plan the first Moon landings. Lowell Observatory continues to do cutting edge research on everything from the planet Mars to distant galaxies. The U.S. Naval Observatory opened a station in Flagstaff in 1955. This observatory specializes in accurately measuring star positions, research that has wide ranging applications in both military and civilian technology. Pluto's largest moon, Charon, was also discovered by Jim Christy in 1978, using photographs taken from the Flagstaff

Continued on page 17

THE VIEW FROM HERE

The Legacy of James Thomas Munds



by Bill Cowan

James Thomas Munds was born near Roseburg, Oregon in 1862, the second child and oldest of the three sons of William Madison and Sarah (Cox) Munds. The family drove a herd of cattle from Roseburg to the Verde Valley arriving in 1876. They settled on land that had just been opened from the Rio Verde Indian Reservation near

what would become known as Bridgeport near Cottonwood, Arizona, when Jim Munds was 14 years old.

That same year Samuel & Jane Merinda (Sinnett) Loy arrived in Arizona with their five children, three boys, and two girls, from Saline County, Missouri and began farming and ranching along the Verde, near the mouth of Oak Creek a ways below the Munds. When there were enough students to warrant a school, Jim Munds attended school with the Loy children and ultimately fell in love with the youngest of the Loy daughters - Harriet Ann, known as Hattie, two years his junior. The two families were joined together when James Thomas Munds and Hattie Loy were married in the Verde Valley Sept. 24, 1882.

The couple soon filed a Homestead claim on a quarter section of land along the lazy bends of Oak Creek north of Page Springs and also took a summer place west of James' father in Munds Park.

James and Hattie's first daughter, Edna, called Getha was born Nov. 18, 1883, and their second daughter Sarah Jane, known as Jennie, was born in 1885.

In partnership with their father, James and his brothers Neil and John ran a large herd of cattle in the Verde Valley during the winter and in Munds Park during the summer. Munds Park at that time was called the Mogollon Mountains. Jim lead large cattle drives each spring, moving the herd from the warmth of the Verde to the spring grass of the Mogollon highlands. He pioneered the "Munds Trail" over a route that would later become Schnebly Hill Road. He and Hattie farmed and ranched the area immediately west of I-17 and built a home there along the Flagstaff - Verde Valley Wagon Road, also known as the Munds Highway. Life was not always easy, but the Munds family prospered through hard work and determination.

Then in early September of 1892, tragedy struck - as it quickly can on the Arizona territorial frontier. Thirty-year-old Jim Munds was bringing horses into a pasture near his house in Munds Park. It was



James Thomas and Hattie (Loy) Munds Photo courtesy of Frank Benedict

COMMUNITY CALENDAR

Sponsored by the Munds Park Business Alliance

Building Business Partnerships for a Stronger Community

Date	Happening	Location	Time
Every Sunday	Munds Park Community Church Services	17670 S Munds Ranch Rd	10:45 am
Every Monday	AA Meetings hosted at Munds Park Community Church	17670 S Munds Ranch Rd	7 pm
Every Thursday	Receive a FREE cup of fresh roasted coffee with your breakfast at Kota's Coffee House	17680 S Munds Ranch Rd	7 - 11 am
Every Thursday	Spread the Bread - Get some for your neighbors too! Munds Park Community Church	17670 S Munds Ranch Rd	10 am
Wednesday, March 17	Agee's now open 5 days and kicking if off with St. Paddy's Day Menu! 🗸 FB for details!	17730 S Munds Ranch Rd	
Every Thursday - Starting March 18	Agee's BBQ, Trivia Night	17730 S Munds Ranch Rd	6 pm
Thursday, March 11	Pinewood Sanitary District Board Meeting - Public Welcome	18075 Fairway Dr	3 pm
Tuesday, March 16	Pinewood Fire District Board Meeting - Public Welcome	475 E Pinewood Blvd	3 pm
April 1-4	Agee's Welcome Home Munds Park RV Resort weekend!!! 🗸 FB for details!	17730 S Munds Ranch Rd	
Friday, April 2	Good Friday Services at Munds Park Community Church	17670 S Munds Ranch Rd	6 pm
Friday, April 2	Willard Springs Opens for Summer		
Sunday, April 4	Agee's 1 st Ever Smokin BBQ Family Easter Brunch! √ FB for details!	17730 S Munds Ranch Rd	
Wednesday, May 19	Munds Park Community Watch Meeting	TBD	6:30 pm

Wishing our friends in Munds Park a joyful Easter. May the miracle of Easter brighten your life with love, happiness and joy." - The Pinewood News



PINEWOOD NEWS

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COMMUNITY

The Outpost VIRTUAL EASTER EGG HUNT!

The Outpost is proud to host our first ever Virtual Easter Egg Hunt, the iHunt. All participating children will receive an Easter surprise in their PO Box on Friday, April 2. One lucky boy and one lucky girl will receive a sparkling Easter Egg that awards them the grand prize! Your child must be registered to participate. Sign your child up for the iHunt today on the Munds Park Outpost Facebook Page https://www.facebook.com/mundsparkoutpost or at the Outpost.



BOARD OF SUPERVISORS APPROVES \$3 MILLION FOR PUBLIC WORKS STIMULUS PLAN

FLAGSTAFF, Ariz. — On Thursday, Feb. 4 the Coconino County Board of Supervisors approved a plan to move \$3 million of County projects to construction this spring to help support and stimulate northern Arizona's local economy, which has been significantly impacted by the COVID-19 pandemic. The Public Works Stimulus Plan will allow local and regional contractors to break ground on capital improvement, pavement preservation, road resurfacing, and other projects during the coming construction season.

The Public Works Stimulus Plan includes strategic investments in road infrastructure across the County's road system. Stimulus projects will be funded by the County's Transportation Fund, which includes revenues from the Road Maintenance Sales Tax, the gas tax, and vehicle license tax. No County general funds will be used for these projects. By law, these transportation funds cannot be used for any other purpose that road maintenance and reconstruction.

"This is a great opportunity for the County to help local and regional businesses that have been impacted by the pandemic while keeping the Prop. 403 promises that we made to residents about maintaining our roads," said District 3 Supervisor and Board Chair Matt Ryan. "These are shovel-ready projects that were already scheduled for construction as part of the County's 10-year plan but had been delayed due to the initial concerns about significant revenue reductions. The gas and vehicle license taxes have continued to outperform conservative forecasts resulting in a healthy Transportation Fund, thus these projects can be done this year to the benefit of our local economy and road system without incurring any debt."

The Public Works Stimulus Plan features civil capital improvement road projects, almost seven miles of pavement preservation projects, road maintenance equipment procurement, and crushing and blasting at the County's operated pits to produce road surfacing material. In addition, Public Works has secured approval from the Bureau of Indian Affairs (BIA) to resurface 10 miles of County maintained school bus routes on the Navajo Nation as part of the stimulus plan.

"Doing these projects sooner rather than later means more people working and thus more people buying and securing services from businesses located in our county," said District 5 Supervisor and Board Vice-Chair Lena Fowler. "I'm also excited that the Stimulus Plan includes resurfacing our Nation roads, which will help to get our kids to and from school safely and are vital to our transportation needs."

The Stimulus Plan projects are scheduled to break ground when weather permits this spring.

"GRAB AND GO" FREE Food Service Program

The "Grab and Go" free food service program is available to all children under the age of 18 in the community and meals can be picked up by parents for their child. Children do not have to be enrolled in an FUSD school to use the free meal service.

"Grab and Go" meals will be served on Monday, Wednesday, and Friday each week. On Monday, meals for Monday and Tuesday can be picked up. On Wednesday, meals for Wednesday and Thursday can be picked up. On Friday, meals for Friday and the weekend can be picked up.

Meals will be available from 7:30 a.m. to 9:00 a.m. and 10:30 a.m. to 1:00 p.m. at Cromer Elementary, Killip Elementary, Kinsey Elementary, and Thomas Elementary. Meals will also be available from 8:30 a.m. to 1:00 p.m. at Leupp Elementary School.

Additionally, meals will be available via bus distribution on Monday, Wednesday, and Friday at the following times and locations:

8:30 a.m. to 9:00 a.m. - Mountainaire Store

8:30 a.m. to 8:45 a.m. - 6885 Lumberjack Blvd.

8:30 a.m. to 9:00 a.m. - 1001 N. Fourth St.

8:40 a.m. to 8:45 a.m. - Grey Mountain at East Side of 89

8:51 a.m. to 9:01 a.m. - E. Rustler Rd. and Leupp Rd.

9:05 a.m. to 9:35 a.m. - 2701 E. Industrial Dr.

9:10 a.m. to 9:40 a.m. - Kachina Trail at Raymond Park

9:14 a.m. to 9:24 a.m. - S. Horn Rd. at Leupp Rd.

9:25 a.m. to 9:40 a.m. - STAR School

9:45 a.m. to 10:00 a.m. - Bird Springs Housing MP 27.5

9:55 a.m. to 10:20 a.m. - 37 W. Pinewood Blvd.

10:45 a.m. to 11:00 a.m. - Tolani Lake at Three Way Stop

Following the acceptance of an Arizona Department of Education waiver, children do not have to be present if their parents or guardians wish to pick up the meal.

Dates are subject to change and will be updated as necessary.

Meals will be provided to all children, ages 18 and under, without charge.

Chartwells K-12 has also partnered with the Flagstaff Family Food Center to provide food boxes to the community from their mobile pantries located at FUSD sites. These food boxes contain an assortment of produce, dairy, protein, and bread. Food boxes can be picked up at the following locations and times this week:

Cromer Elementary School - Tuesday, 11 a.m. to 1 p.m.

Leupp Elementary School - Wednesday, 10 a.m. to 12 p.m.

Kinsey Elementary School - Thursday, 11:30 a.m. to 1:30 p.m.

Killip Elementary School - Friday, 10:30 a.m. to 12:30 p.m.

Thomas Elementary School - Friday, 11 a.m. to 1 p.m.

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SOCIAL WORKERS ARE ESSENTIAL

- Especially at Hospice of the Valley!



By Lin Sue Cooney Ron Haholy had given up

on a motor scooter, since his insurance didn't cover it. Only his Hospice of the Valley social worker Kim Boersema realized how sad that made him. The 70-year-

old had endured a lot — he had lost his wife and was struggling with serious illnesses that severely affected his mobility. Kim just knew a scooter would change his life. As soon as one was donated to one of our five White Dove Thrift Shoppes, she snatched it up.

Hospice of the Valley picked up the tab and Kim surprised Ron with the gift of independence. Now, he takes his dog for walks (and rides), visits friends in his Glendale neighborhood and does his own grocery shopping. "I felt like a new person!" Ron exclaimed.

It's only fitting that the theme of 2021's Social Work Month in March, is "Social Workers Are Essential."

At Hospice of the Valley, about 100 medical social workers assist patients, families and caregivers with sensitive end-of-life conversations and advance care planning; link them to social and community resources they didn't know even existed; and provide emotional support at a most challenging time.

"Living with a chronic or terminal illness brings a multitude of changes and stressors," said Cheri Rednour, a Hospice of the Valley clinical resource social



Hospice of the Valley social worker Andrea Toczek helped make patient Ron Davis' wish come true — to take a helicopter ride.

worker. "We understand how illness impacts all facets of someone's life and we focus on meeting all those needs — emotional, physical, relational, spiritual, cultural and practical."

When the pandemic hit Arizona early last year, our social workers quickly adapted to provide telehealth support via phone, video or window visits to help family members see and hear their loved ones when health restrictions kept them apart.

"Many times, we were the lifeline for these family members who were not allowed into facilities," Cheri said. "Our social workers would sit with a dying patient when their loved ones couldn't be there. They exemplify resilience."

Social workers feel especially rewarded when they help fulfill their patients' dreams.

"There is a misperception that life pauses or stops when you come on hospice. It's exactly the opposite. We want to bring life into the home," said Erin Butler, a clinical resource social worker.

When Erin learned that 103-year-old Tressie Jenning's one life regret was never riding on a train, she cooked up a solution for her bed-bound hospice patient: a virtual ride on the light rail. Valley Metro created a video from Tressie's point of view, as if she were buying a ticket, looking out the window and greeting passengers on the train. Tressie, her daughter and caregiver watched the adventure on Erin's laptop. "It was magical! Seeing Tressie smile was a gift to me," Erin shared.

Continued on page 18



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TRAVEL

HOG WILD IN MILWAUKEE



By Stacey Wittig Travel Writer Unstoppable Stacey Good news! The Harley-Davidson Museum reopens after COVID closures. Consequently, I thought it would be fun to revisit this story about going hog-wild in Milwaukee. As more attractions reopen around the country, it's time to consider traveling again.

I was in hog heaven last week. I visited

the Harley-Davidson Museum in Milwaukee, Wisconsin. The museum is as buffed, chromed and detailed as it was on opening day in 2008. The facility's raw, industrial design contrasts with its twenty-acre green campus reclaimed from riverside industrial sites near downtown. Although not "Born to Ride," I was totally absorbed by the Harley-Davidson history, which was presented in the context of America's industrial revolution. The interactive museum offers handson shop classes, ride simulators on real pipe-rumbling Harley-Davidsons, tours to the nearby drivetrain assembly plant and Bike Night on Thursdays.

"Bike Night will blow your socks off," warned a friend who works for the Harley-Davidson Museum. And so it did! 986 bikes showed up in all their glory for the weekly gathering. Harley-Davidson motorcycles of every vintage, color and condition roared up for the 5 p.m. event that included beer, brats, music and DJ antics. Talking with proud owners about their bikes and admiring the eye candy was part of the fun. The carnival-like festivities were over by nightfall when the bikers headed off to their favorite bars.

One favorite gathering place is the Iron Horse Hotel. They, too, host a Thursday Bike Night for a more upscale and perhaps younger crowd. The parking lot bulges with bikes of all makes and models – I saw many rice burners parked under the motorcycle covered-parking area. The Iron Horse Hotel, which caters to the upscale biker crowd, is fashioned from a 100-year old warehouse that showcases exposed Cream City brick walls. During the 1800s, Milwaukee got the name "Cream City" from the color of the bricks made from clay found in the local area. The boutique hotel offers urban deco, peek-a-boo showers and more than an ample selection in each room's courtesy bar.

Milwaukee is more than Harley-Davidson, though you might not know it from the frequent rumble heard in traffic, the conversations earwigged on shuttle vans or the T-shirts sported by all ages. I stayed at the Ambassador Hotel, an art deco restoration with spacious rooms, sumptuous bedding and Aveda bath amenities. My room was huge with a full-sized sofa, armoire, desk, comfortable king bed and, surprise, a hot tub in one corner. The amenity I liked best was the free shuttle to all local attractions. It was on the Ambassador's shuttle where I overheard Harley-Davidson owners comparing notes.

"I ride the Road King Classic," said one 30-something shuttling with his wife to the Port of Call dinner cruise on Lake Michigan and the Milwaukee River.

"Do you have the 105th-anniversary edition?" a middle-aged woman cajoled. "My husband does."

They continued their chest-beating as we dropped two college-aged males at the free Miller Brewery Tour in Miller Valley. At the hotel, we had divided into two groups with the most boisterous group -- dressed in team colors and carrying fan signs -- were shuttled off to Brewer's baseball stadium. Milwaukee, with its deep German heritage, is also known as Beer City.

The polite Ambassador Hotel shuttle driver dropped me off in the historic Third Ward District, where a plethora of dining experiences await, some with patios overlooking the Milwaukee River. Earlier I'd paddled those urban waters with Milwaukee Kayak Company.

We paddled the deep canyons of downtown, floating by tall, turn-of-the-century buildings with modern skyscrapers behind. At the Menomonie River's confluence, we paddled up to the Harley-Davidson Museum for a look-see and then back to the Milwaukee River.

The next day the Ambassador Hotel shuttle took me to the Milwaukee Art Museum, an iconic building with a recent addition designed by Spanish architect Santiago Calatrava. The brilliant white, postmodern structure looks like a tall-masted sailing ship, bird or angel perched over dark blue Lake Michigan. Moveable 217-foot wings fold and unfold twice a day. The interior of the pavilion was equally stunning and reminiscent of a Gaudi spaceship.

I spent so much time enthralled with the varied art collection that I missed legendary Usinger's Famous Sausage, the Wisconsin Cheese Mart and the Captain Frederick Pabst Mansion. I'll have to do it next time. I will be back, Milwaukee!

"UNSTOPPABLE Stacey" Wittig is a travel writer based in Munds Park. Enjoy this article? Then sign up for more travel inspiration and free tips at unstoppablestaceytravel.com.

The Harley-Davidson Museum reopened after COVID closures on March 5. Open weekends only, Friday – Sunday, 10 a.m. to 5 p.m. As with any travel during this ever-changing COVID era, call ahead for hours and services. Bike Night on Thursdays, described above, is currently not happening. https://www.harley-davidson.com/us/en/museum.html

Milwaukee Kayak Company is scheduled to open in May. This article first appeared in Pinewood News in 2013.

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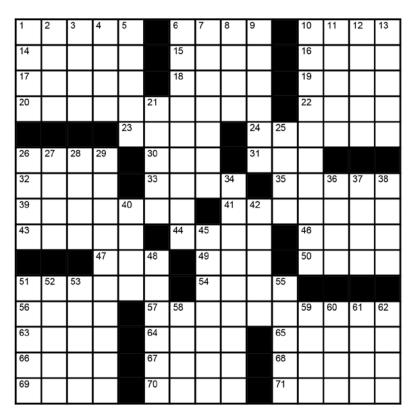
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Solution pg. 38

ACROSS

1. Pop __ 6. Away from port 10. Apple variety 14. Outfit 15. Terrarium plant 16. Norse war god 17. Diploma word 18. Approximately

- 19. "Junk begets junk" computer acronvm
- 20. Covered, as chairs or walls
- 22. Turned right
- 23. Allocate, with "out"
- 24. Attraction
- 26. Study, say
- 30. Border
- 31. Attorney F. ____ Bailey
- 32. Big name in oil
- 33. "General Hospital," e.g.
- 35. Bizarre
- 39. Kind of brain
- 41. Nickname for Billie Holiday
- 43. Ottoman title
- 44. Bad day for Caesar
- 46. "Anything ?"
- 47. Diminish
- 49. "Gimme ____!" (start of an lowa State cheer)
- 50. Exploit
- 51. Rough
- 54. Stationer's stock
- 56. Annexes
- 57. Pot-of-gold guard
- 63. Cross
- 64. Wrinkly fruit
- 65. Salon activity
- 66. Halo, e.g.
- 67. Highlander
- 68. Healing plants
- 69. Four's inferior
- 70. Snail mail sender's info, casually
- 71. Sword lilies, for short



DOWN

- 1. Audition 2. Greenish-blue 3. Beef cut
- 4. Debut of March 3, 1923
- 5. Involuntary twitch
- 6. With greater reason
- 7. Crested Brazilian bird
- 8. Gaelic language
- 9. Battery terminal-related 10. Staring with astonishment
- 11. "Farewell, mon ami"
- 12. Feline hybrid
- 13. Battery terminal
- 21. Short-winded
- 25. Not decent 26. Coarse file
- 27. Black-and-white predator
- 28. Wood sorrels
- 29. Serving-mom-breakfast-in-bed occasion
- 34. Complete in every respect 36. Inactive
- 37. Level, in London
- 38. Like Easter eggs
- 40. Keep on (watch)
- 42. "All kidding ____."
- 45. Spotted, as a horse 48. Caviar source
- 51. Diamond measure
- 52. Aroma, to a Londoner
- 53. Be crazy about
- 55. Skinny one
- 58. "Good grief!"
- 59. San Francisco's Nob _
- 60. Old world buffalo
- 61. Hand-me-down
- 62. Loch monster





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FOOD







Beef Tenderloin in Herbed Salt Crust



Toasted Marshmallow Peanut Bars



By Francine Coles Food Blogger The Fancy Pants Kitchen I find it hard to believe that Easter & Passover are in a few weeks and that Spring is truly in the air! This is the time that our bulbs start to poke out of the ground, green buds start to emerge on our dormant, bare trees...it's a time of renewal.

What's coming out of the kitchen this month? Well, let's take a look at what we're cooking & baking for this new season of awakening...

I am loving this Roasted Broccoli Soup with Melted Cheddar Croutons! First, it's healthy which is important after all the holiday treats we've been enjoying! Second, it's green which reminds me of Spring, renewal and of course, St. Patrick's Day! And finally, it tastes amazing: roasting the broccoli elevates this soup to new heights!

I also am thrilled with this Beef Tenderloin in Herbed Salt Crust recipe. What I love is that it's so simple to make, it's finished in no time at all, and it's a stunning dish to serve to someone special. Dinner for two coming up!

You know that I can't round out my column without something sweet, so you must try these Biscoff Rice Krispie Treats. They are a no-bake crazy-good dessert bar. If you love Biscoff cookies (those little cinnamon cookies that they used to give away on airplanes), you will love this recipe!

If you'd like to enjoy more recipes, I've got hundreds of them on my website www.thefancypantskitchen.com. Subscribe and get my complimentary dessert ebook, "Hey Sugar"!

Roasted Broccoli Soup with Melted Cheddar Croutons

Makes: 4-6 servings	Prep Time: 5 minutes
Bake Time: 25 minutes	Total Time: 30 minutes

Ingredients

- 2 1/2 pounds broccoli (whole stalks), ends trimmed
- Olive oil, as needed
- Kosher salt & freshly cracked black pepper
- 1/4 cup olive oil
- 1 large onion, diced
- 1 large leek, thinly sliced
- 4 cloves garlic, chopped
- 2 tsp za'atar spice blend
- 1 1/2 quarts vegetable stock
- 2 tbsp fresh lemon juice
- 2 tbsp minced chives

Croutons

- 4 slices fresh grainy bread, about 1/2"-thick
- Olive oil, as needed
- 6 ounces sharp white cheddar cheese, shredded
- 1 tsp za'atar spice blend

Directions

- 1. Preheat the oven to 425°F.
- 2. Divide the broccoli stalks into florets and stems. Peel the stems, dice them about a 1/2-inch, and set aside. Place the florets onto a sheet pan and drizzle with a generous coating of olive oil. Toss well and spread into an even layer. Season with salt and black pepper. Roast for 20 minutes until slightly charred and tender.
- 3. Meanwhile, heat a large Dutch oven (or heavy-bottomed pot) over medium heat. Add the 1/4 cup of olive oil. Add the onions and cook for about 5 minutes until tender. Stir in the leeks and cook for another 5 minutes. Stir in the garlic, za'atar, and diced broccoli stems.
- 4. Pour in the vegetable stock. Season with salt and black pepper. Bring the liquid to a boil, reduce the heat to low, and simmer for about 20 minutes until the broccoli stems are tender, stirring occasionally.
- 5. Stir in half of the roasted broccoli and lemon juice. Ladle the soup into a blender and blend for 90 seconds until creamy, or use an immersion blender until soup is smooth. Taste and season more if needed. Transfer the soup back to the pot and stir in the remaining roasted broccoli.
- 6. For the croutons, place the sliced bread onto a sheet pan. Drizzle with olive oil on both sides. Toast in the oven for 5 minutes. Top each slice with a mound of cheddar cheese. Sprinkle the za'atar over top. Turn the oven to high broil and bake until the cheese is melted & golden (watch closely so they don't burn).
- 7. Serve the soup warm with a melted cheddar crouton on top. Garnish with the chives and more black pepper.
- 8. Recipe adapted from The Original Dish

Beef Tenderloin in Herbed Salt Crust

Makes: 2 servingsPrep Time: 10 minutes Cook Time: 20 minutesTotal Time: 30 minutes

FOOD

Continued from page 11

Ingredients

- 1 pound beef tenderloin
- 1 tbsp extra-virgin olive oil
- 2 tbsp unsalted butter, melted
- 1 tbsp fresh rosemary, finely chopped
- 1 tsp Kosher salt
- 1 tsp freshly ground black pepper

Directions

- 1. Preheat oven to 425°F.
- 2. Pat beef dry with paper towels. If desired, tie off beef every inch or so to hold it in a round position while roasting.
- 3. Heat olive oil in heavy skillet over moderately high heat. Add beef to pan and cook for 6 minutes to sear it, occasionally turning. Transfer beef to a shallow roasting pan or baking sheet.
- Meanwhile, stir together melted butter, rosemary, Kosher salt and pepper. Pat butter mixture on top and sides of meat to coat evenly. Place tenderloin beef in oven and roast until instant-read thermometer reads 130°F, approximately 20-25 minutes.
- 5. Cover meat with foil and let stand in roasting pan for 10 minutes. Transfer meat to a cutting board. Cut into 1/2-inch slices and spoon juices from pan over slices.

Biscoff Rice Krispie Treats

Makes: 16 pieces	Prep Time: 20 minutes
Cook Time: 10 minutes	Total Time: 30 minutes + 2 hours setting time

Base:

- 1/4 cup unsalted butter
- 4 cups mini marshmallows plus 1/4 cup additional

KOTA'S

COFFEE HOUSE

- 1/2 cup Biscoff Cookie Butter
- 4 cups Rice Krispies

Topping:

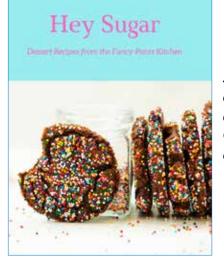
- 3/4 cup Biscoff Cookie Butter
- 3/4 cup white chocolate chips

Directions

- 1. Line a 9x9" square baking pan with parchment paper, leaving 2" overhang.
- 2. Add the butter and mini marshmallows to a large pot, and heat on a lowmedium heat, stirring, until smooth and melted. Once melted, take the pot off the heat and add in the Biscoff Cookie Butter. Stir briefly until smooth. Pour the Rice Krispies and additional 1/4 cup marshmallows into the pot and stir to combine. Press the mixture into the bottom of the lined baking pan (see Chef's Note).
- 3. Melt the white chocolate in a bowl until smooth (short bursts in the microwave, stirring well each time, will melt them). In a separate bowl, melt the Biscoff Spread (this takes about 20 seconds in the microwave). Drop tablespoons of the melted white chocolate and Biscoff Spread alternately over the top of the base and then swirl together with a cake skewer. Set in the fridge for two or more hours, and then slice and enjoy! Store at room temperature for up to five days.

Chef's Notes:

- Buttering your hands slightly can prevent any sticking when trying to press base into pan.
- You can use smooth or crunchy Biscoff Cookie Butter.
- You can use Cocoa Pops in place of Rice Krispies if you prefer.
- The chocolate topping can be done with other types of chocolate.



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GARDENING IN THE PARK

PLANNING FOR SPRING GARDENING SUCCESS

Like most gardeners in northern Arizona, people in Munds Park face two challenges when growing their flowers and veggies each year: high elevation and a shorter-than-average growing season.

High elevation gardening can be tricky, but it is do-able. It just takes some planning, a little prep work, and knowing that some of your outdoor plants will be starting life inside your home.

The trick to gardening in the high country is taking advantage of the "shoulder" season, those weeks and months on either side of the official growing season. For example, in Munds Park the beginning of the gardening season is mid-to-late April, but that doesn't mean you can't start working on your garden now.

Getting the Ground Ready

Now is a perfect time to identify and prepare your planting space. For your vegetable garden, you are looking for a spot that has at least five to six hours of full sun, so your plants will thrive.

Your other concern is the quality of your soil. Having rich soil is crucial to successful gardening. You want soil that drains well and has the proper mix of nutrients to feed your plants.

Unfortunately, northern Arizona has a lot of poor-quality soil, and the only way to know what your soil is made of (and how it might be improved) is to test it. This doesn't require an expensive service. Garden centers, like Warner's Nursery, have affordable test kits you can do yourself to see what your soil has, what's missing and its pH level.

If your soil is appropriate to plant in, the test will indicate what amendments you need to improve it. Amendments include things like compost and steer or chicken manure. In fact, you can help improve your soil by composting your garden with kitchen scraps.



What if you can't find a good spot?

If you don't have soil that's good enough to support a vegetable garden, that doesn't mean you have to give up your dreams of home-grown produce. Instead, find an appropriate spot and build your garden from the ground up. "Raised" garden beds are very popular and there are kits that will allow you to frame a raised garden for about \$50 (already built ones can cost hundreds of dollars). You can even use old pallets and turn them into raised garden bed.

You'll want to fill the bed with a mix of topsoil, compost and other organic materials like manure to give your plants that nutrient-rich environment that is so important for their growth.

Growing from Seeds in Early Spring

While you are getting your soil ready in your yard or building your raised bed, you

can start your plants off inside your home from seed.

The first step is to get the right supplies. In addition to the seeds, you'll need containers, soil and eventually, fertilizer. Seed trays are probably the easiest and most convenient way to start off your garden.

Resist the temptation to repurpose houseplant soil or just get dirt from your garden. Instead, invest in a "seedling mix" that is specifically formulated to help grow seeds and is typically a lighter soil, which makes it easier for seedlings to break through the soil once they germinate.

Moisten your soil and pack it in your container or tray firmly to eliminate gaps. Check your packaging to determine if you should sprinkle your seeds on top of the soil or bury them. Give the planted seeds a little more water with a mister or small watering can. You might want to cover the seeds with plastic wrap or a plastic dome to keep that moisture in before they germinate, removing the cover when you see the seedlings start to grow. Most seeds also require a temperature of 85 degrees to germinate, so you may need a seedling heat mat.

Continued on page 19



2020 REAL ESTATE FORECAST WAS SPOT ON!

What Will 2021 Bring to the Munds Park Real Estate Market?

By Bill Spain

A year ago, I wrote my annual Real Estate Forecast article with my predictions for what the real estate market would look like in Munds Park. The "Novel Corona 19-Virus" spread throughout the world and fear gripped everyone due to the lack of knowledge about the plague and the ensuing country-wide riots that the media termed "mostly peaceful."

Those events spurred the largest single turn in the real estate market in many years. Fearful urbanites began buying property in Northern Arizona at the fastest pace on record. 2020 turned out to be the biggest volume in Munds Park sales history, with virtually every property that was marketed selling before October 2020. California did end up moving to Arizona. Arizona turned Blue for the first time in decades.

At this time last year, there were forty-one properties available for sale in Munds Park with an ACTIVE inventory totaling \$15,931, 500. Low compared to our historical inventory numbers, however, business was up 53% and the signs on the horizon suggested this would be a banner year until the inventory ran out. It was a PHENOMENAL real estate year! Everything SOLD! Prices skyrocketed. It went Bananas! Then, the inventory of properties for sale vanished. Today, we have a mere fifteen ACTIVE listings on the market available for purchase; five homes, two doublewide manufactured homes, and eight lots. The inventory has never been this low. There is nothing left to sell. Year-to-date sales are down 27.1% to last year...and that was before the onslaught of Covid home-buying. I anticipate by mid-May, the market will be down 60% compared to last year.

Times have changed, for sure. While prices have risen dramatically, we have now reached a pinnacle. Prices are higher than they have ever been before. The few homes that come on the market have sold quickly, but the pendulum is bound to

swing the other way, and my forecast is it will be soon. Last year this time, the average selling cost per foot was \$198.65 and the average cumulative days on the market were 161 days. Right now, the average sales per square foot is \$252.15, and the average number of days on the market is 62! My forecast that agents would starve was delayed by the frenzied fear buying, but it is about to kick in. Only those realtors with a solid and loyal client base will survive the downturn.

Before this occurs and while you have time to maximize a return on your property, a small window exists for you to list and market your home and sell it before the market inevitably corrects itself and values fall. When prices fall, it will be because of a surge in new home construction, which I predict will occur beginning this year. The economy will inevitably dive based on the current administration's tax plans, climate change plans, and the impending inflation that is bound to stick its ugly nose into things because of the Covid- 19 stimulus being injected into the economy. Beware! Use your time wisely and hire a Provident Partners realtor now to capitalize on the time left before the market reverses course and values begin to correct.

Provident Partners Realty is committed to working with our clients and customers to create a marketing plan that will be featured in multiple MLS, Zillow.com, Realtor.com, and of course, our dominant advertising in the Pinewood News. We will work with you on commission, marketing and house preparation while keeping the business in Munds Park and "Giving Back To The Community."

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THE NIGHT SKY

Continued from page 1

branch of the Naval Observatory. These institutions bring millions of dollars a year into northern Arizona's economy, and the research they perform is something all residents of the area can be proud of.

A natural sky has other advantages as well. Maintaining a natural sky helps preserve natural ecosystems. Animals use the natural night sky for navigation, to hide or to hunt, to know when to sleep or to be active, even to navigate. Virtually all animals use the cycle of day and night in some way or another, and so having a night sky that is bright with artificial lights can interfere with local ecosystems in countless ways.

Maintaining a natural sky does not mean that we have to live in darkness. By using light thoughtfully, we can maintain a natural sky while actually having better ground level lighting than we might have had otherwise. Better lighting efficiency can lead to lower energy bills as well. Dark skies does not mean dark grounds! Here are some of the things you can do to help preserve a natural, starlit sky for yourself and your community:

- Make sure that lights are shielded in such a way that the light from them points down towards the ground. Light that goes straight up degrades the natural sky without providing any benefit to ground level visibility. Shielding lights so that illumination is directed downwards increases the efficiency of the light, helps preserve a natural sky, and actually improves lighting and visibility on the ground.
- Don't use brighter lighting than is needed. It's a misconception that more light automatically means better visibility. Think of the last time you looked into car headlights with the brights on. The glare from bright lights, even from something lit indirectly, can make it much harder to see anything else. Avoiding excessively bright lighting not only helps preserve a natural sky, it can drastically improve ground level visibility and safety.
- It matters what color lighting you use. The eyes of humans and most animals are impacted much more strongly by blue light than by red or orange lights. The LEDs that are used in most modern lights usually emit disproportionately blue light. However, it's not hard to obtain LEDs that have been modified to emit light richer in reds and oranges. The packaging for most LEDs should indicate what temperature the light from the LED emulates. The International Dark-Sky Association recommends LEDs that emulate a temperature of less than 3,000 K (lower temperature means more reds and fewer blues). These kinds of lights are much more animal friendly, will make things more visible with less light, and will give things a more color rich and natural appearance as well.
- Turn off lights when they're not needed, or attach them to motion sensors, so they'll only be lit when there are people nearby who need them.
- Talk to your friends and neighbors about the value of a natural sky. The more of us that act to preserve a natural sky, the better all of us will be able to enjoy it.
- Enjoy the night sky, especially with friends and family. We're extraordinarily fortunate to live in a place where so many of the sky's wonders are easily visible. On a clear and moonless night, away from any artificial lights, you'll be amazed by what you can see with just your eyes, and even simple binoculars will unlock even more wonders. The more in touch we are with the sky, the more in touch we are with the universe, and the more we realize what we lose if we lose the natural sky.

The natural night sky is a birthright of all people, and its protection is a cherished tradition in northern Arizona. If we work together, we can preserve the wonder and beauty of the natural night sky for ourselves, our friends and families, and generations to come.

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SOCIAL WORKERS ARE ESSENTIAL

Continued from page 6

Ron Davis was on cloud nine after his social worker, Andrea Toczek, set up a longed-for helicopter ride out of Mesa's Falcon Field Airport, with help from DreamCatchers and Canyon State Aero. "I'm not used to people doing stuff like this for me," he gushed, bashfully. "Andrea is great, nothing is impossible for her. I was just amazed!"

"I love that we are encouraged to think outside the box and really do things that will make our patients happy and live out whatever time they have left in the way the they would want," Andrea said.

Both Kim and Michelle Bales were family caregivers whose firsthand experiences inspired them to become medical social workers.

"I am now in a position to help others like me when the needs are overwhelming," said Kim, a former teacher. "The experience is unique for each person, but the feeling of hope and support when a Hospice of the Valley care team came to my home was amazing. I think that feeling is universal to all of our patients."

Michelle specializes in dementia care. "I helped care for my father who had advanced dementia. I wish I knew then what I know now," she said. She enjoys showing family caregivers how to



Hospice of the Valley social worker Pam Ruzi, with Reesa Stutzman and her parents, specializes in caring for children with chronic, life-limiting illnesses.

communicate with their loved ones — using favorite foods, mechanical dogs and cats, music therapy, baby dolls and stimulating tactile objects.

"When a connection occurs, we have nonverbal patients speaking, sad patients smiling, and families thrilled to have a new positive way to interact and

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create memories!" Michelle said. "I feel so fortunate to help people live well with dementia."

Social worker Pam Ruzi serves medically fragile children with life-limiting illnesses and witnesses the heartbreak of parents who often feel helpless. "I try to

really listen and hear their needs so I can provide the best support possible."

One of her most gut-wrenching cases was a home birth years ago. Although the couple knew their baby boy would be born with medical complications, they expected him to be born alive. When he was stillborn, they were in a state of shock.

"I did the baby's handprints and footprints — I knew they wanted the memories. Then I spent time with their 12-year-old son, who was quite distraught, and I explored the parents' wishes for end-of-life plans. That's how I found out they wanted the baby baptized, so I asked our chaplain to come. I was also able to support the midwife, who had confided in me that this was her first stillborn," Pam said. "People often wonder how I do this job, but truly, it's an honor and a blessing to be in families' homes at such difficult, emotional and an I will aver he able to give heads."

private times. I learn more from them than I will ever be able to give back."

Lin Sue Cooney is director of community engagement at Hospice of the Valley. For information on services and programs, call 602-530-6900 or visit hov.org.

GARDENING IN THE PARK

Continued from page 15

Once they poke out of the soil, your seedlings need food and light.

When you see the first true leaves appear, you'll want to add some fertilizer to provide nutrients and make sure they are getting the sunshine (or lighting system) they need to grow. A south facing window is best for natural light. If you do use a lighting system instead, remember not to have the lights on all the time. Your seedlings need darkness so they can rest. About 16 hours of sunlight is what most seeds need, however this varies by variety.

Now you need to watch the weather closely and as soon as no frost is forecast, you can think about moving your plants outside. As noted earlier, mid-to-late April



Violas

tends to be when you can start transplanting "cold-season" veggies (think broccoli, cauliflower, cabbage, kale, lettuce and spinach) to your outdoor garden. You'll want to wait until May to transplant warm-season vegetables (eggplants, tomatoes, peppers and squash).

Here's a trick you might want to try as you transplant your vegetables: expose your seedlings to the elements gradually before moving them to their final container or garden bed. One way is to leave the seedlings out during the day and bring them back in at night so they can adjust and "harden" to the elements.

Expect the Unexpected

The changeability of northern Arizona weather, however, means that we sometimes get unexpected cold snaps. Be flexible and understand that you might need to cover your garden with frost cloth or use season extenders, which are tubes that are filled with water and surround an individual plant. The water in the tubes heats up from the sun during the day and keeps the soil beneath the plant and the air around it warm.

If you need a heads up about freezes or frosts and you have a cell phone, sign up for texts from Warner's Nursery. We'll send you an alert if a cold snap is coming, plus you'll get our weekly Tuesday Text specials. Call us at (928) 774-1983 to sign up.

We wish you the best of luck as you start your 2021 garden and if you have any questions, please stop by the nursery or give us a call. We'd love to help.

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CRAFTY AMERICAN CROWS

By Margaret Dyekman

The American Crow is an everyday resident of Northern Arizona. In fact, it is found year round on our continent, from the northern part of Mexico up through Canada and parts of southern Alaska. Even during bleak and wintery days, you can generally depend on hearing or seeing a single crow or a family unit to let you know that, yes, birds are still around.

Crows spend their lives in family units that can contain more than a dozen members and youngsters from up to four or five years back. We hear them most often and loudly, in my opinion, soon after the young have left the nest, because the youngsters are following their parents around begging for food, and it seems their cawing never stops! Later in the day, all across the country, when many family units congregate in large roosts, sometimes with thousands of birds in them, groups of crows, called "murders" or "hordes", are very visible and noisy.

Crows are crafty when it comes to finding food. They have been known to follow songbirds to locate their nests and then devour the songbirds' young. They will eat dog food left outside, look for insects and grubs in your open compost pile, and get into garbage cans and rip open bags seeking food. They will eat fruit on trees and even fish, sometimes ganging up on waterfowl that have caught a fish and taking it away from them.

But where crows really earn their reputation for craftiness is that they use tools, such as sticks, to access food. I personally think that an American Robin is very crafty by just building its nest, but the American



The American Crow Photo by Valentin Petkov

Crow's craftiness extends into behaviors we see in humans – using a tool as a means of getting something we want. Several scientific studies have been done on the intelligence of crows, which are part of the Corvid family, and crows in general have been found to be one of the smartest bird species. They even know how to recognize human faces, for example knowing which one is known to carry a gun to shoot them (illegal under the North American Bird Treaty Act) and those humans who instead spread corn to feed them. If you would like a good read about the intelligence of birds, I recommend The Genius of Birds by Jennifer Ackerman.

How can you attract American Crows to your backyard? They almost never come to feeders but will come to your bird baths; at my house they occasionally land on my back deck for the water but more often go to the front yard's dripping bird bath. Here they bring in peanuts that some other neighbor has provided and then dunk those into the water to soften up the shells. Needless to say, American Crows can make a mess of your birdbath just with the foods they bring to soften up, another reason for cleaning it on a regular basis.

You can reach me at margaretdyekman@cox.net or by text at 602-620-3210. You can read all about my book, Backyard Birding in Northern Arizona, at www. backyardbirdingaz.com and order one online or get one directly from me. I welcome your questions, reports of sightings, and your suggestions for future articles.



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PINEWOOD NEWS 🎎



The Legacy of James Thomas Munds

Continued from page 1

unusual for him to carry a gun, but he perceived some kind of local threat and carried a Winchester rifle across his saddle that day. He leaned the gun against the fence while he opened a gate. After herding the animals in and closing the gate, Jim bent down while still on his horse to retrieve the gun and grabbed his rifle by the barrel. The gun got caught in the wire, and it discharged, hitting him in the head. Mack Willard was nearby and heard the gunshot and came running to Jim's side. At about the same time, Matt Black, a resident of East Newman Park, came riding into the ranch. He was asked to ride down to Oak Creek and bring Dr. Myron Carrier, Jim's brother-in-law and Hattie. Another rider was sent to Flagstaff twenty miles north to bring Dr. P. J. Brannen. However, Jim died of his wound before either doctor or his wife arrived. He was laid to rest next to his brother and niece in the Munds family plot near his father's log cabin in Munds Park.

Hattie and the girls were left to carry on alone. Hattie's brother, John Loy, who had been farming in Red Rock came to Munds Park to help her. He began to farm more extensively growing potatoes and beans, and built a large stone potato barn behind the Munds' home. Because cattle could walk down the Munds Trail and potatoes couldn't, John Loy began to work on improving the Munds Trail into a wagon road.

Pioneer families believed in the value of education and when Getha and Jennie were old enough they were sent to the Territorial Normal School in Tempe where they were trained as teachers. They both graduated with teaching certificates in 1904. The girls were strong and capable, and they each married into prominent local families.

Getha married Oliver Benedict from Camp Verde and the couple ranched and farmed along the lower Verde. Getha taught school at Squaw Peak School and raised her children to be strong community leaders both in Camp Verde and throughout Arizona.

They sponsored one of the states leading 4H clubs in the late twenties and early thirties in Camp Verde.

Jennie married Dave Wingfield, and they went on to own one of the largest cattle and ranching operations in Central Arizona.

Dave, along with their son Kenny, owned the Apache Maid Ranch, Mahan Ranch, the Lost Eden Ranch, the K bar T, and the ranch that would ultimately become Lake Montezuma.

Interestingly, when Dave Wingfield's mother died, Dave's father Henry, known as J. H., ultimately married his mother-in-law Hattie.

Next time you are out in our beautiful Northern Arizona backwoods, smell the fresh air and think back to a time when Arizona was a lot wilder, when life was simple, and appreciate it. Do what you can to take care of what we have today.

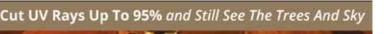
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Dave and Jennie Wingfield Wedding Photo Photos courtesy of Frank Benedict









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Munds Park potato harvest

BEFORE & AFTER



The question on everyone's mind... So what is the cost to renovate the inside of a home?

With nearly 700 home remodels over the past 5 years under my toolbelt, I can give you an answer. You won't even have to read to the end of this article to know. With cost of materials on the rise a remodel in 2021 will cost you about \$45-\$55 a sq. ft. for an average interior renovation. This includes your kitchen, baths, flooring, paint, plumbing, and electrical fixtures.

REMODEL COSTS

Here is the surprising part! The smaller the home, the more \$\$ per sq. ft. it will cost. It's so true. I have had to train my husband over the years when he is

thinking about buying a home that need a little extra love, repeat it to yourself, "a kitchen is a kitchen and a bath is a bath!"

What I mean by that is the cost doesn't change much to go from a 1400 sq. ft. home to a 2500 sq. ft. home when it comes to kitchen and bath makeovers. What is not included in this cost is structural changes. If you are moving walls or changing the placement of the kitchen, then yes, of course expenses increase. Moving things like electrical and plumbing are not difficult, they are just more expensive.

As with all matters Real Estate, location matters. If you are planning a remodel here, in Munds Park, you can expect to increase your budget 15-20% due to supply and demand. Not just for contractors, labor, but limited access to timely delivery of materials.





Steve Valentine My Home Group Real Estate Strategist 602-769-3803 steve@valentinegroupaz.com MundsParkAZ.com IG@stevedvalentine

Facebook

Stalking!

Did they deserve this?

I was totally *that* guy this summer! Yep, creepy Facebook stalker. I am not sorry and neither is the McCalley Family.

After years of planning and looking it was time to make some dreams happen. Wes and Christina were posting in the Munds Park Real Estate Page looking for their dream home. Of course, they already had a Realtor. Well, they thought they did.

The agent they had connected with was not overly familiar with Munds Park

or the market it had become. They decided it wasn't the relationship they were looking for when it came to this major investment. At first, they were a little reluctant to meet with me after I reached out to them through Facebook. Who wouldn't be? They agreed to have a talk and were very honest about what they were looking for and what they wanted for their family.

It was an amazing journey full of twists and turns and a few moments of holding our breath. Especially when their dream depended on a court hearing for final approval on their offer. We saw it through to the end together and we closed on their new home in Munds Park just in time for the cabin to be the Christmas miracle this family so richly deserved.



"Given the highly competitive market in Northern Arizona, we knew we needed someone who was up to the challenge to help us find our dream cabin. Steve was that person for us. From the first phone call, he offered different strategies that we could deploy in order to get a winning bid on a property. He was upfront and honest in what our expectations needed to be and handled our many (many) questions, phone calls, and texts along the way with a positive and professional attitude. He even made it fun for our kids to enjoy the process. We truly appreciated all that he and his team did for us and are now happy second home owners! Thanks Steve!" Welcome to Munds Park, McCalley Family! Thank you for trusting this Facebook stalker.





New Signatures Cabins

Over the last 12 months, I have been listening to buyers and talking to clients down in the Valley about what they want in a 2nd home. Modern feel, views, and fresh air! Well, if you can't find it build it! Wende and I are excited to announce our new *Signatures* cabins coming to Munds Park. These homes will be like none you have seen here in The Park lately.

While these 2300 - 3000 sq. ft. homes are in the planning stages right now, finished products will feature gourmet kitchens, 4 bedrooms, 3 baths, and 2-car garages. If you would like to be updated on the progress and release of these new cabins please visit <u>www.mundsparkaz.com/BLRcabins</u> and sign up today. —Steve Valentine, My Home Group.



CPinewood CPlayers Theatre in the Pines

Now Accepting Applications for 2021 Scholarship Program

The Pinewood Players Scholarship Program is entering its sixth year of awarding scholarships to deserving students who have strong connections to Munds Park and meet program requirements for scholastic achievement and leadership. The program was established in 2015 to promote the pursuit of higher education in the Performing Arts or Performing Arts Education. Each year since 2015 the organization has awarded up to two, \$2000 scholarships to outstanding candidates who met the program requirements.







Kirsten Ryder



Mandy Tompkins

Claire Haller

Eden Mau

Mattie Mitchell and Maggie Hansen



Sophia Drapeau

Previous Pinewood Players Scholarship Recipients

In 2018 the Board of Directors expanded the eligibility requirements to include students who meet the program criteria even if they are pursuing a higher education in a discipline other than the performing arts if the student has attended at least two Pinewood Players Drama Camps. By expanding the eligibility criteria, the Board acknowledged that it is not always easy to pursue careers in the performing arts fields. By placing the Pinewood Players Drama Camp attendance criteria on students who are not Performing Arts majors, the program maintains its integrity and mission to promote participation in live theater and exposure to the performing arts.

Nick Kenehan

In 2021 Pinewood Players will again offer our scholarship award to deserving students with strong ties to Munds Park. This means students who spend time in Munds Park with family (parents, grandparents or other relatives) and participate in the community during the summer season are eligible as well as students who are full-time residents. The Scholarship Committee does not differentiate between full time or part time residents as long as significant connections to the community can be substantiated and program guidelines to maintain high scholastic standards and demonstrate leadership qualities as defined by the program requirements are met.

Program information and application forms are available on the Pinewood Players website. Go to www.pinewoodplayers.com and click on the Scholarship tab in the main menu at the top of the page. You may also contact the Scholarship Chairperson, Terri Peach directly at (623)628-6516 or email teresapeachy@gmail.com for more information or questions regarding the program.



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LET'S ASK ABBIE!

Abbie Our Commu Expert

Our Communication Expert

"We live in a small town and like all small towns, people talk. How do you tell people to stop gossiping without offending them? A lot of people think it's harmless chatter, and it's not."

Thank you for the great question!

Ahhh...the small-town gossip issue. Let me clarify something first. In a small town, we need to share information. This information sharing is necessary for our health and safety. We also need to share information to increase the knowledge of our new residents. This is what kind people do.

Now, when we share information that isn't ours to share (maybe a recent health concern a neighbor has going on) this is negative and harmful "chatter." Otherwise called gossip. We wouldn't want someone sharing our personal health issues that we privately told someone. If you do confide in someone, it's ok to tell them "This is just between us, I don't want the whole community knowing. Please don't share what I'm telling you." If someone is sharing information that you don't think is appropriate, interrupt them with something along the lines of "hey, I have to stop you, I don't think Abbie would like this information being shared." Or you could say "hey, stop right there, I don't want to know this about Abbie." It's perfectly ok to let someone know where you stand on sharing private information. (See how I used the words sharing information and not gossip?)

Once you do set such a boundary and inform the person that you don't want to participate in "gossip" this may set off a defensiveness in them. They may snap back "I'm not gossiping!" You could certainly get into a big disagreement about what gossip is and isn't, so try to avoid calling it gossip.

Of course, we also have the gossipers who want to share information that isn't true, or they may even make something up. Why do people do this??!?! A few reasons, but in a small town it may be that they want to be in the know. They don't want to be left out. Another reason could be that if they share something negative about another person, they will feel better about themselves. Yeh, yeh yeh, we all know this person. It sounds something like this: "Abbie is the worst cook ever! I went to her potluck and her casserole was cold and flavorless! Can you believe she'd serve this at her own potluck?!!" This person is trying to make Abbie look bad and himself look better. It makes him feel better because he got it out there that he's a better cook than Abbie. Yes, you may look at these people and feel sorry for them because they don't even realize they are insecure.

Now let me say something about setting boundaries. It's okay to tell someone you don't want to talk about xyz or hear about abc. If they keep talking, be a little more direct and say something that I mentioned above. If they still keep talking, excuse yourself from the conversation or change the subject. It's about having healthy boundaries.

I will now address the word that stuck out to me the most in your question. Offending. Yes, we are all a little too extra sensitive these days. Actually, I'm not sure if this is a new thing or not, but it seems excessive lately. We cannot possibly avoid offending everyone. There is no way I can avoid offending all 65 people at the potluck. (Avoid Abbie's casserole by the way, I heard it's awful.) With all the socializing and mingling, I cannot tip toe around walking on eggshells out of fear of offending someone. What I can do though, is be responsible for my actions, my word choice, my character, and my boundaries. It's my personal boundary that I won't participate in gossip, so please don't share information that I specifically tell you I don't want to know. If you're "offended" because I told you to stop talking about my neighbor's doctor visit, that is your problem, not mine.

We teach people how we want to communicate by how we communicate with them. If you participate in gossip, then you're telling this person that you like to gossip. If you don't participate in gossip you are giving the signal that you don't like it nor need it.

*please note, the advice in this column is meant to help everyday conversations in healthy relationships. This is not therapy. This is an offering of a different perspective on our communication within our interactions.

If you have a question about human communication that you'd like answered, please submit it via email to: letsaskabbie@gmail.com

WORD SEARCH

Created by Paul Mason Solution pg. 38

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PUBLIC WORKS UPDATE

Willard Springs Opens Soon, Community Cleanup Days and More!

By Lucinda Andreani

Deputy County Manager, Director, Coconino County Public Works

Willard Springs Opens for Summer on Friday, April 2

The Willard Springs Transfer Station will reopen for the 2021 summer season on Friday, April 2, 2021. It will then be open Fridays and Saturdays from 9:00 a.m. - 5:00 p.m. until Saturday, October 30, 2021 when it will close for the 2021 - 2022 winter season. The transfer station will again offer free green waste-only disposal until further notice. The station is still not accepting bulk or household waste due to COVID-19 cash handling and social distancing protocols.

Spring Green Waste Cleanup Events

Spring is on the way, and that means that it's almost time for everyone to start cleaning up pine needles, branches and other green waste around their properties before the 2021 wildfire season arrives. This year there are again several events to help residents get their properties ready for fire season:

2021 Bear Jaw Cleanup: Monday, April 26

This spring, Bear Jaw Interagency Fires & Fuels is once again helping residents create defensible spaces around their properties by providing free pickup and disposal of branches, logs, small trees, leaves and pine needles. If you clear woody vegetation from around your home and stack it in a slash pile, then Bear Jaw will chip it and haul it away at no cost. Bear Jaw also is accepting up to ten (10) clear bags of green waste (pine needles and leaves) per property. Public Works will be accepting all this woody vegetation from Bear Jaw for free at the Willard Springs Transfer Station.

Only clear plastic bags of green waste will be accepted during the Bear Jaw Cleanup! Clear bags will be provided free of charge in April and will be available at the Pinewood Fire Station.

IMPORTANT: Please have all green waste items out along the roadside by

7:30 a.m. on Monday, April 26!

Please note that certain conditions apply for this cleanup. If you'd like to learn more about the Bear Jaw Cleanup, then a flyer is available online at www. coconino.az.gov/BearJawCleanupFlyer. If you have questions, then please contact Robert Ortiz with Bear Jaw Interagency Fire & Fuels at (928) 525-1717 or rortiz@ highlandfire.org.



PINEWOOD PROPERTY OWNERS ASSOCIATION

Our mission, through the action of our Board of Directors, is to receive donations from the Munds Park Community to support community organizations and projects for the betterment of the entire Munds Park Community.

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2021 Community Cleanup Days

Coconino County is bringing back Community Cleanup Days this spring to help full- and part-time Munds Park residents clean up their properties and prepare for wildfire season. The schedule for the County's 2021 Community Cleanup Days is as follows:

Willard Springs Transfer Station

Willard Springs Exit 326 off I-17

Friday, June 4 & Saturday, June 5

Friday, June 11 & Saturday, June 12

9 a.m. – 4:30 p.m.

City of Flagstaff Cinder Lake Landfill

6770 East Landfill Road • Flagstaff, AZ

Friday, June 4 - Saturday, June 12

Monday - Friday: 7:00 a.m. - 4:15 p.m.

Saturday: 7:00 a.m. - 3:30 p.m.

Materials for the 2021 Community Cleanup Days will go out to property owners in early May. We'll also be publishing more information about the 2021 Community Cleanup Days in upcoming editions of The Pinewood News, and fliers for the event will be available at www.coconino.az.gov/CommunityCleanupDays.

Public Works Hosts Virtual Munds Park Community Watch Meeting

I would like to thank everyone who attended the first-ever virtual Munds Park Community Watch Meeting on Zoom on February 19. I'd especially like to thank Community Watch organizer Len Friedlund for reaching out the County in late January to host this quarterly meeting, which has not been held in-person since November 20, 2019 due to COVID-19.

In addition to County emergency management and forest restoration information, the meeting featured updates by Pinewood Fire Department, Coconino National Forest, National Weather Service and Supervisor Matt Ryan. If you missed the meeting and would like to see it, then please note that a recording of the meeting, which also was live-streamed, is available directly on YouTube at www.coconino. az.gov/MPCWMeetingFeb172021.

Of course, there's no substitute for the in-person meetings at the Pinewood Fire Department, and we look forward to attending these meetings again very soon. The next Munds Park Community Watch meeting is scheduled for Wednesday, May 19, 2021 at 6:30 p.m. The format for the next meeting has yet to be determined; however, Public Works has offered to virtually host this meeting to help everyone stay aware and informed about your County and your community until it is safe again to meet in person. If the May 19 meeting is hosted virtually, then information will be posted to www.coconino.az.gov/ MundsParkCommunityWatch.



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MUNDS PARK COMMUNITY CHURCH



By Steve Bowyer Pastor, Munds Park Community Church

GOD DOES NOT NEED OUR HELP

Imagine me looking over Sara's shoulder in the kitchen telling her how to do her business. We have 5 different sizes of cast iron skillets that will do all sorts of damage to the upside of my head.

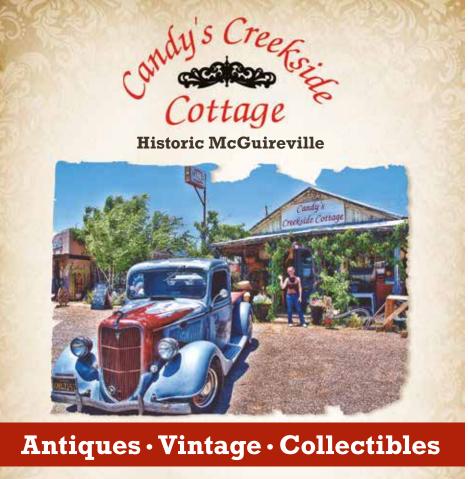
On rare occasions, she hits a snag when she needs an ingredient that she does not have. I think that sort of situation energizes her because it feeds her creativity. She will stress a little. But she will eventually figure out a good substitute. Again, imagine me trying to tell her what I think she should do. It is my supper after all, and I am hungry.

As absurd as that sounds, how many of us pray that way? When we are facing a difficult situation, we think we know better ways to fix it than God does. So, there we are, in His kitchen, whispering in His ear, or yelling at Him, trying to tell Him how to do it.

"In the beginning God created the heavens and the earth. Now the earth was formless and empty, ... And God said, ..." (Genesis 1:1-3)

"Formless and empty" mean that there was nothing there. There were no ingredients to work with. God did not round up ingredients and make them into the universe. He had to make the ingredients first. Then He made them into everything else.

Try standing in your kitchen and boldly saying, "Cheeseburger" and see what happens. All God had to do was say the word and everything came into existence. What can you speak into existence? You have a problem, you are hungry. What can you do about it?



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602-402-9075 OPEN Thursday-Monday: llam-5pm He has the imagination, creativity, and ability to produce aardvarks, giraffes, monkeys, and zebras just by saying the word; as well as, Mars, the Milky Way and galaxies beyond.

So, why, when we pray, do we try to tell God how to fix our problems? How about we just let God handle it? Give Him your situation and leave it with Him. Let Him take and apply all the creativity and power He used in creation to fix your situation. He probably will not do what we would have done. But He knows more and always does the best thing.

He does not need our help.

Open for Worship

We invite you to come and worship with us on Sunday mornings at 10:45. The chairs are spread out and please wear a mask.

For those not comfortable coming to church in person, we are recording and you can join us online and worship with us at mpcc.church. Sunday morning services are uploaded by Sunday evening for you to watch keep up with what we are doing.

Current Weekday Activities

- AA Meetings: Mondays, at 7 pm in the fellowship hall.
- Pastor's Bible Study: Wednesday nights at 7 pm in the sanctuary. We are currently studying the Gospel of Luke
- Spread the Bread: Thursdays, at 10 am in the parking lot. Munds Park residents can pick up bread for themselves and neighbors.

Easter is Coming

We will have a Good Friday service April 2 at 6:00 pm. Then plan on joining us Easter Sunday at 10:45 to celebrate Jesus walking out of His tomb.



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GREAT OUTDOORS

FRESHWATER FISHING FOR BEGINNERS

Just in Time for Spring!

Written by Bob Mcnally for Popular Science

For most serious anglers, it was their family and friends who showed them the basics of the sport. But not everyone was lucky enough to have been mentored to a lifetime of outdoor fun pursuing and catching fish.

The good news is, learning to fish isn't difficult. And it offers never-ending challenges in the outdoors. Even old hands at the game can learn about new types of tackle, baits, and lures. What's more, there's an infinite variety of subtle nuances that can make fishing challenging enough for a lifetime.

Fishing can be done virtually anywhere there's water, and for little cost. America is blessed with great fishing from coast to coast—in thousands of lakes, ponds, rivers, streams, and sprawling reservoirs. The following fish species are common to many of America's freshwaters. Each has its own habits, habitats, preferred baits, lures, and methods for catching them. If you've never caught a fish before, this is a good place to start.

Sunfish

This generic name covers a host of freshwater panfish. Technically it includes black bass and crappies, but those species are so purposefully fished for and so different, they are covered in another section below. Sunfish are warm-water species, abundant and readily caught near shore in ponds, lakes, streams, and rivers throughout America. They can be large—up to several pounds in the case of bluegills and red ear sunfish. But most weigh well under a pound, and fish about the size of an open-hand are common.

Bluegills are likely the most prolific sunfish, followed by red ear sunfish, rock bass, and warmouths. But spotted sunfish, pumpkinseeds, green, and longear sunfish also are widely distributed and caught by countless anglers. Often several sunfish species inhabit the same water, and some species hybridize.

Sunfish are an ideal target for beginners because of their great abundance. Their near-shore availability also makes them easy targets for people who don't have access to a boat. They have voracious appetites that allow even novice anglers to catch plenty. In clean waters, sunfish of suitable size are tasty catches. They're easy to clean and simple to cook and eat. (The fish earned the generic name "panfish" because they are the perfect size for frying in a pan.)

In almost any warm body of water, panfish can be found near weed beds, grassy banks, and overhanging vegetation. Shoreline areas of ponds and small lakes typically teem with summer sunfish. Bigger lakes and reservoirs also hold sunfish, especially near docks and in pockets with flooded brush and weeds. Some panfish species abound in creeks and rivers. Redbreasts and warmouths are especially abundant there, though other sunfish species can thrive in moving water, too.

The best natural baits for sunfish

Sunfish are democratic in their food preferences, and they've been caught on almost everything, including dragonflies, grasshoppers, grass shrimp, beetles, ladybugs, caterpillars, crickets, roaches, small minnows, and even pieces of lunch meat and bread. The most common bait is a simple earthworm, the garden variety, which many bait shops carry.

Small pieces of nightcrawler are best, since a sunfish has a small mouth. Use a long-shank light-wire No. 6 or 8 hook and barb an inch or two of earthworm

multiple times onto it. Bait like this works best when fished a few feet below a lightweight bobber with a small split shot attached a foot or so above the hook for casting weight.

lures

The best artificial lures for sunfish

Artificial panfish lures need to be small, since sunfish have very tiny mouths. Occasionally sunfish will hit large plugs and lures intended for other species, like bass and crappies. But as a rule, small

are best. A tiny 1/16- or 1/8-ounce

A tiny 1/16- or 1/8-ounce single-blade spinner such as a Mepps or Panther Martin works for sunfish, as do small jigs down to 1/32-ounce size.

If you're using a fly rod, thumbnail-size poppers, wet flies, or nymphs also work well, and they can be "sweetened" with a bit of

earthworm. Fly tackle can be used very effectively, especially when summer sunfish are in shallow clear water spawning on large, visible beds. You can also use flies and poppers with small bobbers or

floats with spinning tackle.

How to reel in sunfish

Slow retrieves with bait and lures usually account for most sunfish, given that they're careful, deliberate feeders. Bank anglers using polarized sunglasses frequently see small schools of sunfish holding near weeds, brush, stumps, and grassy shorelines. Carefully casting to fish that you can see usually results in strikes, and anglers should land hooked fish quickly to keep from spooking others.

Long shank bait hooks make for removing barbs from fish easy, and it's always a good idea to bring a set of needle-nose pliers to help unhook a sunfish. Next issue, Catfish!



Keep a few small popper flies in your fly box for panfish.

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With Spring being just around the corner, AZ Fish and Game will be starting to stock various lakes in Northern AZ with Rainbow Trout.

We're lucky! COVID has no restrictions on fishing in the great outdoors!

NORTH CENTRAL – FLAGSTAFF, WILLIAMS

Ashurst Lake – March 29 Cataract Lake – March 22 City Reservoir – March 29 Francis Short Pond – March 1, 8 and 15 Kaibab Lake – March 15 Lower Lake Mary – TBD – no water Morton Lake – TBD Oak Creek – March 1 and 15 Santa Fe Lake – March 29

NORTH CENTRAL – VERDE VALLEY

Beaver Creek (Wet) – March 8 Dead Horse Lakes – March 1 Verde River (Clarkdale to Camp Verde – March 1 and 15 West Clear Creek – March 8

NORTH CENTRAL – PRESCOTT

Yavapai Lakes – March 1 Fain Lake – March 1 Goldwater Lake – March 1 and 15 Lynx Lake – March 8 Watson Lake – TBD

*Scheduled stockings are subject to change depending on weather, lake/stream water quality, or road conditions.

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5,042

<u>(92,419)</u>

<u>(87,377)</u>

29,895

<u>3,925,512</u>

3,955,407

2,820

<u>(40,053)</u> (37,233)

334,696

<u>3,955,407</u>

<u>4,290,103</u>

Statements of Net Position June 30, 2020 and 2019		
Assets	2020	2019
Current assets:		
Cash	272,612	65,658
Cash for restricted purposes	504,106	491,259
Prepaid expense	14,894	9,948
Accounts receivable, net	<u>25,546</u>	<u>29,742</u>
Total current assets	<u>817,158</u>	<u>596,607</u>
Capital assets, at cost	18,421,510	18,194,699
Less accumulated depreciation	(<u>10,978,533)</u>	<u>(10,405,421)</u>
Net capital assets	<u>7,442,977</u>	<u>7,789,278</u>
Deferred outflows of resources related to pensions		
and other postemployment benefits	<u>113,541</u>	<u>173,191</u>
Total assets	0 272 676	9 550 076
lotal assets	<u>8,373,676</u>	<u>8,559,076</u>
<u>Liabilities</u>		
Current liabilities:		
Accounts payable and accrued expenses	133,292	149,813
Long-term obligations due within one year	<u>471,108</u>	<u>493,817</u>
Total current liabilities	<u>604,400</u>	<u>643,630</u>
Noncurrent liabilities:		
Net pension liability	995,442	1,147,557
Capital lease and installment notes	11,366	58,630
WIFA loans	2,688,085	2,997,850
Less current portion of long-term obligations	<u>(471,108</u>	<u>(493,817)</u>
Total noncurrent liabilities	<u>3,223,785</u>	<u>3,710,220</u>
Total Liabilities	<u>3,828,185</u>	<u>4,353,850</u>
Deferred inflows of resources related to pensions and		
Other postemployment benefits	<u>255,388</u>	<u>249,819</u>
Net Position		
Invested in capital assets, net of related debt	4,743,525	4,732,798
Restricted – capital projects	970	1,756
Restricted – debt service	503,136	491,259
Unrestricted	<u>(957,528)</u>	<u>(1,270,406)</u>
Total net position	<u>4,290,103</u>	<u>3,955,407</u>
Total liabilities and net position	<u>8,373,676</u>	<u>8,559,076</u>
·		<u></u>
Statements of Revenues, Expenses and Changes in Years ended June 30, 2020 and 2019	Net Position	
Operating Revenue		
Service fees:		
Operations and maintenance	1,900,614	1,844,962
WIFA loan repay	365,972	355,089
WIFA loan reserve	91,531	88,761
Other income	<u>126,388</u>	<u>57,762</u>
Total operating revenue	<u>2,484,505</u>	<u>2,346,574</u>
iotal operating referite	<u>_,</u>	<u>_/0 .0/07 .</u>
Operating expenses		
Personal expenses	826,709	890,629
Administrative and office	86,909	70,637
Professional services	51,152	19,729
Telephone and utilities	124,277	115,537
Insurance	176,503	218,820
Plant operation and maintenance	245,500	242,789
System operation and maintenance	28,413	40,694
Depreciation	<u>573,113</u>	630,467
Total opporting our contract		
Total operating expenses	<u>2,112,576</u>	<u>2,229,302</u>
Operating income (loss)	<u>371,929</u>	<u>117,272</u>

Nonoperating revenues (expenses)

Net position at beginning of year

Interest expense - leases and loans

Interest income

Change in net position

Net position at end of year

Statements of Cash Flows Years ended June 30, 2020 and 2019	2020	2019
<u>Cash flows from operating activities</u> Receipts from customers and users Payments to suppliers Payments to employees	2,488,701 (739,543) <u>(964,811)</u>	2,350,891 (741,025) <u>(935,801)</u>
Net cash provided by operating activities	<u>784,347</u>	<u>674,065</u>
Cash flows from capital and related financing activities Payment of WIFA loans Cash received from WIFA loan draws Payment of leases and installment notes Interest paid on long-term obligations Cash paid for asset acquisition and construction	(446,553) 136,788 (47,264) (73,687) (136,650)	0 132,807 (132,516) (47,380) (<u>198,382)</u>
Net cash by financing activities	(567,366)	(245,471)
Cash flows from investing activities Interest income Net cash provided by investing activities Net change in cash and restricted cash	<u>2,820</u> <u>2,820</u> 219,801	<u>5,042</u> <u>5,042</u> 433,636
Cash and restricted cash at beginning of year	<u>556,917</u>	123,281
Cash and restricted cash at end of year	<u>776,718</u>	<u>556,917</u>
Reconciliation of operating income to net cash Provided by operating activities Operating income Adjustments to reconcile operating income to net cash provided by operating activities: Depreciation Capitalized wages paid Pension expense	371,929 573,113 (51,206) 1,228	117,272 630,467 (58,980) 26,228
Pension contributions Changes in assets and liabilities: Accounts receivable	(88,124) 4,196	(84,803) 4,317
Prepaid expenses Accounts payable and accrued expenses Net cash provided by operating activities	(4,946) (<u>21,843)</u> 784,347	9,725 <u>29,839</u> 674,065
Payments to employees capitalized to asset construction	<u>51,206</u>	<u>58,980</u>
Interest payments capitalized to asset construction	<u>38,956</u>	



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CLASSIFIED ADS ONLY \$10 AN ISSUE!

Whaaat?! That's crazy talk!

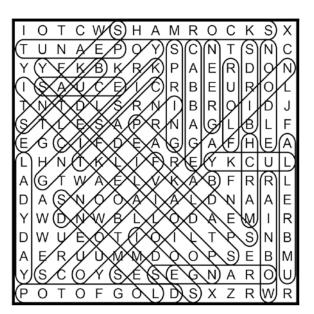
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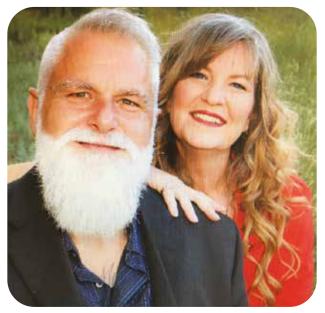
LIFE CELEBRATIONS



Happy 5th Birthday Mitchell! We love you!



Happy bithday Johnathan Tanner!!!



To my Big Foot mountain man, HAPPY BIRTHDAY! There is no one else I would rather spend my declining years with! Love, Little foot



Happy April 4th Birthday Tina D'Angelo! We love you!, the Crazies!

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